



**BSSH** THE BRITISH SOCIETY FOR SURGERY OF THE HAND



SOCIEDAD ESPAÑOLA DE CIRUGÍA DE MANO

# MALLORCA HAND 2025

23-25 APRIL, PALAU DE CONGRESSOS DE PALMA



PALAU DE CONGRESSOS DE PALMA  
MANAGED BY MELIÀ HOTELS INTERNATIONAL



It is with great pleasure that we welcome you to the Joint Congress of the Spanish Society for Surgery of the Hand (SECMA) and the British Society for Surgery of the Hand (BSSH), an unprecedented event taking place from 23rd to 25th April 2025 in Palma de Mallorca. This congress marks a historic moment for our speciality, bringing together two prestigious societies in a unique collaboration that promises to set a new standard in the international hand surgery community.

Over the course of three days, surgeons, therapists, and other professionals dedicated to hand surgery from around the globe will gather to exchange knowledge, discuss innovations, and strengthen professional and personal connections. The scientific programme will cover key areas such as hand and wrist surgery, peripheral nerve repair, congenital hand conditions, and microsurgery, featuring roundtable discussions and presentations by renowned experts. A special highlight will be the tribute to Dr Marc Garcia-Elias, an iconic figure in our field, whose contributions have inspired generations of hand surgeons.

The congress will begin with a pre-congress session on 23rd April, offering practical courses at the University of the Balearic Islands' Faculty of Medicine and the Son Espases University Hospital. These workshops will provide valuable opportunities to refine skills in key areas such as surgical techniques, ultrasound, and physical examination. The main sessions, on 24th and 25th April, will be held at the Palacio de Congressos in Palma, a modern and accessible venue with excellent facilities, located in a stunning setting overlooking the Mediterranean.

In addition to its scientific excellence, this event stands out for its interdisciplinary approach, including the annual Congress of the Spanish Society of Hand Therapists (AETEMA). This breadth of participation reflects our shared vision of collaboration across disciplines to benefit patients.

We extend our deepest gratitude to all those who have made this congress possible, from the organizing and scientific committees to our industry partners, whose support is invaluable in bringing an event of this magnitude to life.

We warmly invite you to save the dates and join us for what promises to be an unforgettable experience. We are confident that Palma de Mallorca will provide the perfect setting to advance our shared mission: «to improve the quality of life for our patients through excellence in hand surgery.

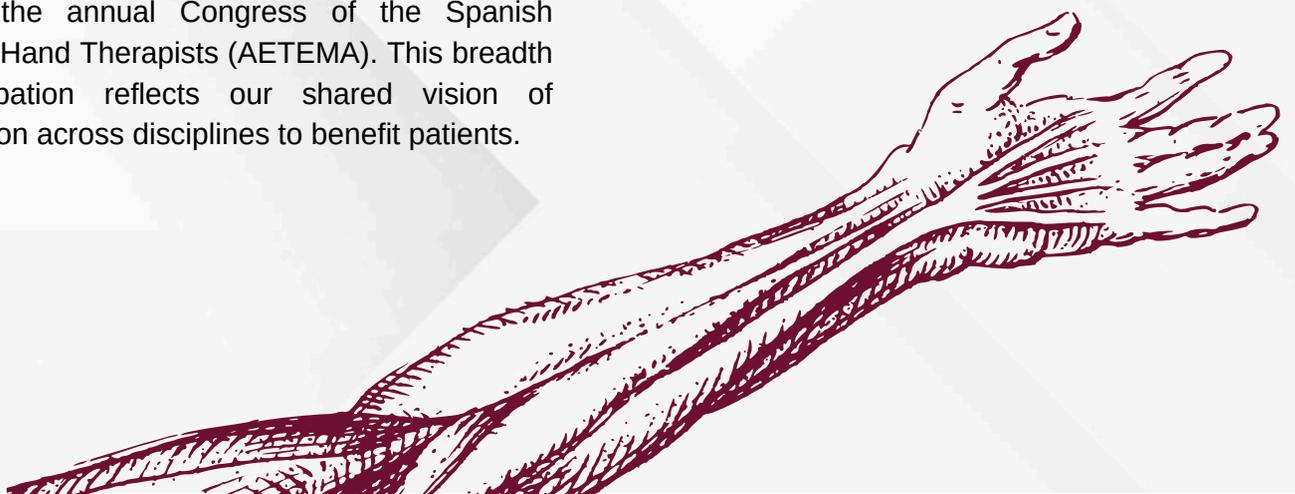
We look forward to welcoming you in April 2025 for this landmark international event!



**Mr Carlos Heras-Palou**  
BSSH President



**Dr Guillem Salvà Coll**  
President of the Congress  
Organising Committee





|       | AUDITORIUM ISLAS BALEARES   | AUDITORIUM MALLORCA   | MENORCA 1  | MENORCA 2                  | SALA IBIZA 1               | SALA IBIZA 2 |
|-------|---|---|--|----------------------------|----------------------------|--------------|
| 08:00 | <b>Physical wrist examination instructional course</b><br><br>Mr Alex Bolt<br>Dr Alex Lluch<br>Dr Miguel Pérez-Abad<br>Dra María Larrea<br>Dra Ana Scott<br>Mr Nick Riley   | <b>Microsurgery session (AEM) Osteoarticular reconstruction</b><br><br>Dr Sergi Barrera Ochoa<br>Mr Rob Bains<br>Dra Andrea García Villanueva<br>Miss Grainne Bourke          | <b>Research session - Evidence based hand surgery: what, why and how?</b><br><br>Ms Emma Reay<br>Miss Alexia Karantana<br>Mr Mathew Gardiner<br>Mr Jamie Mawhinney<br>Ms Nathalie Fennel<br>Ms Arabella Scantlebury<br>Mr Ben Dean | <b>Free communications</b> | <b>Free communications</b> |              |
| 09:00 |   | <b>Microsurgery session (AEM) Soft tissue microsurgical reconstruction</b><br><br>Dr Daniel Camporro<br>Miss Jessica Steele<br>Dr Jaime Estrada Cuxart<br>Miss Grainne Bourke |  | <b>Free communications</b> | <b>Infographics</b>        |              |
| 09:30 | <b>When can I play Doc?</b><br><br>Mr Mike Hayton   |   |  |                            |                            |              |
| 10:00 | Coffee break - Exhibition area<br>Expert Corner: Dr Alex Lluch, Dra Mireia Esplugas (bring your own case to share)  |   |  |                            |                            |              |
| 10:35 | <b>Welcome ceremony</b><br><br>Dr Guillem Salvà Coll<br>Mr Carlos Heras-Palou<br>Dr Pedro J. Delgado  |   |  |                            |                            |              |
| 11:00 | <b>SECMA Round table: stiff wrist &amp; fingers</b><br><br>Dr Pedro Hernández Cortez<br>Dra Filipa Santos Silva<br>Mr Jesús Agüero Arce<br>Mr Jon Compson<br>Dr Fernando Del Canto Álvarez<br>Dra Belén Sancho Iglesias |   |  |                            |                            |              |
| 12:35 | <b>Pioneer Lecture: 40 years of wrist surgery</b><br><br>Prof Joe Dias<br><br><b>Homage to Dr Marc Garcia-Elias</b><br><br>Dr Albert Lluch<br>Dr Angel Ferreres   |   |  |                            |                            |              |

|       | AUDITORIUM ISLAS BALEARES  | AUDITORIUM MALLORCA   | MENORCA 1       | MENORCA 2  | SALA IBIZA 1  | SALA IBIZA 2  |              |
|-------|--|---|-----------------|--|---|---|--------------|
| 13:25 | Lunch break - Exhibition area  |   | Lunchbox ACUMED | Lunchbox SKELETAL DYNAMICS   | Lunchbox MEDARTIS   | Lunchbox KLS MARTIN   |              |
| 14:30 | <b>Proximal phalangeal fractures. Non-operative treatment</b><br><br>Miss Alexia Karantana<br>Dr Sergi Barrera<br>Prof Grey Giddins<br>Mr John Oni<br>Mr Eduard Font | Free communications   | Posters         | <b>Research session: How should I evaluate my clinical results?</b><br><br>Dra Ana Scott<br>Ms Nuria Carnicero<br>Mr Ben Dean                              | <b>RICMA session</b><br><br>Dr Sergi Barrera<br>Dra Montserrat Ocampos<br>Dra Rosa Morro<br>Dra Eva Guisasola<br>Dr Vicente Carratalá |   |              |
| 14:45 |  |   |                 |  |   | Infographics  |              |
| 15:30 | <b>Face to face clinical cases on finger tip injury</b><br><br>Mrs Jill Arrowsmith<br>Dr Pedro Bolado<br>Ms Lauren Uppal<br>Dr Higinio Ayala                         | <b>Management of malunion: wrist, forearm and hand</b><br><br>Sponsored by KLS Martin<br><br>Mr Niels Schep<br>Mr Carlos Heras-Palou<br>Dra Eva-Maria Baur<br>Mr Sumedh Talwalkar | Posters         | <b>Research session: Understanding what statistics can offer to my project</b><br><br>Dra Irene Amigó<br>Mr Sandeep Deshmukh<br>Dr Roberto Sánchez-Rosales |   |   |              |
| 15:50 |  |   |                 |  |   |   | Infographics |
| 16:05 |  |   |                 |  | <b>Tips and tricks: ultrasound scan for hand surgeons</b><br><br>Dr Edward Sellon<br>Dr Yaron Berkowitz                               |   |              |
| 16:30 | Coffee break - Exhibition area<br>Expert corner: Dra Eva Maria-Baur, Prof Grey Giddins (bring your own case to share)  |   |                 |  |   |   |              |
| 17:05 | <b>Hand Surgery University Challenge Quiz: Diplomats vs Dons. Spanish edition</b>  | Free communications   | Posters         | <b>Journal of Hand Surgery (European Edition) session</b><br><br>Mr Tim Hems<br>Dra Anna Scott<br>Mr Soham Gangopadhyay<br>Dr Roberto Sánchez-Rosales      | Innovations in hand surgery<br><br>Dr Jorge Orbay   | <b>Touch User meeting</b><br><br>Sponsored by: KERI Medical<br><br>Mr Sumedh Talwalker<br>Mr Aamer Ullah<br>Mr Nick Riley<br>Dr Juan Carlos Sánchez<br>Dr Pablo Vadillo |              |
| 17:30 |  |   | Posters         |  | Posters   |   |              |
| 18:00 | <b>SECMA Assembly</b>  |   |                 |  |   |   |              |
| 20:00 | End of sessions  |   |                 |  |   |   |              |
| 21:00 | <b>Congress Dinner</b>   |   |                 |  |   |   |              |

## CONGRESS DINNER

Thursday, April 24, 2025 | 21:00

**DRESS CODE:** Smart casual

**TRAVEL:** Buses from Congress venue at 20:00 and 20:15. Return buses hourly from 00:00.



Carretera de Palma-Soller KM 10,8  
07193  
Palmanyola, Mallorca

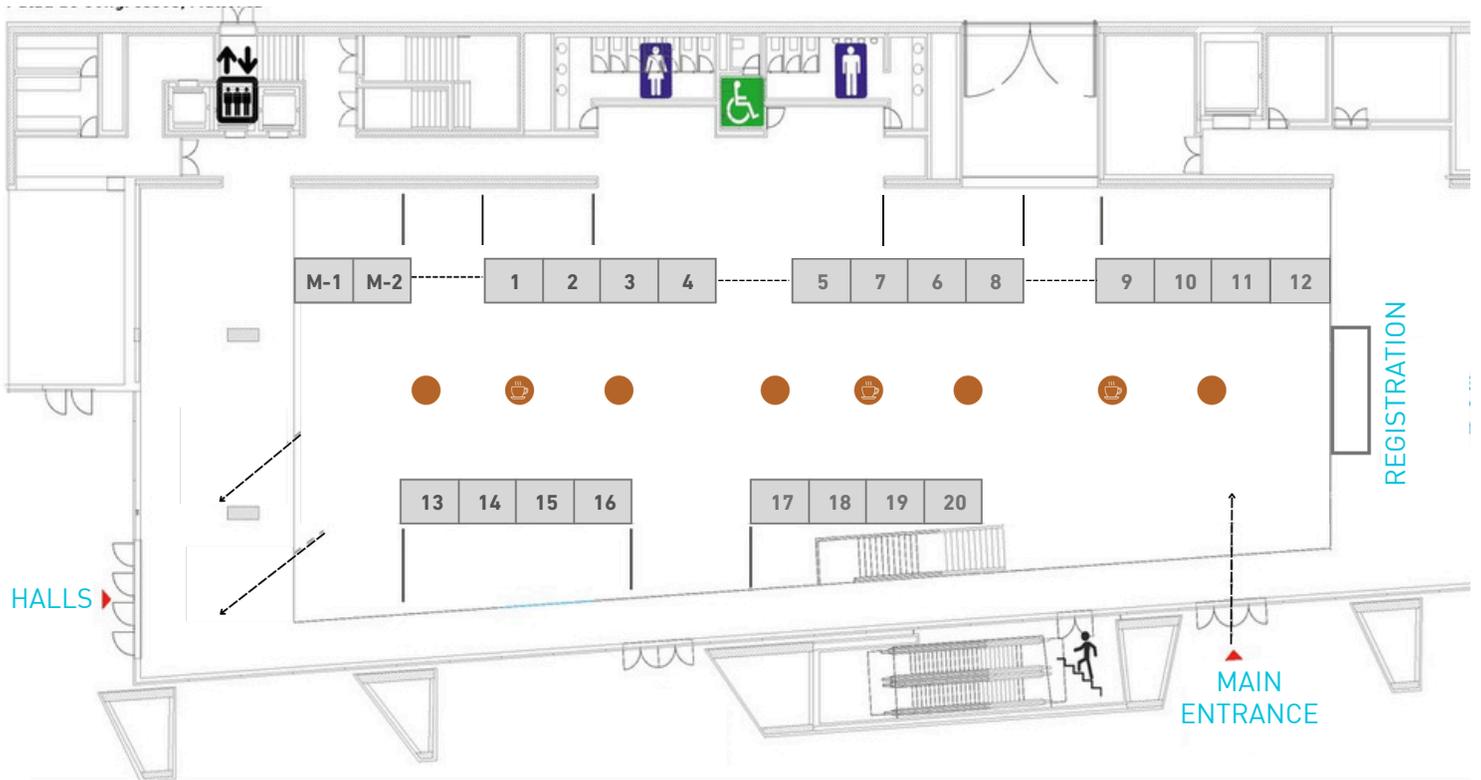
|       | AUDITORIUM ISLAS BALEARES   | AUDITORIUM MALLORCA   | MENORCA 1  | MENORCA 2                  |
|-------|---|---|--|----------------------------|
| 08:30 | <b>Why should I learn about amyloidosis?</b>  |   |  |                            |
| 09:00 | Sponsored by Alnylam Pharmaceuticals<br><br>Mr Carlos Heras-Palou<br>Ms Thirusha Lane<br>Mr David Gregory   | <b>Tendon and nerve transfers in the Neurologic Hand</b><br><br>Miss Catherine Hernon<br>Dr Josep Mendez<br>Ms Anna Barnard<br>Dr Joaquim Casañas   | <b>Free communications</b>   | <b>Free communications</b> |
| 10:00 | <b>Coffee break - Exhibition area</b><br>Expert Corner: Dr Francisco del Piñal / Dr Fernando Corella / Ms Emma Bamford. (bring your own case to share)  |   |  |                            |
| 10:30 | <b>Complications of flexor tendon surgery</b><br><br>Dr Eduardo Vaquero<br>Mr Dean Boyce<br>Mr Thomas Giesen<br>Ms Emma Bamford   | <b>Free communications</b>  | <b>Getting organised:</b><br><br><b>Time management</b><br>Mr David Warwick<br><br><b>Organise your practice</b><br>Dr Pedro J. Delgado<br><br><b>Organise your research</b><br>Ms Jane McEachan<br><br><b>Get published</b><br>Mr Wee Lam | <b>Free communications</b> |
| 11:30 | <b>EWA session: ulnar sided wrist pain</b><br><br>Dra Mireia Esplugas<br>Dra Belén García-Medrano<br>Mr Mike Hayton<br>Dr Cristóbal Martínez<br>Dr Pau López-Osornio                                | <b>Understanding chronic pain</b><br><br>Dr Francisco del Piñal<br>Dr Joaquim Casañas<br>Mr Jonathan Compson  | <b>How can FESSH help my whole career?</b><br><br>Mr Zaf Naqui<br>Dra María Larrea<br>Dr Homid Fahandezh<br>Mr Wee Lam<br>Ms Catherine Bossut<br>Dr Alex Lluch   | <b>Free communications</b> |
| 12:20 | Dra Montserrat Ocampos<br>Dr Francisco Lucas<br>Dr Vicente Carratalá  | <b>Hand and wrist physical examination in children</b>  |  |                            |
| 12:35 | <b>EWA session: scaphoid</b><br><br>Mr Cy Ng<br>Mr Philip Mathew<br>Dr Fernando Corella<br>Dr Pedro J. Delgado<br>Dr Rafael Laredo<br>Dra Eva-Maria Baur<br>Mr Matthew Brown<br>Dra Mireia Esplugas | Ms Christina Lipede<br>Dra Laura Pérez-López<br>Dr Sergio Martínez-Álvarez<br>Dra María Martínez<br>Dr Carlos Reina   | <b>Young European Hand Surgeons: How to manage my social media communications?</b><br><br>Dr Sergi Alabau<br>Dr Camillo Fulchignoni<br>Mr Fawz Kazzazi<br>Mr Harry Benjamin Laing  | <b>Free communications</b> |
| 13:35 | <b>Lunch break - Exhibition area</b>  |   |  |                            |
| 14:30 | <b>Wrist: conditions to be aware of</b><br><br>Dr Max Haerle<br>Prof Vivien Lees<br>Mr Carlos Heras-Palou<br>Dr Frederik Verstreken<br>Dra Eva-Maria Baur<br>Dr Alex Lluch                          | <b>PULPE session: Too much or too little</b><br><br>Dr Daniel Weber<br>Miss Gill Smith<br>Dr Sergio Martínez-Álvarez<br>Dr Francisco Soldado<br>Mr Paul McArthur<br>Dra Eva-Maria Baur<br>Dra Laura Pérez-López<br>Mr Rob Bains | <b>How has 3D printing improved my practice?</b><br><br>Dr Frederik Verstreken<br>Mr Max Horwitz<br>Dr Alex Berenguer  | <b>Free communications</b> |
| 15:35 | <b>2025 BSSH &amp; DECIM + 2024 FESSH Diploma Graduates ceremony</b>  |   |  |                            |

|       | AUDITORIUM ISLAS BALEARES   | AUDITORIUM MALLORCA        | MENORCA 1                  | MENORCA 2 |
|-------|---|----------------------------|----------------------------|-----------|
| 16:00 | Coffee break - Exhibition area<br>Expert Corner: Dr Frederik Verstreken, Ms Anna Barnard. (bring your own case to share)  |                            |                            |           |
| 16:35 | <b>Masters also learn from disasters</b><br><br>Dra Eva-Maria Baur<br>Dr Joaquim Casañas<br>Dr Pedro J. Delgado<br>Prof Grey Giddins<br>Dr Frederik Verstreken<br>Dr Jorge Orbay<br>Mr Carlos Heras-Palou | <b>Free communications</b> | <b>Free communications</b> |           |
| 18:05 | <b>Congress closing ceremony</b><br><br><b>Best 2025 Free Communication, Poster and Infographic awards</b><br><br>Dr Guillem Salvà Coll<br>Mr Carlos Heras-Palou<br>Dr Pedro J. Delgado                   |                            |                            |           |
| 18:30 | End of sessions   |                            |                            |           |

## LUNCHBOX SESSIONS

View more details of the Lunchbox sessions here





SPONSORS









PALAU DE CONGRESSOS DE PALMA  
MANAGED BY MELIÀ HOTELS INTERNATIONAL



Special thanks to Mr Donald Sammut for kindly  
providing artwork for #MallorcaHand

