



BSSH The British Society for
Surgery of the Hand

**2023 SPRING
SCIENTIFIC MEETING**

19-21 April, Swansea

With Guest Society, Swiss Society for Hand Surgery





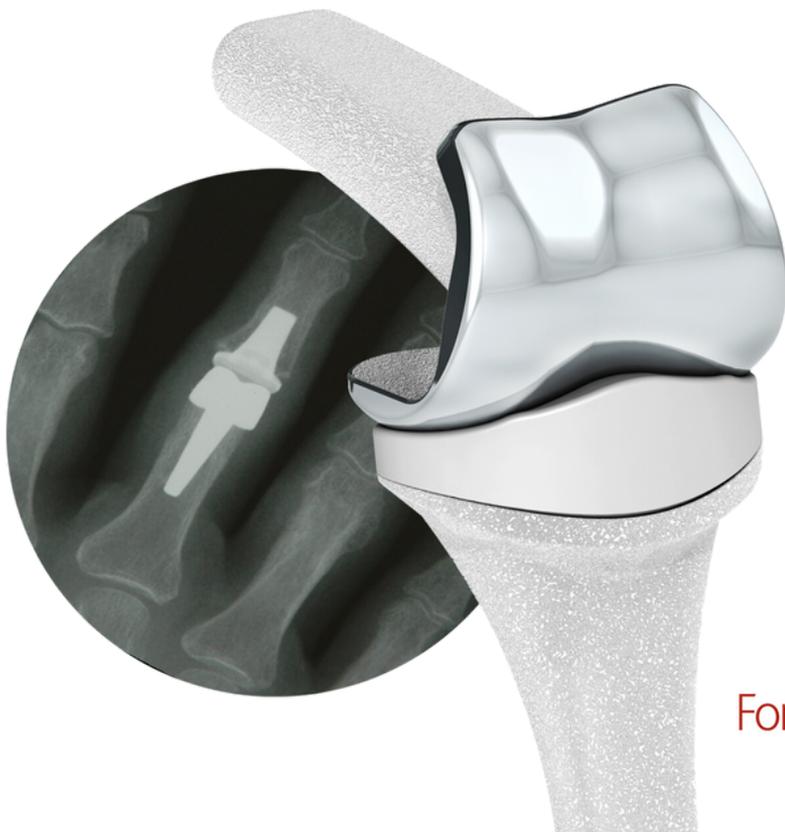
PIPR™

Proximal Interphalangeal Replacement

Live surgery

*with Mr Sumedh Talwalkar,
Wrightington Upper Limb Unit*

Thursday 20 April
BSSH 2023 Spring
Scientific Meeting



Forever **Active**

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WELCOME

Dear BSSH members, associates, guests and of course our Guest Society, the Swiss Society for Hand Surgery.

Welcome to Swansea, or Abertawe as it is known in our local lingo! I am hugely honoured to welcome you to my home town. Swansea has a long history. Its name is derived from an old Viking trading post, Svein's Eye (Svein's Island), founded by King Sveine Forkbeard in the 9th Century. It has a long seafaring heritage and its prominence as a port meant it was completely flattened by the Luftwaffe in World War II, hence the beauty of its 1960's concrete architecture! West of Swansea is the Gower Peninsula, the UK's first Area of Outstanding Natural Beauty, and I would encourage you to explore a little.

I'm privileged to welcome our Swiss friends who will be playing an active part in the programme, and I'm honoured to welcome some of my mentors as guests, who have travelled from far and wide including Michael Tonkin, Steven Hovius, and Caroline Leclercq.

The Douglas Lamb Lecture has now been retired, and Jin Bo Tang will be giving the Inaugural BSSH Pioneers Lecture in honour of Phil Sykes.

We have some exciting sessions planned, including masterclasses on thumb hypoplasia, spasticity, wrist arthroplasty, vascular malformations, well-being for hand surgeons and an

all-time first for BSSH: a live PIPJ arthroplasty operating session.

We kick off with a session on Value Based Hand Surgery, a concept I think will be invaluable in designing hand surgery services following COVID.

In Swansea, we are fortunate to have an incredibly efficient Day Surgery Unit staffed by block anaesthetists, and I thank my anaesthetic colleagues for running parallel sessions to share their skills in demonstrating how to administer regional blocks.

I feel very fortunate to be the first BSSH President since the start of COVID to be able to plan my meetings with confidence, but this would not be possible without the help of our industry partners and of course our amazing BSSH Secretariat team, in particular Head of Operations, Charlotte, and Events Manager, Kavita.

I hope you have a great meeting.



Mr Dean Boyce
BSSH President 2023
FRCS FRCSEd FRCSPlast MD

President 2023	Mr Dean Boyce, FRCS(Plast)
Immediate Past President	Mr Jonathan Hobby, FRCS(Tr&Orth)
Vice President	Miss Grainne Bourke, FRCS(Plast)
Vice President Elect	Mr Carlos Heras-Palou, FRCS(Tr&Orth)
Honorary Treasurer	Mr Ian McNab, FRCS(Orth)
Honorary Secretary	Mr Zaf Naqui, FRCS(T&O)

Council Member	Mr Fortune Iwaguwu, FRCS(Plast)
Council Member	Mr Jonathan Jones, FRCSEd(Tr&Orth)
Council Member	Mr Hywel Dafydd, FRCS(Plast)
Council Member	Mr David Clark, FRCS(Tr&Orth)
Council Member	Mr Lindsay Muir, FRCSG(Orth)
Council Member	Mr Anuj Mishra, FRCS(Plast)
Council Member	Ms Jane McEachan, FRCS(Orth)
Council Member	Mr Sumedh Talwalkar, FRCS(Tr&Orth)
Council Member	Miss Rebecca Shirley, FRCS(Plast)



RESEARCH DAY - WEDNESDAY 19 APRIL

Clinical trials in hand surgery - A beginners guide

Meeting rooms 2-4

9:50	Registration	
10:30	Welcome and Introduction	Dr E Reay
10:40	Where do clinical trials come from?	Mr R Trickett Miss A Karantana
11:10	Questions	
11:15	Overview of current clinical trials in hand surgery and what we have learned from previous trials	Dr E Reay
11:25	Questions	
11:30	How can the clinical trials units help develop and deliver hand trials?	Professor A Rangan (virtual)
11:50	How are trials funded and who are the NIHR and HTA?	Ms T Green (virtual)
12:10	Lunch, networking and exhibition	
13:00	How to get involved in clinical trials in hand surgery – CI, PI and associate PI roles	Mr J Wormald (virtual)
13:20	What is involved in setting up a trial in your unit and why get involved?	Ms A Selby Ms H Berntsson
13:40	How to be a good PI – Consultant perspective	Dr E Reay
13:50	How to be a good CI – Hand therapist perspective	Ms E Bamford
14:00	How to be a good associate PI – Trainee perspective	Ms A Dias
14:15	Refreshments, networking and exhibition	
14:45	Timeline of a clinical trial – from question to answer	Mr N Johnson (virtual)
15:15	Patient and public partnership in clinical trials	Dr L Kottam (virtual)
15:30	Is my research question feasible? How do we assess the feasibility of hand clinical trials?	Professor J Adamson (virtual)
15:50	Summary and Close	Dr E Reay

PROGRAMME OVERVIEW

THURSDAY 20 APRIL

07:20	Registration		
	Upper Auditorium	Meeting Rooms 2-4	
08:00	Welcome		
08:10	Value-based healthcare	Free paper session	
09:10	Free paper session	Vascular disorders	
10:40	PIPJ arthroplasty live symposium		
11:00			Practical upper limb block demos
12:10	Congenital hand surgery: reflections and observations		
12:40	Acumed symposium		
13:30	Thumb hypoplasia symposium		
15:30	Flexor tendon symposium		
17:00	BSSH Business Meeting	Close	

FRIDAY 21 APRIL

07:30	Registration	
	Upper Auditorium	Meeting Rooms 2-4
08:25	Welcome	
08:30	Free paper session	
09:00	Well-being for hand surgeons	How to review a paper for the Journal
10:30	Spasticity session	Free paper infographic session
12:00	BSSH Pioneers Lecture: Challenging dogma in hand surgery	
12:30	CRE-Aid Labs symposium	
13:30	Wrist and DRUJ arthroplasty	
14:00		Congenital Hand Group meeting
15:30	My favourite operation	Presentation from REACH
16:00		Symposium on thumb duplication
16:50		BSSH Hand Registry for thumb duplication

07:20	Registration		
08:00	UPPER AUDITORIUM (main lecture room)	MEETING ROOMS 2-4 (parallel lecture room)	
	Welcome and Introduction		
08:10	Value-based healthcare Chairs: Mr R Trickett and Mr D Boyce	Free paper session Chairs: Mr M Horwitz and Dr D Jann	
	08:10	Value-based healthcare – can this be a catalyst for service redesign in hand surgery? Ms S Lewis	
	08:10	Refinements of PIA flap, trying to reach fingertips Dr M Iqbal	
	08:17	Survivorship of the Herbert Ulna head prosthesis Miss L Maling	
	08:25	VBHC applied to surgery Mr H Laing	
	08:24	The Birmingham experience of the occult scaphoid fracture MRI pathway. Don't scan over the age of 60? Miss N Morrissey	
	08:31	Is a "self-care" protocol for minimally displaced distal radius fractures safe and effective? And how satisfied are the patients? – A service evaluation Miss A Hutchison	
	08:40	But can it work in hand surgery? Taking the VBHC principles as a worked example Mr R Trickett	
	08:38	Biomechanical analysis of cadaveric wrists before and after Motec wrist arthroplasty using a Hexapod Robot Mr S Bellringer	
	08:45	A county breakdown of brachial plexus injuries in England and Wales Dr A Boyle	
08:55	Panel discussion	08:52	Attitudes towards volunteering in hand surgery in low resource settings: results of an international survey on global hand surgery and volunteerism Miss D Osei-Kuffour

			08:59	Global hand surgery partnerships in action; a first hand experience from Malawi Miss H Abed
09:10	UPPER AUDITORIUM (main lecture room)		MEETING ROOMS 2-4 (parallel lecture room)	
	Free papers session Chairs: Miss A Karantana and Dr Med I Besmens		Vascular disorders Chairs: Mr N Wilson Jones and Dr T Giesen	
	09:10	NORDIC: trends and outcome following distal radius fracture in England and Denmark- a comparative longitudinal cohort study Miss J Lane	09:10	Update on vascular anomalies Mr N Wilson Jones
	09:17	Malrotation of distal radius fractures Prof G Giddins	09:20	Interventional radiology for vascular anomalies of the upper limb Dr A Healey
	09:24	Limited carpal fusion in Kienböck's disease: outcomes following scaphocapitate arthrodesis with a minimum follow-up of 3 years Dr V Singh		
	09:31	A comparison of surgical decompression and steroid injections to treat carpal tunnel syndrome: a meta-analysis Dr F La Costa		
	09:38	Flexor tendon rehabilitation: Is it time to move on from the Belfast regime? Mr P Russell		
	09:45	The impact of socioeconomic and geographical factors on follow up and complications after flexor tendon repair Miss J Miles	09:45	Bleomycin and Electroploration in vascular anomalies Mr T Muir
	09:55	The Presentation of BSSH Diploma and MSc in Hand Surgery Presented: Mr A Logan		

10:10	<i>Refreshments, networking and exhibition</i> Level 0 Concourse			
10:40	UPPER AUDITORIUM (main lecture room)		MEETING ROOMS 2-4 (parallel lecture room)	
	PIPJ arthroplasty live symposium Surgeons: Mr S Talwalkar and Mr C Williams Chairs: Mr J Hobby and Ms L Uppal		All day practical upper limb block demos	
			11:00	The Swansea experience of a standalone hand service with a block room Mr T White
			11:30	What blocks and how to make it patient friendly Mr S Ford
12:10	Guest Lecture: Congenital hand surgery: reflections and observations Speaker: Professor M Tonkin		12:00	Interventional pain techniques in hand and upper limb pain Dr S Young
12:40	<i>Lunch, networking and exhibition</i> Level 0 Concourse			
	12:40 - 13:20	Acumed symposium Knowledge is competence, knowing is performing "Reducing complications and the learning curve with the Motec Wrist Joint Prosthesis" Mr D Brown		
13:30	Thumb hypoplasia symposium Chairs: Professor M Tonkin and Professor Dr S Hovius		All day practical upper limb block demos	
	13:30	Classification, grading and assessment of the hypoplastic thumb Professor M Tonkin	13:30	The Swansea experience of a standalone hand service with a block room Mr T White
	13:40	The management of the hypoplastic thumb with a CMC joint Professor M Tonkin		
	13:55	Pollicisation Professor Dr S Hovius	14:00	What blocks and how to make it patient friendly Mr S Ford

		UPPER AUDITORIUM (main lecture room)	MEETING ROOMS 2-4 (parallel lecture room)	
	14:10	The use of vascularised joints to augment the severely affected hypoplastic thumb Mr H Giele		
	14:25	Reconstruction of Type IIIB and IV hypoplastic thumbs with non-vascularised and vascularised metatarsal grafts Dr S Chen	14:30	Interventional pain techniques in hand and upper limb pain Dr S Young
	14:40	Panel discussion		
15:00	Refreshments, networking and exhibition Level 0 Concourse			
15:30	Flexor tendon symposium Chairs: Mr J Wong and Professor J Tang		All day practical upper limb block demos	
	15:30	Practical tips in repairing the tendons and active motion exercise Professor J Tang	15:30	Should surgeons be doing ultrasound guided blocks Mr S Ford
	15:50	Flexor tendon repair in Switzerland: results from the Multicentre Flexor Tendon Registry Mrs I Besmens	16:00	Peripheral block options Dr S Young
	16:10	What's New in flexor tendon biology Mr J Wong		
	16:30	FIRST trial - Prospective randomised controlled trial comparing three splints for finger flexor tendon repairs : an update Ms A Selby	16:30	The Swansea experience of a standalone hand service with a block room Mr T White
	16:40	FLARE - An update on the flexor tendon injury randomised controlled trial Dr E Reay		

	UPPER AUDITORIUM (main lecture room)		MEETING ROOMS 2-4 (parallel lecture room)	
	16:50	WAFER Trial: A feasibility randomised controlled trial comparing wide-awake local anaesthesia no tourniquet (WALANT) to general and regional anaesthesia for flexor tendon repair Mr M Kanapathy		
17:00	BSSH Business Meeting (members only)			

19:00 BSSH Social dinner

The Society dinner will be held at The Swansea Arena, come along and enjoy a three course meal and a band.

Tickets for social events are not available to those registering while the meeting is in progress. If you would like to purchase an additional dinner ticket, please visit the registration desk.

Dress code: Formal black-tie

Venue

Swansea Arena
Oystermouth Rd
Maritime Quarter
Bae Copr Bay
Swansea
SA1 3BX

Dinner Schedule

19:30 - 20:00
Arrival and drinks reception
20:00 - 22:30
Dinner to be served – three course sit down meal
22:30 - 00:00
Entertainment – band

07:30	Registration	
08:25	UPPER AUDITORIUM (main lecture room)	
	Welcome and Introduction	
08:30	Free papers session Chairs: Miss A Karantana and Dr D Jann	
	08:30	Assault-related hand injuries: a gendered, complex, but potentially avoidable hand trauma problem Mr S Tullie, presented by Miss E Hauff
	08:36	Getting it right first time – bite injuries of the hand in a regional major trauma centre Mr K Atkinson
	08:42	A qualitative study exploring clinicians’ views on clinical trials in thumb carpometacarpal joint osteoarthritis Mr B Dean
	08:48	A systematic review and network meta-analysis of intra-articular injections for base of thumb osteoarthritis and improvement of pain and functional outcomes Mr A Thakker
	08:54	Combined Abductor Pollicis Longus (APL) and suture button suspensionplasty for post trapeziectomy pain caused by scaphometacarpal impingement Mr T Richards
	09:00	UPPER AUDITORIUM (main lecture room)
MEETING ROOMS 2-4 (parallel lecture room)		
Well being for hand surgeons Chairs: Dr F Schreuder and Dr O Politikou		
How to review a paper for the Journal Reviewer: Ms J McEachan Editorial View: Mr W Lam Chair: Professor G Giddins		
09:00	A survey of burnout among consultant members of the BSSH Ms D Ryan	09:00 Introduction to the session and description of the “submission” Professor G Giddins
09:06	A survey of burnout among surgical trainees within hand surgery Mr A Jawad	09:05 Audience read the paper

		UPPER AUDITORIUM (main lecture room)	MEETING ROOMS 2-4 (parallel lecture room)	
	09:12	Burnout in surgery. A psychologist's perspective Professor G Kinman	09:10	Reviewers present their reviews including how they approach the paper Ms J McEachan
	09:32	Surgical anxiety and surgical wellbeing Dr R Miller	09:40	Editor response Mr W Lam
			09:47	Author response Professor G Giddins
	09:52	Panel discussion	09:50	Panel discussion
10:00	Refreshments, networking and exhibition Level 0 Concourse			
10:30	Spasticity session Chairs: Mr W Lam and Dr C Leclercq		Free paper infographic session Chairs: Miss A Karantana and Mr S Deshmukh	
	10:30	MDT approach to the treatment of cerebral palsy Mr P McArthur	10:30	Upper limb complications of Group A streptococcal infections Mr R Slade
			10:33	The nonoperative management of spiral fractures of the proximal phalanx – a novel strapping method to treat malrotation Miss A Davies
			10:36	Short and medium term outcomes following Amandys pyrocarbon wrist replacement: 20 consecutive cases from a tertiary referral centre Mr R Wharton
	10:40	Bridging the gap between physicians and surgeons in adult CVA Mr M Nixon	10:39	Lunate prosthetic arthroplasty in the treatment of Kienbock's disease: a systematic review Mr K Vaghela

UPPER AUDITORIUM (main lecture room)		MEETING ROOMS 2-4 (parallel lecture room)	
		10:42	The management of isolated zone I injuries, conservative versus surgical: a systematic review of the literatures Miss E Thomson
		10:45	Trainee flexor tendon repair outcomes: implications for training Mr G Yim, presented by Dr H John
		10:48	Long-term outcomes and return to work after fingertip terminalisation Mr M Smith
10:50	Tendon transfers in cerebral palsy: art or science Professor M Tonkin	10:51	A systematic review into the use of patient - specific technology for corrective osteotomies of distal radial malunions Miss C Dover
		10:54	A service evaluation of the procedure room in the Queen Elizabeth Hospital Birmingham's Hand Surgery Department: a review of impact upon BSSH standards, clinical effectiveness, cost benefit and educational worth Dr J Parekh
		10:57	Hand surgery in a surgical practitioner led minor ops suite - our experience Mr D Avis
		11:00	An evaluation of the environmental impact of the use of wrist splints at the QMC Fracture Clinic Mr C Uzoho, presented by Mr J Bentley
		11:03	Using 3D printing as a pre-operative aid in congenital hand surgery Mr S Ali

		UPPER AUDITORIUM (main lecture room)	MEETING ROOMS 2-4 (parallel lecture room)	
			11:06	Q&A
	11:10	The role of highly selective neurectomy in spasticity Dr C Leclercq		
	11:16		11:16	Close of free paper session
	11:25	The role of therapy in spasticity: what surgeons need to know? Mr C Colborne		
	11:35	Panel discussion		
12:00	BSSH Pioneers Lecture: Challenging dogma in hand surgery Speaker: Professor J Tang			
12:30	<i>Lunch, networking and exhibition</i> Level 0 Concourse			
	12:30 - 13:10	CRE-Aid Labs symposium Splinting in the 21st Century - MITHRIL Splints	12:45	Business Meeting of CHAULIG Members
13:30	Wrist and DRUJ arthroplasty Chair: Mr S Talwalkar and Mr J Hobby			
	13:30	Wrist arthroplasty a historical perspective Mr A Bolt		
	13:40	Universal wrist replacement Mr J Compson		
	13:50	Motec wrist replacement Mr D Brown		
14:00	14:00	Revision strategies Mr S Talwalkar	14:00	Examination of the child
	14:08	Prosthetic joint infections around the wrist Mr N Riley		
	14:13	Where are we up to with total wrist arthroplasty Professor I Trail		
	14:20	Discussion		

		UPPER AUDITORIUM (main lecture room)	MEETING ROOMS 2-4 (parallel lecture room)	
	14:30	Ulnar head replacement Mr A Smith	14.30	Consent in children
	14:40	Aptis DRUJ replacement Prof. Dr. med. M Calcagni		
	14:50	Discussion		
15:00	Refreshments, networking and exhibition Level 0 Concourse			
15:30	My favourite operation Chairs: Prof. Dr. med. M Calcagni and Mr D Boyce		15:30	Presentation from REACH Current Reach projects: Mr L Garagnani and Ms R Lester
	15:30	Using the superficial branch of the radial artery Mr F Iwuagwu		
	15:50	<i>(removed)</i>		
	16:10	Nerve transfers in upper motor neuron syndrome Mrs O Politikou	16:00	Symposium on thumb duplication Panel discussion with cases Panel: Miss G Bourke, Mr W Lam, Miss G Smith, Ms A Jester Interactive approach with audience
	16:30	Cannulated headless screws for the treatment of finger and metacarpal fractures PD T Giesen		
	16:50	Discussion		
17:00	Close of Scientific Meeting			

FREE PAPER PRESENTATIONS

Thursday 20 April

08:10-09:06 Meeting rooms 2-4 (parallel lecture room)

Chair Mr M Horwitz

08:10	<p>Dr Muhammad Tariq Iqbal - Refinements of PIA flap, trying to reach fingertips <u>Dr. Muhammad Tariq Iqbal</u>¹, Dr. Imran Shahzad¹, Dr. Kamran Khalid¹, Dr. Moazzam Nazeer Tarrar¹(Senior) ¹Jinnah Burn & Reconstructive Surgery Center, Lahore, Pakistan</p>
08:17	<p>Miss Lucy Maling - Survivorship of the Herbert ulna head prosthesis <u>Miss Lucy Maling</u>¹, Mr Richard Kinzler¹, Mr Andrew Smith¹(Senior) ¹East Kent Hospitals University NHS Foundation Trust, Margate, United Kingdom</p>
08:24	<p>Miss Natasha Morrissey - The Birmingham experience of the occult scaphoid fracture MRI pathway. Don't scan over the age of 60? <u>Miss Natasha Morrissey</u>¹, Miss Elizabeth Gillott¹, Mr Rahul Bagga , Mr Mark Brewster¹(Senior) ¹Univeristy Hospitals Birmingham, Birmingham, United Kingdom</p>
08:31	<p>Miss Anne-Marie Hutchison - Is a "Self-Care" protocol for minimally displaced distal radius fractures safe and effective? And how satisfied are the patients? - A service evaluation <u>Miss Anne-Marie Hutchison</u>¹, Dr Owen Bodger², Rhys Whelan¹, Mr Wing Man¹, Mr Paul Williams¹, Mr Dougie Russell¹, Mr Andrew Bebbington¹(Senior) ¹Morrison, Swansea, United Kingdom,²School of Medicine Swansea University, Swansea,</p>
08:38	<p>Mr Simon Bellringer - Biomechanical analysis of cadaveric wrists before and after Motec wrist arthroplasty using a hexapod robot Prof Gregory Bain^{1,2}, <u>Mr Simon Bellringer</u>², Mr Michael Russo³, Dr Dhara Amin³, Prof John Costi³(Senior) ¹Department of Orthopaedic Surgery and Trauma, Flinders University, BEDFORD PARK, Australia,²Department of Orthopaedic Surgery and Trauma, Flinders Medical Centre, Bedford Park, Australia,³Biomechanics and Implants Research Group, Medical Device Research Institute, College of Science and Engineering, Flinders University, BEDFORD PARK, Australia</p>
08:45	<p>Dr Abbey Boyle - A County breakdown of brachial plexus injuries in England and Wales <u>Dr Abbey Boyle</u>¹, Mr Chiraag Karia¹, Mr Ryckie G Wade¹, Mr Tom J Quick², Miss Grainne Bourke¹(Senior) ¹Department of Plastic & Reconstructive Surgery, Leeds General Infirmary, Leeds, United Kingdom,²Peripheral Nerve Injury Unit, Royal National Orthopaedic Hospital, Stanmore, United Kingdom</p>

<p>08:52</p>	<p>Miss Denise Osei-Kuffour - Attitudes towards volunteering in hand surgery in low resource settings: results of an international survey on global hand surgery and volunteerism <u>Miss Denise Osei-Kuffour</u>¹, Ms Nohakhelha Nyamulani², Ms Haneen Abed³, Mr Ralph Murphy⁴, Mr David Bodansky⁵, Mr Harry Benjamin-Laing⁶, Ms Suzanne Thompson⁷, Ms Rebecca Nicholas⁸, Mr Alex Vaughan⁹, Ms Rowa Taha¹⁰, Mr Chrisan Mariathas¹¹, Mr Jonathan Jones¹²(Senior) ¹St George's Hospital, London, United Kingdom, ²Queen Elizabeth Central Hospital, London, United Kingdom, ³Birmingham Women's and Children's Hospital NHS Foundation Trust, Birmingham, United Kingdom, ⁴Manchester University NHS Foundation Trust, Manchester, United Kingdom, ⁵Chelsea and Westminster Hospital, London, United Kingdom, ⁶UCLH, London, United Kingdom, ⁷Canniesburn Plastic Surgery Unit / University of Glasgow, Glasgow, United Kingdom, ⁸BSSH Global Partnerships Committee, London, United Kingdom, ⁹Frimley Park Hospital, Frimley, United Kingdom, ¹⁰Southmead Hospital, North Bristol NHS Trust & NIHR Doctoral Research Fellow, Bristol, United Kingdom, ¹¹Leeds Teaching Hospitals NHS Trust, Leeds, United Kingdom, ¹²Peterborough City Hospital, Peterborough, United Kingdom</p>
<p>08:59</p>	<p>Miss Haneen Abed - Global hand surgery partnerships in action; a first hand experience from Malawi <u>Miss Haneen Abed</u>¹, Mr Jonathan Jones²(Senior) ¹Birmingham Women's and Children's NHS Foundation Trust, Birmingham, United Kingdom, ²Peterborough City Hospital, Peterborough, United Kingdom</p>

Thursday 20 April

09:10-09:52 Upper Auditorium (Main lecture room)

Chair Miss A Karantana

<p>09:10</p>	<p>Miss Jennifer Lane - NORDIC: trends and outcome following distal radius fracture in England and Denmark- a comparative longitudinal cohort study <u>Miss Jennifer Lane</u>^{1,2}, Dr Helle Østergaard³, Prof Inger Mechlenburg⁴, Prof Antti Launonen⁵, Dr Marianne Toft³, Ms Marete Madsen⁷, Mr Richard Craig⁶, Prof Dominic Furniss², Prof Matthew Costa², Prof Stephen Gwilym², Prof Jonathan Rees²(Senior) ¹Barts Bone and Joint Health, Queen Mary, University Of London, London, United Kingdom, ²NDORMS, University Of Oxford, Oxford, United Kingdom, ³Viborg Regional Hospital, Viborg, Denmark, ⁴Aarhus University, Aarhus, Denmark, ⁵Tampere University Hospital, Tampere, Finland, ⁶Milton Keynes University Hospital, Milton Keynes, United Kingdom, ⁷Silkeborg Regional Hospital, Silkeborg, Denmark</p>
<p>09:17</p>	<p>Prof Grey Giddins - Malrotation of distal radius fractures Miss Angharad Davies¹, Mr Samuel Haines¹, <u>Professor Grey Giddins</u>¹(Senior) ¹Royal United Hospitals Bath, Bath, United Kingdom</p>

FREE PAPER PRESENTATIONS

09:24	<p>Dr Vivek Singh - Limited carpal fusion in Kienböck's Disease: outcomes following scaphocapitate arthrodesis with a minimum follow-up of 3 years <u>Dr Vivek Singh</u>¹ ¹All India Institute of Medical Sciences, Rishikesh, India</p>
09:31	<p>Dr Francesca La Costa - A Comparison of surgical decompression and steroid injections to treat carpal tunnel syndrome: a meta-analysis. <u>Dr Francesca La Costa</u>¹, Dr Andrew Gaukroger¹, Mr James Logan¹(Senior) ¹Royal Surrey County Hospital, London, United Kingdom</p>
09:38	<p>Mr Peter Russell - Flexor tendon rehabilitation: Is it time to move on from the Belfast regime? <u>Mr Peter Russell</u>¹, Mr Nicholas Johnson, Miss Emma Bamford (Senior) ¹Pulvertaft Hand Centre, Derby, United Kingdom</p>
09:45	<p>Miss Joanna Miles - The impact of socioeconomic and geographical factors on follow up and complications after flexor tendon repair. <u>Miss Joanna Miles</u>¹, Ms Lisa Stoner¹, Mr Nicholas Sheppard¹(Senior) ¹Norfolk & Norwich University Hospitals NHS Foundation Trust, Norwich, United Kingdom</p>

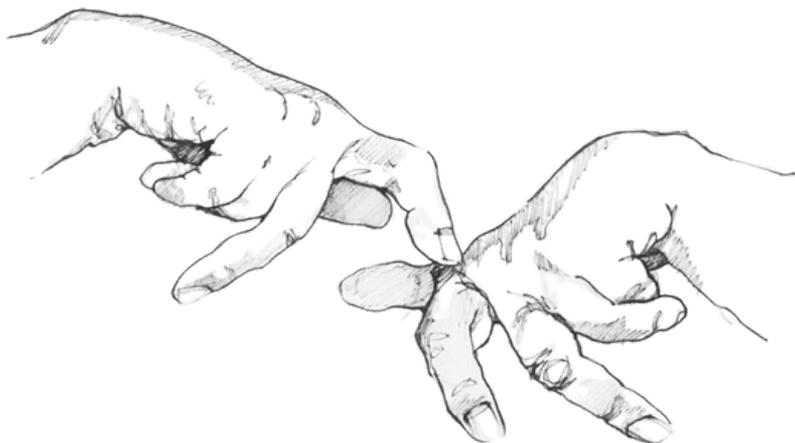
Friday 21 April

08:30-09:00 Upper Auditorium (Main lecture room)

Chair Miss A Karantana

08:30	<p>Dr Ellie Hauff - Assault-related hand injuries: a gendered, complex, but potentially avoidable hand trauma problem Dr Sebastian Tullie¹, Mr Hadyn KN Kankam¹, Dr Hussein Ibrahim¹, Miss Mei Sien Liew¹, <u>Dr Ellie Hauff</u>¹, Mr Darren Chester¹(Senior) ¹Queen Elizabeth Hospital Birmingham, Birmingham, United Kingdom</p>
08:36	<p>Mr Kieran Atkinson - Getting it right first time - bite injuries of the hand in a regional major trauma centre <u>Mr Kieran Atkinson</u>¹, Mr Reginald Chinweze¹, Miss Fatima Ahmed¹, Miss Susan Stevenson¹(Senior) ¹Royal Victoria Infirmary, Newcastle Upon Tyne, Newcastle Upon Tyne, United Kingdom</p>
08:42	<p>Mr Ben Dean - A qualitative study exploring clinicians' views on clinical trials in thumb carpometacarpal joint osteoarthritis Dr Francine Toy¹, Dr Cynthia Srikesavan¹, Mr Robin Horton¹, <u>Mr Ben Dean</u>¹ (Senior) ¹Oxford University Hospitals Nhs Trust, 1 Edward Rd, United Kingdom</p>

08:48	<p>Mr Arjuna Thakker - A systematic review and network meta-analysis of intra-articular injections for base of thumb osteoarthritis and improvement of pain and functional outcomes</p> <p><u>Mr Arjuna Thakker</u>¹, Mrs Melinda Hau¹, Mr Jai Ramchandani², Mr Nick Johnson¹, Professor Joseph Dias¹(Senior)</p> <p>¹Academic Team of Musculoskeletal Surgery, Leicester General Hospital, Leicester, United Kingdom, ²Kings College London Medical School, London, United Kingdom</p>
08:54	<p>Mr Tomos Richards - Combined Abductor Pollicis Longus (APL) and suture button suspensionplasty for post trapeziectomy pain caused by scaphometacarpal impingement</p> <p><u>Mr Tomos Richards</u>¹, Mr Ryan Trickett¹(Senior)</p> <p>¹Cardiff Department of Hand Surgery, Cardiff, Wales</p>
09:00	<p>Ms Daisy Ryan - A survey of burnout among consultant members of the British Society of Surgery of the Hand</p> <p><u>Ms Daisy Ryan</u>¹, Mr Ali Jawad¹, Mr Dean Boyce¹, Mr Frederick Schreuder¹ (Senior)</p> <p>¹Morrison, Swansea, United Kingdom</p>
09:06	<p>Mr Ali M Jawad - A survey of burnout amongst surgical trainees within hand surgery</p> <p><u>Mr Ali M. Jawad</u>¹, Miss Daisy Ryan¹, Ms Sheela Vinay¹, Mr Dean E. Boyce¹, Dr Frederik B. Schreuder¹(Senior)</p> <p>¹Welsh Centre for Burns and Plastic Surgery, Swansea, United Kingdom</p>



Friday 21 April

10:30-11:15 Meeting rooms 2-4

Chair Miss A Karantana and Mr S Deshmukh

10:30	<p>Mr Robert Slade - Upper limb complications of Group A streptococcal infections <u>Mr Robert Slade</u>¹, Miss Mina Ip¹, Mr James Metcalfe¹, Mr Alexander Armstrong¹ (Senior) ¹University Hospital Of Plymouth, Plymouth, United Kingdom</p>
10:33	<p>Miss Angharad Davies - The nonoperative management of spiral fractures of the proximal phalanx – a novel strapping method to treat malrotation <u>Miss Angharad Davies</u>¹, Mr Samuel Haines, Professor Grey Giddins¹(Senior) ¹Royal United Hospitals Bath, United Kingdom</p>
10:36	<p>Mr Rupert Wharton - Short and medium term outcomes following Amandys pyrocarbon wrist replacement: 20 consecutive cases from a tertiary referral centre <u>Mr Rupert Wharton</u>¹, Miss Kohila Vani Sigamoney , Mr Mike Hayton¹(Senior) ¹Wrightington Hospital, Wigan, United Kingdom</p>
10:39	<p>Mr Kalpesh R Vaghela - Lunate prosthetic arthroplasty in the treatment of Kienbock's Disease: a systematic review <u>Mr Kalpesh R Vaghela</u>¹, Mr Dupinderjit Singh Rye¹, Dr Anna Selby¹, Mrs Suzanne Toft¹, Mr Nick Johnson¹(Senior) ¹Pulvertaft Hand Unit, Royal Derby Hospital, Derby, United Kingdom</p>
10:42	<p>Miss Emman Thomson - The management of isolated Zone I injuries, conservative versus surgical: a systematic review of the literatures <u>Miss Emman Thomson</u>¹, Miss Frances Bowerman¹, Miss Sheela Vinay¹and Mr Dean Boyce¹ ¹Welsh Centre for Burns and Plastic Surgery, Morriston Hospital, Swansea, Wales</p>
10:45	<p>Mr Guang Yim - Trainee flexor tendon repair outcomes: Implications for training <u>Mr Guang Yim</u>¹, Mr Evan Jenkins¹, Dr Phillipa Graber-Gleed², Ms Heather Pringle³, Ms Hannah John¹, Mr Andrew Watts²(Senior) ¹Morriston Hospital, Swansea, United Kingdom, ²The Royal Devon & Exeter Hospital, Exeter, United Kingdom, ³Musgrove Park Hospital, Taunton, United Kingdom</p>
10:48	<p>Mr Mathew Smith - Long-term outcomes and return to work after fingertip terminalisation <u>Mr Mathew Smith</u>¹, Mr Paul Stirling², Ms Jane McEachan³(Senior) ¹University Of Edinburgh, Edinburgh, United Kingdom, ²Royal Infirmary of Edinburgh, Edinburgh, United Kingdom, ³Queen Margaret Hospital, Dunfermline, United Kingdom</p>

10:51	<p>Caroline Dover - A systematic review into the use of patient-specific technology for corrective osteotomies of distal radial malunions <u>Miss Caroline Dover</u>¹, Mr Jan Kuiper², Mr Debashis Dass³, Professor Paul Cool², Miss Judit Sami², Mr Simon Pickard⁴(Senior) ¹Royal Derby Hospital, Derby, United Kingdom, ²The Robert Jones and Agnes Hunt hospital, Oswestry, United Kingdom, ³Keele University, Keele, Stoke-on-Trent, United Kingdom, ⁴Royal Shrewsbury Hospital, Shrewsbury, United Kingdom</p>
10:54	<p>Dr Jvalant Nayan Parekh - A service evaluation of the procedure room in the Queen Elizabeth Hospital Birmingham's Hand Surgery Department: a review of impact upon BSSH Standards, clinical effectiveness, cost benefit and educational worth. <u>Dr Jvalant Nayan Parekh</u>¹, Mr Craig Nightingale¹, Miss Elizabeth Gillott¹, Mr Mark Foster¹, Mr Paul Malone¹(Senior) ¹Department of Hand Surgery, Queen Elizabeth Hospital, Birmingham, United Kingdom</p>
10:57	<p>Mr Duncan Avis - Hand surgery in a surgical practitioner led minor ops suite - our experience. <u>Ms Kinga Szeszycka</u>¹, Mr Jonathan Hobby¹, Mr Alex Nichols¹, Mr Alex Denning¹, Mr Duncan Avis¹(Senior) ¹Hampshire Hospitals Foundation Trust, Basingstoke, United Kingdom</p>
11:00	<p>Mr James Bentley - An evaluation of the environmental impact of the use of wrist splints at the QMC Fracture Clinic <u>Mr Chukwudi Uzoho</u>¹, Mr James Bentley¹, Dr Minnan Al-Khafaji¹, Mr John Oni¹ (Senior) ¹Queens Medical Centre, Nottingham University Hospitals NHS Trust, Nottingham, United Kingdom</p>
11:03	<p>Mr Sajeed Ali - Using 3D printing as a pre-operative aid in congenital hand surgery <u>Mr Sajeed Ali</u>¹, Dr Reza H Osgoeui², Professor Fernando Bello², Mr David MS Bodansky¹, Mr Maxim D Horwitz^{1,2}(Senior) ¹Chelsea And Westminster Hospital, London, United Kingdom, ²Imperial College London, London, United Kingdom</p>

Digital replantation: a path towards standardisation of care

Mr Malin White¹, Dr Francisco Moura¹(Senior)

¹Salisbury District Hospital, Southampton, United Kingdom

Assessing bone mineral density using radiographs of the hand

Mr Harry Burton¹, Mr David Bodansky¹, Mr Maxim Horwitz¹(Senior)

¹Chelsea And Westminster NHS Trust, London, United Kingdom

Management options for symptomatic thumb metacarpal Impingement following trapeziectomy: a systematic review

Mr Tomos Richards¹, Mr Ryan Trickett¹(Senior)

¹Cardiff Department of Hand Surgery, Cardiff, Wales

Percutaneous fixation of trapezium fracture using gravitational traction and image intensifier

Mr. Atif Ayuob¹, Mr. Shahbaz Malik¹, Mr. Gabor Simon¹, Mr. Shahbaz Ahmed¹(Senior)

¹Worcestershire Acute Hospitals NHS Trust, Worcester, United Kingdom

Biodegradable Temporising Matrix (BTM): a novel solution to complex defects on the hand?

Dr Courtney Johnson¹, Mr Howard Chu¹, Mr Jake Serle¹, Miss Shwetha Pradeep¹, Mr Sameer Gujral¹(Senior)

¹Derriford Hospital, Plymouth, United Kingdom

Impact of COVID-19 vaccination-based triaging on recovery of services for plastic surgery hand trauma in a plastic surgery tertiary referral centre

Ms Lisa Ishak¹, Mr Russell Bramhall¹, Mr Adrian Murphy¹(Senior)

¹Glasgow Royal Infirmary - Canniesburn Unit, Glasgow, United Kingdom

Case report of thenar reconstruction with functional gracilis flap

Mr Robert Slade¹, Miss Mina Ip¹, Mr Christopher Taylor¹(Senior)

¹University Hospital of Plymouth, Plymouth, United Kingdom

A five-year retrospective review of functional outcomes in Zone III-V flexor tendon repairs at a single regional plastic surgery unit

Miss Heather Pringle¹, Dr Evan Jenkins¹, Dr Pippa Gleed², Dr Hannah John², Mr Guang Yim³, Mr Andrew Watts²(Senior)

¹Musgrove Park Hospital, Taunton, United Kingdom, ²Royal Devon & Exeter Hospital, Exeter, United Kingdom, ³Morrison Hospital, Swansea, Wales

Suspected scaphoid fracture investigation and management: an audit of BSSH Guidelines

Mr William Matthews¹, Mr George Hourston¹, Mr Stephen McDonald¹, Mr Dhiraj Sharma¹, Miss Cassandra Gallant¹, Mr David Yeoh¹(Senior)

¹Norfolk and Norwich University Hospitals NHS Foundation Trust, Norwich, United Kingdom

Radiofrequency ablation of the interosseous nerves, a novel treatment for persistent wrist pain.

Dr Steven Young¹, Dr Christian Egeler¹(Senior)

¹Morrison Hospital, Swansea, United Kingdom

Do single packet screws increase tourniquet time in hand fracture fixation?

Miss Cara Jenvey¹, Dr Miriam Beattie¹, Mr Matthew Jones¹, Mr Rob Poulter¹(Senior)

¹Royal Cornwall Hospitals NHS Trust, Truro, United Kingdom

Surgical hand hubs - efficient and sustainable

Miss Sarah Abbott¹, Miss Shamim Umarji¹(Senior)

¹St George's Hospital, Tooting, London, United Kingdom



Exhibition floorplan - Level 0 Concourse



1. MIS Healthcare	8. Acumed	15. Mercian
2. Joint Operations Ltd	9. Acumed (Swemac)	17. BSSH Hand Registry
3. Arthrex	10. PolyNovo UK Limited	18. BSSH Global Partnerships
4. Sovereign Medical	11. R & D Surgical	19. Osteotec
5. LEDA	12. KLS Martin	20. Lemonchase
6. GE Healthcare	13. Medartis	
7. Vertec	14. Cre-AID Labs Pvt. Ltd	



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A Company Built on Ingenuity, Hard Work, and Compassion

We are dedicated to developing orthopaedic solutions that improve patient care and advance orthopaedic surgery.

Headquartered in Hillsboro, Oregon, with a global distribution network and offices worldwide, Acumed is a multi-award-winning company dedicated to innovative and quality medical device solutions.

Throughout our history, Acumed has remained focused on the founders' original vision of providing innovative solutions to meet the needs of the whole healthcare community, including hospitals, surgeons, and patients. Find out more about us by visiting or downloading our Acumed product app.

Arthrex is a global medical device company and leader in new product development and medical education in orthopedics. Our mission of Helping Surgeons Treat Their Patients Better™, Arthrex has pioneered the field of arthroscopy and develops more than 1,000 innovative products and procedures each year.

Arthrex continues to experience unprecedented growth and demand for our products throughout the world; however, we remain a privately held company with a family business culture committed to delivering uncompromising quality to the health care professionals.

We at Cre-AID believe your life should not be shaken by accidents or injuries. As a synergistic team of engineers and healthcare professionals we endeavour to Innovate to Enable, starting with our first product - MITHRIL Splints. MITHRIL Splints are a unique, sustainable alternative to Plaster casts. Using a Thermoforming Process, the splint is moulded to a patient in under 5 mins! It is also waterproof, breathable, lightweight, and durable. MITHRIL Splints can be re-moulded 6-10 times, allowing for serial corrections for the patient. Finally, using a bio-compostable polymer, your MITHRIL Splint can easily degrade in the correct composting conditions.

EXHIBITORS AND SPONSORS



GE HealthCare

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GE HealthCare is a leading global medical technology, pharmaceutical diagnostics, and digital solutions innovator, dedicated to providing integrated solutions, services, and data analytics to make hospitals more efficient, clinicians more effective, therapies more precise, and patients healthier and happier. Serving patients and providers for more than 100 years, GE HealthCare is advancing personalised, connected, and compassionate care, while simplifying the patient's journey across the care pathway. Together our Imaging, Ultrasound, Patient Care Solutions, and Pharmaceutical Diagnostics businesses help improve patient care from prevention and screening, to diagnosis, treatment, therapy, and monitoring. We are an \$18 billion business with 51,000 employees working to create a world where healthcare has no limits.



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Founded in January 2015, Joint Operations provides a bridge between suppliers of innovative healthcare technologies and clinical teams working within joint & nerve preservation in the UK & Ireland.

Joint Operations partnered with Axogen, are the UK provider of sterilised human nerve graft in a range of lengths and diameters for nerve gap management.



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The logo for Medartis, consisting of the word 'medartis' in a white, lowercase, sans-serif font, centered within a solid black rectangular background.

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As supporters of hand surgery education and a variety of BSSH initiatives, LEDA Orthopaedics are again proud to sponsor this excellent scientific meeting.

We look forward to meeting you to discuss our exciting portfolio of products, ranging from Dr Jorge Orbay's Skeleton Dynamics, featuring the Geminus Distal Radius System and FREEFIX Ulnar shortening Osteotomy System, through to the Group Lepine MAIA CMCJ thumb replacement. We also present 3D life prints, our partners for osteotomy and custom guides, simplifying the most complex case.

Lemonchase is a specialist company offering Surgeons & Dentists expert advice and the finest brands in Magnification & Lighting. The company is proud to be the UK's exclusive distributor of the World-leading 'Designs for Vision' – and will be displaying their range of Magnifying Loupes and personal LED headlights – along with the unbeatable NanoCam – which captures all of your procedures in full HD. Come along and see the brand new and astonishing PANORAMIC LOUPES, with up to four times the visible field of view – along with the ergonomic Infinity VUE loupes which allow you to keep your head upright while operating. The company was established in 2005 and has gone on to become to main supplier of magnification and lighting in the UK. They offer nationwide coverage and a full support network of engineers and consultants.

Medartis develops, manufactures and sells titanium plates and screws, surgical instruments and system solutions for fracture fixation. These implants allow for patient rehabilitation after surgical reconstruction of fractures, mal-unions and deformities or skeletal diseases and their adjacent soft tissues. Medartis is represented worldwide through its subsidiaries and a broad distributor network. Our motto is "Precision in fixation". We place the highest priority on maintaining stringent quality standards, continuous further development and innovation as well as comprehensive service provision for surgeons, theatre staff and patients. Our goal: To continually improve early functional rehabilitation through its high-quality products and exclusively developed technologies.

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Mercian are the UK's leading supplier of quality Hand Surgery Instruments including a comprehensive programme of microsurgery Instruments.

Quality, precision, specialisation and service are the cornerstones of our company philosophy. Mercian Hand Surgery Instruments are the preferred choice of Surgeons and used in leading centres throughout the UK.

We will be showing at the meeting;

The original Acland Micro Vessel Clamps, Our Digiband finger tourniquets, Our Hand Surgery Instrument Set, S&T Micro Sutures, S&T Micro Surgery Instrumentation. We will also be showing our popular Hand Surgery Instrument set.

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Established in 1993, Osteotec is a specialised supplier of extremity orthopaedic products offering clinicians complete and comprehensive solutions. Supplying into the NHS and private healthcare sectors for 30 years, we collaborated with more than 500 different hospitals throughout the UK and Ireland last year. In conjunction with the NHS, private healthcare sectors and research institutes, we have developed innovative implants and instruments into commercial products available in the UK and through a network of distributors around the world. We provide industry-leading services to healthcare professionals that improve patient outcomes through our comprehensive product portfolio and partnerships with leading manufacturers.



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R & D Surgical have over 50 years experience serving the surgical community internationally with a range of high quality devices.

We are displaying a small selection of our devices on our stand and have comprehensive literature available.

We look forward to meeting you at BSSH Spring Meeting 2023.

Sovereign Medical are one of the leading suppliers of upper limb solutions for the UK hand surgeons. Our products include the MAIA CMC IMPLANT, REGJOINT, SMARTBONE, a new hybrid bioactive bone substitute developed for bone regeneration in reconstructive surgery. We have joined forces with MESHWORKS to offer fully customised plates and screws for all complex upper limb procedures. To complement our range, we have an innovative bioabsorbable compression screw made from magnesium alloy, ideal in paediatric surgery.

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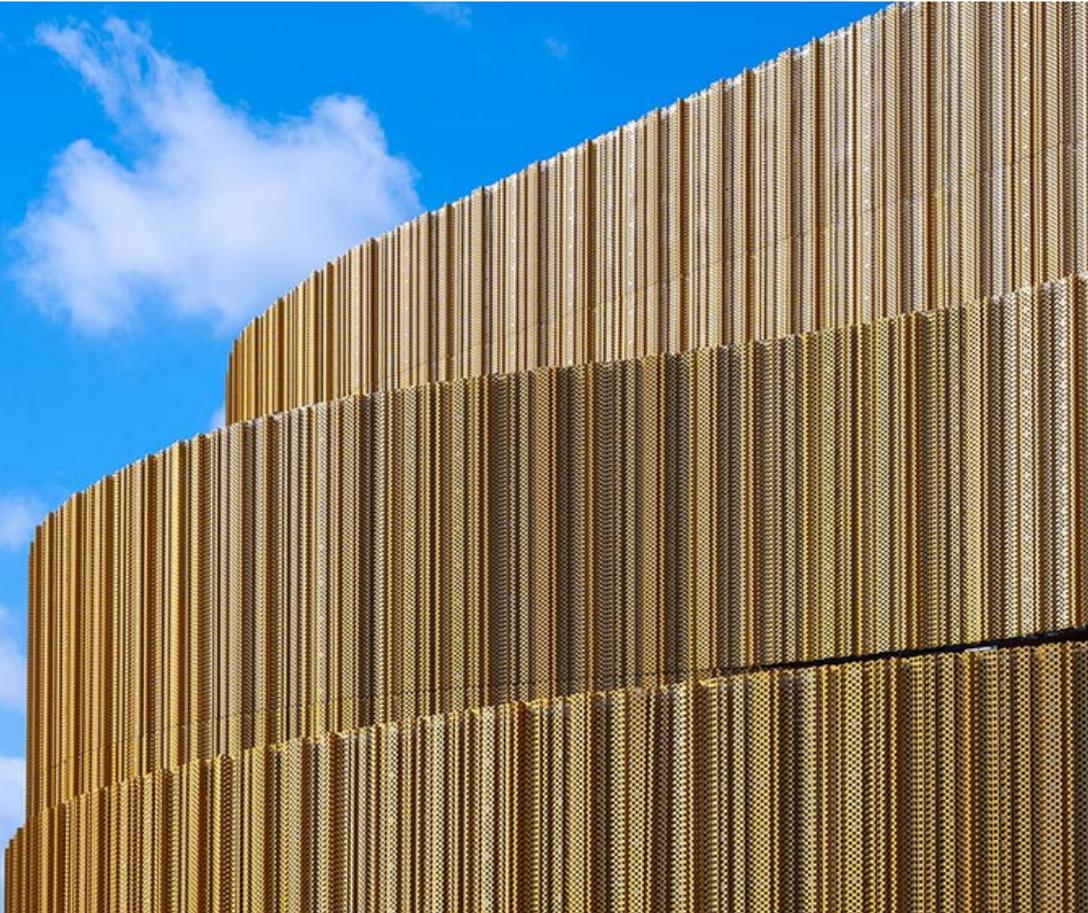
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Now established in the UK for more than three decades, Vertec Scientific has earned a reputation for supplying and supporting a wide range of high quality health technology products, accessories and consumables from across the world. This range includes Hologic DXA and x-ray mini c-arm systems, dosimetry, radiotherapy treatment alignment and immobilisation devices, including thermoplastics, plus much more.

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Venue

Swansea Arena
Oystermouth Rd
Maritime Quarter
Bae Copr Bay
Swansea
SA1 3BX

Conference rooms

Pre-event day - Wednesday 19 April

Research Day 'Clinical Trials in Hand
Surgery - A Beginners Guide'
Meeting rooms 2-4

BSSH Spring Scientific Meeting

Thursday 20 to Friday 21 April

Main conference room: Upper Auditorium
Parallel session - Meeting rooms 2-4

Baby and carer room

The baby and carer room is situated in the room at the back of the Upper Auditorium.

Registration and information desk

The registration and information desk is in the Foyer and will be open at the following times:

Wednesday 19 April - 09.50 - 16.00

Thursday 20 April - 07.20 - 17.00

Friday 21 April - 07.30 - 15.30

Cloakroom

There is no formal cloakroom, there are rails available in the foyer - items are left at your own risk.

Exhibition

The trade and exhibition stands are available to view throughout the conference on Level 0 Concourse.

Lunch and refreshments

Catering points can be found in the trade exhibition areas on Level 0 Concourse.

Taping of sessions

Any videoing, photography and sound recording of the conference sessions is strictly forbidden, without prior written permission from the organising committee.

Speaker loading

The speaker loading room is in Meeting room 1.

Conference app

Download the conference app via your device's app store - search for 'The Event App by Events Air'. Enter the app code: **Spring2023**. You will need to log in with your email address and the app pin sent to you in your joining instructions.

The app provides the full programme, abstracts and speaker biographies in an easily accessible format that, once downloaded, can be used without a connection to the internet. Within the app you can opt out of the delegate list.

Poster viewing

Posters can be viewed on Level 0 Concourse.

INFORMATION FOR DELEGATES

Future meetings

BSSH Instructional Course in Hand Surgery 8.7 - Paralysis and Dupuytren's Disease

16 - 17 June 2023

Manchester

BSSH Autumn Meeting Spring Scientific Meeting

22 - 24 November 2023

Glasgow

CME points

The following CME points have been awarded for this meeting:

Wednesday 19 April: 4 points

Thursday 20 April: 7 points

Friday 21 April: 6.5 points

Whole meeting (Thursday and Friday):
13.5 points

Certificates with confirmation of CME points will be sent to all delegates in the week after the event by email.

Registration

Online registration is available throughout the conference, visit the website to register.

Registration rates:

Standard rate	Full meeting (£)	One day (£)
BSSH Full members /Overseas / Consultant Associate member	£400	£205
BSSH Associate / Overseas Trainee member / Affiliate member (allied health professionals)	£170	£90
BSSH Honorary/Senior member	£120	£65
BSSH STASH member	£50	£30
Trainee non member	£210	£110
Medical student/nurse	£60	£35
Therapist (non-members)	£180	£95
Consultant / other non member	£460	£235

Social and networking

Thursday 13 October
Society Social Event

The Society dinner will be held at The Swansea Arena, come along and enjoy a three course meal and a band.

Tickets for social events are not available to those registering while the meeting is in progress. If you would like to purchase an additional dinner ticket, please visit the registration desk.

Dress code: Formal black-tie

Special thanks

BSSH would like to thank Mr Donald Sammut for kindly providing the hand drawings for this programme.

Venue

Swansea Arena
Oystermouth Rd
Maritime Quarter
Bae Copr Bay
Swansea
SA1 3BX

Dinner Schedule

19:30 - 20:00

Arrival and drinks reception

20:00 - 22:30

Dinner to be served - three course sit down meal

22:30 - 00:00

Entertainment - band



UK HAND REGISTRY

Top User UK Hand Registry Award

The Clinical Data and Registries Committee is pleased to announce that a £250 award was presented to Mr Ibrahim Roushdi. The award is in recognition of him being the top user of the UK Hand Registry based on patient follow ups to 31st January 2023. Mr Roushdi uses the UK Hand Registry to audit his hand procedures in trauma, elective hand, carpal tunnel and Dupuytren's contracture. Mr Roushdi was appreciative of his award and has very generously donated the £250 to the BSSH Malawi LION Project.

BSSH The British Society for
Surgery of the Hand

HELP HEAL THE HANDS OF MALAWI LION HAND UNIT



BSSH The British Society for
Surgery of the Hand



The British Association
of Hand Therapists

From 2023, BSSH are running an exciting new project to set up the first Malawian Hand Unit at the Kamuzu Central Hospital in Lilongwe.

About Malawi

Malawi is one of the 10 poorest countries in the world and has the 9th highest rate of road traffic deaths in the world. For every death, there are 25 non-fatal injuries causing permanent disability which can affect whole families, leading to poverty and dependency.

About LION

The Lilongwe Institute of Orthopaedics and Neurosurgery (LION) is a new purpose-built healthcare facility for treating injured Malawian patients free of charge. It is attached to the Kamuzu Central Hospital, in Lilongwe, which serves a catchment population of several million people.

How we are helping

BSSH and BAHT volunteer surgeons and therapists will work in the LION Hand Unit for five years, assisting in the delivery of life changing treatment for patients with elective and traumatic conditions of the hand.

Through education and clinical training, LION aspires to become self-sufficient in the provision of specialist hand services by the end of the project.



Scan to find out
more and donate

Support our volunteer hand
surgeons and hand therapists.

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BSSH The British Society for
Surgery of the Hand
2023 SPRING
SCIENTIFIC MEETING

