

# Instructional Course

## Inflammatory and Degenerative Arthritis

6-7 June 2025



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## PROGRAMME

### FRIDAY 6 JUNE

TIME	TITLE	PRESENTER
08:10	Registration	
08:40	Welcome	Mr Mike Lamyman Mr Nick Riley
<b>Session 1: The Arthritic Wrist</b>		<b>Chair: Mr Mike Lamyman</b>
08:45	How do I know when to operate?	Mr Carlos Heras-Palou
08:55	Is there a role for denervation?	Mr Dan Armstrong
09:05	Where does arthroscopy fit in?	Mr Matt Brown
09:15	Fusion or replacement in RA	Mr Soham Gangopadhyay
09:25	Fusion or replacement in OA	Mr Oliver Stone
09:35	Panel discussion/questions	
<b>Session 2: Base of thumb OA</b>		<b>Chair: Mr Jonathan Hobby</b>
09:55	Natural history and non-surgical treatment	Mr Dan Thornton
10:05	Is trapeziectomy still the gold standard?	Mr Soham Gangopadhyay
10:15	Is trapeziometacarpal replacement the present or the future?	Dr Joris Duerinckx
10:25	When should the CMC joint be fused?	Mr Sumedh Talwalkar
10:35	What are the options for isolated STT joint pain?	Mr Dan Armstrong
10:45	Panel discussion/questions	
10:55	Refreshment break	

# FRIDAY 6 JUNE

TIME	TITLE	PRESENTER
Session 3: The Rheumatoid Hand		Chair: Mr Sumedh Talwalkar
11:25	Assessment of the rheumatoid patient?	Mr Carlos Heras-Palou
11:35	Management of Swan Neck Posture	Miss Lauren Uppal
11:45	Management of Boutonniere Posture	Mr Hywel Dafydd
11:55	MCPJ Deformities - centralisation	Mr James Bedford
12:05	MCPJ fuse or replace?	Mr Ian McNab
12:15	Managing the thumb	Dr Joris Duerinckx
12:25	Which operations are winners?	Mr Jonathan Hobby
12:35	Panel discussion/questions	
12:45	Lunch	
Session 4: Other Inflammatory arthropathies		Chair: Mr Matt Brown
13:45	How to manage the red hot swollen joint	Mr Nick Riley
13:55	Gout	Ms Jessica Steele
14:05	Other crystal arthropathies	Mr James Bedford
14:15	Psoriatic arthropathy	Mr Dan Thornton
14:25	Panel discussion/questions	
14:35	Saturday instructions	
14:40	Refreshment break	
Small group tutorials 1 - 40 mins each with 5 mins turnaround		
15:00	Rotation 1	
15:45	Rotation 2	
16:30	Rotation 3	
17:15	Rotation 4	
18:00 -19:00	Welcome reception hosted by Medartis	

## SATURDAY 7 JUNE

TIME	TITLE	PRESENTER
08:00	Registration	
Small group tutorials 2 - 40 mins each with 5 mins turnaround		
08:30	Rotation 5	
09:15	Rotation 6	
10:00	Rotation 7	
10:45	Rotation 8	
11:25	Refreshment break	
Session 5: PIPJ		Chair: Mr Carlos Heras-Palou
11:45	Natural History/nonsurgical treatment	Mr Ian McNab
11:55	Should I fuse or replace?	Miss Lauren Uppal
12:05	Silastic Replacement	Mr Sumedh Talwalkar
12:15	Unconstrained replacement	Mr Jonathan Hobby
12:25	Fusion of the PIPJ	Mr Oliver Stone
12:45	Panel discussion/questions	
13:00	Lunch	
Session 6: The Presidential Panel		Chair: Mr Nick Riley
13:50	Case 1:	Mr Jonathan Hobby
14:10	Case 2:	Mr Carlos Heras-Palou
14:30	Case 3:	Mr Sumedh Talwalkar
14:50	Closing remarks and presentations	Mr Nick Riley Mr Mike Lamyman

## SMALL GROUP TOPICS

1	Practical - osteomed fusion plates - Acumed	Mr Oliver Stone	Mr Nick Riley Mr Dan Armstrong
2	OA and RA DRUJ	Mr Ian McNab	Mr Carlos Heras-Palou
3	Ultrasound for the hand surgeon - a taster - Sovereign Medical	Mr Hywel Dafydd	Dr Meilyr Dafydd
4	Managing post-trapeziectomy pain	Dr Joris Duerinckx - Friday	Mr Soham Gangopadhyay
5	Practical - internal brace trapeziectomy - Arthrex	Mr Sumedh Talwalkar	Mr Matt Brown
6	PIPJ cases and surgical tips and tricks	Miss Lauren Uppal	Mr Jonathan Hobby
7	Therapy - self management - OA v RA	Ms Christy Fowler	Mr James Bedford
8	Tendon complications in rheumatoid arthritis	Mr Dan Thornton	Ms Jessica Steele



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