

ICHS 8.8

The Wrist

2-3 February 2024, Manchester



PROGRAMME

FRIDAY 2 FEBRUARY		
TIME	TITLE	PRESENTER
08:20	Registration	
08:50	Welcome - Chair Instructional Course	Mr David Clark
Session 1 - Distal radial fractures		Chair - Mr Lindsay Muir
09:00	Practical approach to fractures of the distal radius	Ms Jane McEachan
09:15	Distal radial fractures according to the DRAFT study	Prof Matt Costa
09:30	How much displacement is acceptable and natural history of distal radial fractures	Prof Grey Giddins
09:45	Surgical decision making to include implant choice and investigations	Mr Dan Brown
10:00	Management of distal radial malunion	Mr Jonathan Hobby
10:15	Therapy post surgery and post conservative treatment	Miss Christy Fowler
10:30	Panel discussion	
10:45	Tea break	
Session 2 - Scaphoid fractures		Chair - Mr Sudhi Ankarath
11:15	Management of the acute scaphoid fracture with reference to the SWIFFT trial	Prof Joe Dias
11:35	Open management of the scaphoid non-union	Dr Alex Lluch
11:55	Arthroscopic management of scaphoid non-union	Dr PC Ho
12:15	Role of vascularised grafts including outcomes	Mr Nick Riley
12:35	Panel discussion	

13:00	Lunch	
Session 3 - Injuries of the forearm		Chair - Mr Hywel Dafydd
14:00	TFCC injury: anatomy, classification, investigation and open treatment	Prof Vivien Lees
14:20	Arthroscopic management of TFCC injuries	Dr PC Ho
14:40	DRUJ instability	Dr Alex Lluch
15:00	Kienbock's disease and other AVN's	Dr Praveen Bhardwaj
15:20	Work related upper limb disorders and factitious disorders	Prof Tim Davis
15:40	Panel discussion	
16:00	Tea break	
Session 4 - Carpal instability		Chair - Ms Jane McEachan
16:30	A simple guide to carpal instability	Mr Dan Brown
16:50	Management of acute scapholunate ligament injury	Dr Alex Lluch
17:10	Management of chronic scapholunate injury	Mr Carlos Heras-Palou
17:30	Assessment of ulna sided wrist pain and LT instability	Prof Vivien Lees
17:50	Management of perilunate dislocation	Dr Praveen Bhardwaj
18.10	Series 9	Mr Nick Riley Mr Michael Lamyman
Session 5 - Tertiary referral cases		Chair - Mr David Clark
18:20	Tertiary referral cases	Mr Carlos Heras-Palou Mr Sumedh Talwalker Mr Zaf Naqui
18:50	Close and Saturday Instructions	

SATURDAY 3RD FEBRUARY

08:30 - Tutorials

There will be three tutorials followed by a 30 minute break at 10:40.

At 11:10, three further tutorials will take place, followed by a lunch break at 13:20.

The final two tutorials will commence at 14:10, after which the meeting will close at 15:35.

Each tutorial session is repeated throughout the day.

TITLE	PRESENTERS
Examination of the wrist	Mr Carlos Heras-Palou Mr Alex Bolt
Distal radial fractures	Ms Jane McEachan Miss Philippa Rust
Children's radius fracture; remodelling, limits of malunion and management of growth arrest	Mr Matthew Nixon Mr Allen Stevenson
Scaphoid non-union cases	Dr PC Ho Mr Nick Riley
How I approach ulna sided problems	Mr Jonathan Hobby Miss Clare Langley
Perilunate instability cases - simple and trans-scaphoid	Dr Praveen Bhardwaj Mr Michael Craigen
Acute and chronic SLIL cases	Mr Sumedh Talwalker Mr Zaf Naqui
Acumed Workshop: Distal Radius Fracture Fixation with Acu-Loc 2	Mr Dan Brown Dr Alex Lluch