

### **Session 5.10: Finger arthritis**

#### **Objectives:**

1. To understand the pathophysiology behind arthritis affecting the small joints of the hand.
2. To understand investigation and management (surgical vs non-surgical) options for arthritis of the small joints of the hand.
3. To understand the indications for arthroplasty and arthrodesis.

#### **Primary Resources:**

1. Arthritis of the fingers: <https://www.youtube.com/watch?v=P56bu5Pu8nU>
2. Greens operative textbook
3. WUSTL surgery - PIPJ arthroplasty:  
<https://www.youtube.com/watch?v=qV4RJWwbI64&list=PLCendnjQGUDpHMmWw-PyjTexXoctNWLVM&index=2&t=4s>



<https://s.surveyplanet.com/3p1d1k9l>