



SESSION DETAILS



Auditorium Islas Baleares

08:00 - 09:25	09:25 Physical wrist examination instructional course Chairs: Mr Alex Bolt, Dr Alex Lluch		
	08:00 08:05 08:10 08:25 08:50	Welcome and introduction - Dr Alex Lluch Palpation - Dr Miguel Pérez-Abad Radial side clinical maneuvers - Dra María Larrea, Dra Ana Scott Ulnar side clinical maneuvers - Mr Nick Riley, Mr Alex Bolt Other maneuvers - Dr Alex Lluch	
09:30 - 10:00	When ca	an I play Doc? - Mr Mike Hayton	
10:00 - 10:30	Coffee b Expert C	oreak Forner (Exhibition area): Dr Alex Lluch, Dra Mireia Esplugas (bring your own case to share)	
10:35 - 10:55	Welcom	e ceremony - Dr Guillem Salvà Coll, Mr Carlos Heras-Palou, Dr Pedro J. Delgado	
11:00 - 12:30		Round table: stiff wrist & fingers r Fernando del Canto Álvarez	
	11:01 11:13 11:27	Pathophysiological bases of rigidity - Dr Pedro Hernández Cortés Examination of the rigid hand - Dra Filipa Santos Silva Prevention and conservative management of hand and wrist stiffness - Mr Jesús Agüero Arce	
	11:39 11:54 12:06 12:18	Surgical treatment of hand stiffness - Mr Jonathan Compson Surgical treatment of stiff wrist - Dr Fernando del Canto Álvarez Postoperative management - Dra Belén Sancho Iglesias Colloquium and Questions	
12:35 - 13:30		Lecture: r Carlos Heras-Palou	
	12:40 13:05	40 years of wrist surgery - Prof Joe Dias Homage to Dr Marc Garcia-Elias - Dr Alberto Lluch, Dr Angel Ferreres	
13:25 - 14:25	Lunch break		
14:30 - 15:30		Il phalangeal fractures. Non-operative treatment Dra Inma Puig	
	14:31 14:42 14:48 14:59 15:10	Evidence in treatment of proximal phalanx fractures - Miss Alexia Karantana Biomechanics and proximal fractures behavior - Dr Sergi Barrera How do I treat these fractures? Taping - Prof Grey Giddins How do I treat these fractures? Aluminium splint - Mr John Oni How do I treat these fractures? Thermoplastic splint - Mr Eduard Font, Dr Sergi Barrera	
	15:21	Questions & Answers	

15:35 - 16:30 Face to face: clinical cases on finger tip injury

Chairs: Mrs Jill Arrowsmith, Dr Higinio Ayala

15:35 Understanding the anatomy of the fingertip and the requirements for reconstruction

- 15:41 **First case** Mrs Jill Arrowsmith
- 15:51 Second case Dr Pedro Bolado
- 16:01 Third case Ms Lauren Uppal
- 16:11 Fourth case Dr Higinio Ayala
- 16:21 **Q&A and Conclusions**

16:30 - 17:00 **Coffee break**

Expert corner (Exhibition area): Dra Eva Maria-Baur, Prof Grey Giddins (bring your own case to share)

17:05 - 17:55 Hand Surgery University Challenge Quiz: Diplomats vs Dons. Spanish edition Chairs: Mr Zaf Naqui, Dr Homid Fahandezh

Spanish Diplomates - Dr Fernando Davila Fernandez, Dra Elisa de Torres de Torres
 BSSH Diplomates - Ms Lucy Maling, Mr Tom Richards
 Spanish Dons - Dr Higinio Ayala Gutiérrez, Dra Ana Carreño Delgado
 BSSH Dons - Mr Graham Cheung, Mr Peter Russell

18:00 - 20:00 SECMA Assembly

Auditorium Mallorca

08:00 - 09:00	Microsurgery session (AEM) Osteoarticular reconstruction Chairs: Dr Roger de Oña, Dr Iván Monge		
	08:00	Vascularized options in the reconstruction of small bone defects in the hand - Dr Sergi Barrera Ochoa	
	08:13	Microsurgical options in the treatment of large bone defects in the upper extremity - Mr Rob Bains	
	08:26	Microsurgical reconstruction of the thumb: from distal defects to transmetacarpal amputations - our best options - Dra Andrea García Villanueva	
	08:39	Microsurgical reconstruction of the web: our rationale - Miss Grainne Bourke	
	08:51	Discussion	
09:00 - 10:00		rgery session (AEM) Soft tissue microsurgical reconstruction or Roger de Oña, Dr Iván Monge	
	09:00	Functional coverage of complex injuries of the dorsum of the hand and fingers - Dr Daniel Camporro	
	09:13	Microsurgical reconstruction for paedriatic upper limb ischaemia - Miss Jessica Steele	
	09:26	Indications for local perforator flaps in the upper extremity - Dr Jaime Estrada Cuxart	
	09:39	Free functioning muscle transfer - Miss Grainne Bourke	
	09:51	Discussion	

14:30 - 15:26 Free communications

Chairs: Dra Gemma Pidemunt, Dr Victor Triviño, Mr Ian McNab

- 14:30 **Outcomes of dual-mobility versus single-mobility prosthesis in total trapeziometacarpal arthroplasty** Ms Esperanza Marín García-Cabrera
- 14:38 Does cup inclination influence clinical outcomes following total trapeziometacarpal arthroplasty? Our results.
 - Dr Diego Martinez López
- 14:46 The learning curve of trapeziometacarpal arthroplasty: prospectively monitoring individual objective surgical parameters throughout the learning phase detects safe performance more robustly than retrospective complications and other rare discrete events Mr Nicholas Riley
- 14:54 Evaluation of the effectiveness of total arthroplasty versustrapeziectomy with ligamentoplasty in trapeziometacarpalarthrosis. Long term follow-up Dr Clarisa Simón Perez
- 15:02 Our experience with Scheker arthroplasty for the treatment of trapeziometacarpal arthritis

Dra Beatriz Fernández Bran

- 15:10 Comparative Study of Radiological Collapse in Patients Undergoing Surgery for Rhizarthrosis: Modified Weilby Interposition Plastia by García Elías versus Suspension Arthroplasty with High-Resistance Suturing by DelSignore Dra Monica Gabarró Busquets
- 15:18 Routine Use of Dual Mobility Prosthesis Reduces Trapeziometacarpal Joint Dislocations Mr Graham Cheung
- 15:30 16:25 Management of Malunion: Wrist, forearm and hand Sponsored by KLS Martin Chairs: Dr Joaquim Casañas, Mr Max Haerle, Mr Niels Schep
 - 15:30 From extra-articular to intra-articular radius reconstruction how I do, why I do? - Mr Niels Schep
 - 15:40 **Principles of 3D planning and clinical challenges, including live-planning** - Mr Niels Schep
 - 15:50 Forearm malunions why should we choose 3D technology? Case examples - Mr Carlos Heras-Palou
 - 16:00 Complex forearm reconstructions special cases Dra Eva-Maria Baur
 - 16:10 Thumb base reconstruction using IPS Mr Sumedh Talwalkar

16:30 - 17:00 Coffee break

17:05 - 17:45 Free communications

Chairs: Dr Francisco García De Lucas, Dr Christian Alexis Rodriguez, Mr Max Horwitz

- 17:05 Surgical treatment of thumb carpometacarpal arthritis: Does the sex counts to functional results? Dr Diego Gameiro
- 17:13 Trapeziometacarpal Arthroplasty Using the MAIA Prosthesis: Short- and Medium-Term Outcomes. Our Experience Dr Jose Garrido
- 17:21 Ball-and-socket trapeziometacarpal(TMC) prosthesis versus trapeziectomy and ligament reconstruction. A randomized controlled clinical trial interim analysis. Mr Serafín Lirola-Palmero

- 17:29 Complications of Trapeziometacarpal Arthroplasty: Our Experience Over a Decade Dr Jaime Marti Rizo
- 17:37 Simultaneous TMC and STT Prostheses for Pantrapezial Osteoarthritis: A Promising Alternative to Traditional Techniques Dra Beatriz Mirón Domínguez

Menorca 1

08:00 - 09:55 **Research session: Evidence based hand surgery: what, why and how?** *Chairs: Dr Emma Raey, Ms Arabella Scantlebury*

- 08:00 Evidence-Based Hand Surgery: Introduction and Session Overview Dr Emma Reay
- 08:15 SCOOTT: Surgery versus Conservative Osteoarthritis of Thumb Multi-Centre Trial: Overview and Update - Ms Emma Reay
- 08:30 FLARE: Flexor repair and Rehabilitation Multi-centre Trial: Overview and Update -Mr Mathew Gardiner
- 08:45 **ProJ-ECT: National multicentre service evaluation of PIPJ fracture management** -Mr Jamie Mawhinney, Ms Nathalie Fennel
- 09:00 I-WIP: Improving Wrist Injury Pathways a Mixed Methods Study Mr Ben Dean
- 09:20 Questions on all
- 09:30 How Can We Deliver Evidence-Based Practice in Hand Surgery? Ms Arabella Scantlebury
- 09:50 Questions / Next Steps
- 10:00 10:30 Coffee break
- 13:25 14:25 Lunch break

LUNCHBOX: ACUMED - Maximising outcomes: techniques to eliminate complications Mr Oliver Stone, Mr Daniel Brown, Dr López Osornio

14:30 - 15:25 **Posters**

Chairs: Dr Adolfo Galán, Dra Dolores Gimeno, Ms Christina Lipede

- 14:30 A service evaluation of gloves-only versus gloves and gown in elective hand surgery

 Dra María Martha Galani Manolakou

 14:34 Fracture Of The Distal Radius Treated With Volar Locking Plates: Radiological Results Of Surgical Management
 Dra Inés De Blas Sanz
 14:38 A pull in the right direction: Traction Zimmer Splints for phalangeal fractures
 Dr Mohamed El-Nemr
- 14:42 Trapeziometacarpal Prosthesis Revision Due to Polyethylene Rupture: A Case Report
 - Dr Pablo Almena
- 14:46 **Case report: Chronic Bilateral Trapeziometacarpal Joint Dislocation in Ehlersdanlos Syndrome** Dra Mariona Bart Vila
- 14:50 Squeezing out the risks: A literature review and local audit of intraoperative tourniquet safety in hand surgery Mr Jasmeet Jhaj

14:54	Case report: A rare case of extradigital inclusion body fibromatosis presenting as thumb pain in a paediatric patient Mr Owen Lawrence
14:58	Conservative Treatment of the "Floating Knuckle"
14.00	Dra Alba García Toledo
15:02	Percutaneous needle fasciotomy versus limited fasciectomy in management of Dupuytren's disease: comparing recurrence rates and length of time to repeat procedure Ms Raeleen Araneta
15:06	Corrective surgery in madelung deformity in an adolescent patient Dr Pablo Almena
15:10	Cutaneous coverage of the thumb tip using holevich flap Dra Tewresa Colomina Laiz
15:14	Patient outcome following surgery for base of thumb arthritis: trapeziectomy, carpometacarpal joint replacement and revision operations - a retrospective cohort study
15:18	Dr Tariq Ben Khadra Assessment of major fracture risk using the frax index in patients with distal radius fracture (DRF) Dra Elena Casillas Calvo
Posters	
Chairs:	Dr Angel Ferreres, Dra Marta Pérez Montoya, Mr Dan Brown
15:30	Application of the walant technique in the transposition of the extensor indicis proprius to the extensor pollicis longus (our experience). Dra Marta Juncal Barrio Velasco
15:34	Generative AI in hand surgery: A scoping review of its role in patient education, clinical decision-making, and ethical challenges Dr Eyad Abuelgasim
15:38	Masquelet technique for the treatment of finger osteomyelitis: A case report Dr Antonio García-Jiménez
15:42	Case report: Distal Radioulnar Joint Synovial Chondromatosis Dra Mariona Bart Vila
15:46	Diagnosis and Treatment of Hamate Body Fractures: A Case Series Dra Claudia Gallego Palmero
15:50	Microvascular Cortico-Periosteal Graft from the Femoral Condyle (Sakai) for Recalcitrant Scaphoid Non-unions: A Case Report. Dra Júlia Bargalló
15:54	Economical And Environmental Analysis Of Ultrasound-Guided A1 Pulley Release In An Office Based Setting. A Comparative Study Dra Júlia Bargalló
15:58	Chronic closed rupture pulleys associated with an avulsion of flexor digitorum superficialis (FDS) tendon. Reconstruction of A2 and A4 pulleys with a double-loop technique using FDS autograft. A case report. Dr Marta Almenara
16:02	Reconstruction of segmental defect of flexor tendons of the wrist and hand using extensor digitorum longus Tendon Mr Justin Wormald
16:06	The use of artificial intelligence in the diagnosis and management of peripheral nerve injuries: a scoping review. Miss Hannah Whittaker

15:30 - 16:25

16:10 Nodular Fasciitis of the Upper Limb: A Case Report and Review of Diagnostic and Therapeutic Approaches Dra Teresa Colomina Laiz

- 16:14 Our experience with subacute radiocarpal fracture-dislocations: presentation of two clinical cases Dr Daniel Bustamante Recuenco
- 16:18 **"Monteggia like" elbow injuries: a case series and review of the literature** Dr Daniel Bustamante Recuenco
- 16:30 17:00 Coffee break

17:05 - 17:30 **Posters**

Chairs: Dra Clarisa Simón, Dr Pedro Bolado, Miss Anthea Davy

- 17:05 Radiotherapy in Dupuytren's disease of the hand: a forgotten modality? A Survey of the British Society for Surgery of the Hand Consultants Mr Prashanth D'sa
- 17:09 **High radial nerve palsy after Crossfit training** Dra Nerea Martinez Franco
- 17:13 One in a million: The surgical management of painful palmar keratotic lesions in Olmsted syndrome, a case report. Miss Mehitab Adel
- 17:17 Going green in hand trauma surgery identifying small changes to make a big difference
 - Mrs Lauren Wallace
- 17:21 Osteoblastoma of the capitate bone. A case report. Dra Carolina Garcia-Herrera Cruces
- 17:25 The creation and implementation of a new clinical guideline for the treatment of 5th metacarpal neck fractures in a regional hand trauma unit. Mr Harry Bright

17:35 - 17:55 **Posters**

Chairs: Dra Ana Carreño, Dr Jaime de la Torre, Miss Lily Li

- 17:35 **About a Case: Reconstruction of the Fingerprint Using a Homodigital Island Flap** Dra Alba García Toledo
- 17:39 Arthroscopic Assisted Four-Corner Arthrodesis: Three in a row Dr Diego Gameiro
- 17:43 **About a case: Change of Plans for a Middle Phalanx** Dra Alba García Toledo
- 17:47 An uncommon carpal injury: Trapezoid-metacarpal dislocation. A case report. Mrs Yentl Garcelán Pecharromán
- 17:51 Approach to index finger salvage: A technique for managing complex traumatic bone loss.

Mrs Yentl Garcelán Pecharromán

Menorca 2

09:05 - 10:00

08:00 - 09:00 **Free communications** Chairs: Dr Manuel Llusá, Dr Rosa Villar

08:00	The SHIELD Multicentre Collaborative: a Study of Hand surgeons' Intraoperative radiation Exposure and techniques to Limit Dosing
	Dr Ferdia Browne
08:08	Developing a hand trauma unit from start to never quite finished - a 25 year
	experience
	Mr Stephen Southern
08:16	How Hand Surgeons can improve the overall Musculoskeletal Health of Menopausal
	women.
	Ms Amelia Dickinson
08:24	Incidence and functional impact of radial wrist pain in postpartum women during
	the first year
	Dra Leire Yanes Uzcanga
08:32	Network meta-analysis of prophylactic antibiotics in hand trauma surgery
	Dr Suraya Yusuf
08:40	Trapeziometacarpal Arthroplasty as a Surgical Rescue in Patients with Reduced
	Bone Stock of the Trapezium After Failed Arthroscopic Hemitrapeziectomy:
	Feasibility Analysis and Functional Outcomes
	Dr Mario Sayalero Alvarez
08:48	Psychometric evaluation of the Thumb Dissability Exam (TDX) questionnaire to
	assess health-related quality of life in Spanish patients with rizharthrosis.
	Preliminary results of CaViaR study
	Dr Sergio Losa-Palacios
Free Co	ommunications
Chairs:	Dr Eduardo Vaquero, Dra Carmen Ferreté, Mr Greg Pickering
09:05	Bites, Bullies & BSSH: Assessing the feasibility of adherence to BSSH Hand trauma

- standards for Bite Management in one of Europe's largest hand centres Dra Abigail Logan
- 09:13 **Outcomes with bone graft arthroscopic surgery for scaphoid pseudoarthrosis** Dr Fancisco Javier Molina Martinez
- 09:21 The Novel Neurotised Reverse Homodigital Island Flap: A New Gold Standard for Sensate Pulp Reconstruction? Miss Alicja Moore
- 09:29 Management of Scaphoid Non-Unions with Custom 3D-Printed Titanium Partial and Total Scaphoid Prostheses and Scaphoid Interosseous Ligament Reconstruction Dr Giuseppe Rovere
- 09:37 Short vs long immobilization period for conservative treatment of distal radius fractures in the elderly: A randomized controlled trial Dr Albert Pardo Pol
- 09:45 Barking up the right tree: A new approach to dog bite classification validating the Birmingham Bite Scale Dr Charlotte Terry

13:25 - 14:25	Lunch break	
	LUNCHBOX: Innovations in the Management of Hand Fractures - SKELETAL DYNAMICS Dr Jorge Orbay	
14:30 -15:25	Research session: How should I evaluate my clinical results?	
	 14:30 Introduction to outcomes assessment - Dra Nuria Carnicero 14:43 How are PROMS designed for and when are they useful? - Mr Ben Dean 14:56 The challenges of embedding outcomes into real world practice - Dra Ana Scot 15:10 Open to the floor 	
15:30 - 16:25	Research session: Understanding what statistics can offer to my project	
	 15:30 Essential Statistical Tools for Analyzing Clinical Data – Mr Sandeep Deshmukh 15:45 Sample Size and Power: Designing Studies for Robust Results – Dra Irene Amigó 16:00 Navigating Confounding Factors in Hand Surgery Research: Identification and Management – Dr Roberto Sánchez-Rosales 16:15 Open to the floor 	
16:30 - 17:00	Coffee break	
17:05 - 18:00	Journal of Hand Surgery (European Edition) session Chairs: Mr Wee Lam, Ms Jane McEachan	
	17:05 Levels of evidence - Mr Tim Hems An evidence-based approach to decision making in hand surgery:	
	17:16 a) Scaphoid nonunion - Dra Anna Scott	
	17:27 b) OA of the trapeziometacarpal joint - Mr Soham Gangopadhyay	
	17:38 c) Carpal tunnel syndrome - Dr Roberto Sánchez-Rosales	
	17:49 Discussion	

Sala Ibiza 1

08:00 - 09:00	Free communications Chairs: Dr Francesc Marcano, Dra Carmen García Espert, Mr Mathew Gardiner		
	08:00	Trapeziometacarpal total joint arthroplasty: experience and results in our center. Dra Christina Vera Hoster	
	08:08	Mid term results of the CapFlex PIPJ arthroplasty Mr Jonathan Hobby	
	08:16	Comparison of metal-on-metal and metal-on-polymer Motec wrist arthroplasty: An international cohort study and explant analysis. Mr Natan Silver	
	08:24	Outcomes of Wrist Arthrodesis in Advanced Wrist Arthritis: A Retrospective Multicentre Cohort Study Mr Maheswaran Warren Archunan	
	08:32	Four-Courner arthrodesis with Carpalfix system: precision and innovation in the treatment of midcarpal osteoarthritis Dra Melani Flores Brito	

	08:40 08:48	Long-Term Evaluation of Functional Outcomes of Proximal Interphalangeal Arthroplasty: A Single-Center Review Dr Anton Fornieles Espinel Distal component complications after total wrist arthroplasty: A case-controlled study of failure of osseointegration versus periprosthetic fracture Mr Jithin Lobo
09:05 - 09:55	Infograph Chairs: Dr	ics a Silvia López, Dr Javier Cervera, Mr Wee Lam
	09:05	Functionality and satisfaction with the Sauvé-Kapandji technique in times of economic restraint Dra Ester Junyent
	09:09	Intramedullary nail versus dorsal LCP fusion plate in total wrist arthrodesis. Dra Esperanza Marin Garcia-Cabrera
	09:13	Repair of peripheral and foveal lesions of triangular fibrocartilage: A retrospective study from a center. Dr Alejandro Muñoz García
	09:17	Innovation in Hand Surgery – Analysing Fifty Years of Patent Data Mr Chiraag Karia
	09:21	Questions - 5 minutes
	09:26	Study of claims in Carpal Tunnel Syndrome as the most contentious pathology in hand surgery Dra Gemma Gázquez
	09:30	Digastric morphology of index flexor superficialis muscle: anatomic study basis for a myotendinous lengthening technique. Dr Pablo Martinez Collado
	09:34	Association between trapezium size and failure of total trapeziometacarpal prosthesis. A survival analysis Dra Clarisa Simon Perez
	09:38	Metacarpophalangeal Joint Instability in Rhizarthrosis. Is Surgical Correction Necessary? Ms Cristina Wert
	09:42	Initial assessment of suspected scaphoid fractures: Development of a pragmatic MRI pathway utilising a senior therapist-led triage clinic Mr Kunal Kulkarni

- 10:00 10:30 Coffee break
- 13:25 14:25 Lunch break

LUNCHBOX: Scaphoid surgical tips & tricks - MEDARTIS Mr Carlos Heras Palau, Dra Mireia Esplugas, Mr Neil Ormsby, Dr José Manuel Méndez López

14:30 - 15:30 **RICMA session**

Chairs: Dr Vicente Carratalá, Dra Belén Garcia-Medrano, Dr Cristobal Martinez

- 14:30 Tips & tricks to publish in RICMA Dr Sergi Barrera
- 14:41 Usual mistakes that avoid us to publish Dra Montserrat Ocampos
- 14:52 **The podium of the most visualized articles** Dra Rosa Morro
- 15:03 The podium of the most visualized articles Dra Eva Guisasola
- 15:12 **Objective, indexing** Dr Vicente Carratalá
- 15:22 Discussion

- 16:05 16:30 **Tips and tricks: ultrasound scan for hand surgeons** Dr Edward Sellon, Dr Yaron Berkowitz *Chair: Mr Nick Riley*
- 16:30 17:00 Coffee break
- 17:05 17:30 Innovations in hand surgery Dr Jorge Orbay Chair: Dr Alex Lluch

17:35 - 18:30 **Posters**

Chairs: Dr Homid Fahandezh, Dr Javier Aldecoa, Miss Gill Smith

- 17:35 Comparing outcomes and complications in limb spasticity patients post wrist fusion using plates according to type of implant and surgical technique: A systematic review. Mr Yousef Abdalazeem
- 17:39 **One stop clinic, a vision for future hand management** Mr Mohamed Elmeligy
- 17:43 Symptomatic Soft Tissue Chondroma of the Palm: A Case Report Mr Raouf Ahmed
- 17:47 Necrotizing Soft Tissue Infection of The Hand: An Often-Missed Condition with Serious Sequelae
 - Mr Mahmoud Farag
- 17:51 **Dedifferentiated liposarcoma in the hand, an atypical location: a case report** Dr Francisco De Sitjar De Togores
- 17:55 Assessing the Learning Curve for Percutaneous Ultrasound-Guided Release in Carpal Tunnel Syndrome

Dra Paula Capellá

17:59 Review of results of the surgical treatment of hammertoe with closed bone fragment

Dra Beatriz Rodríguez Corada

- 18:03 Peripheral Nerve Tumors in the Upper Extremity at the Central University Hospital of Asturias Dra Maria Sacido Gosende
- 18:07 **Carpal Tunnel Syndrome in children: report of two clinical cases** Dr Luis Romero Rosal
- 18:11 Avascular Necrosis of the Triquetrum in the Absence of Trauma A Case Report Dra María Martínez Ferradal
- 18:15 Approach selection for Axillary Nerve Neurotization Dra Marta Perez Montoya
- 18:19 Case Report: Complex reconstruction of a catastrophic hand injury with extensive metacarpal and coverage defect affecting the second and third rays. Dra Maria del Mar Pizá

Sala Ibiza 2

13:25 - 14:25	5 Lunch break	
	- KLS M	BOX: 15 years of CapFlex PIP replacement: joining an established joint solution ARTIN I Herren, Mr Jonathan Hobby, Dr Alex Lluch, Mr Chris Williams, Ms Lauren Uppal
14:45 - 15:45	Infograp Chairs: L	hics Dra Rosa Morro, Dr Fernando Dávila, Ms Andreea Lupu
	14:45	Importance of early rehabilitation in the treatment of traumatic flexor tendon injuries of the hand
	14:49	Dra Irene Amigo-Fernandez Systematic review and meta-analysis: mobilisation of hand fractures following open reduction and internal fixation (ORIF)
	14:53	Mr Jun Jonathan Yang From Fracture to Prevention: Evaluating FRAX Scores and DEXA Scan Referrals in Hand Trauma Patients
	14:57	Mr Chiraag Karia Volar rim locking plates - is there more than meets the eye? Early results of a local retrospective study.
	15:01	Miss Katie Hoban Outcomes Of Motec Total Wrist Replacement: A Prospective Study Mr Siddhartha Murhekar
	15:05	Questions - 5 minutes
	15:09	Differences in recovery time between trapeziectomy and carpometacarpal joint replacement: a systematic review and meta-analysis Miss Lauren Chong
	15:14	Implementation of the Relative Motion Flexion Splint (RMFS) into clinical practice – Is it safe and clinically effective?
	15:18	Ms Emma Bamford Retrospective analysis of hand and digit replantation cases: a four-year experience at our center
	15:22	Dra Sandra Maliorquín Rama Proximal interphalangeal Joint injury Evaluation, Classification and Treatment (ProJ-ECT): A national multicentre service evaluation of PIPJ fracture management Mr Jamie Mawhinney
	15:26	At 25 to Success: A New Post-Surgical Radiographic Perspective Dra M ^a Begoña Zorio Hernandez
	15:30	Our experience in the management of upper limb wounds during natural disasters Dra Anna Guilot

15:50 - 16:30 Infographics

Chairs: Dr Luis Aguilella, Dra Ester Pastor, Mr Rob Poulter

15:50 From Coracoid to Lunate: A New String to the 'Carpal Row' in the Management of Keinbock's Disease

Ms Leela Sayed

15:54 The Modified Scapholunate Axis Method (SLAM) procedure for reconstruction of the scapholunate-ligament-complex using the ArthrexTM-internal-brace-system. A description of the technique and retrospective review of clinical outcomes in active young patients.

Miss Yasmeen Khan

- 15:58 The role of m1/m2 ratio in functional outcomes and complications following trapeziometacarpal arthroplasty: a retrospective study of 187 caseS Dra Mireia Arlandez
- 16:02 Salvage options for failed 1st CMC joint procedures: How far can we go? Dr Fernando De Juan Santos
- 16:06 Scaphotometacarpal arthroplasty as a treatment for complications of trapeziometacarpal prostheses and trapeziectomies. Dr Juan Carlos Sánchez Hernández
- 16:10 **Questions 5 minutes**
- 16:30 17:00 Coffee break
- 17:05 18:00 **Touch User meeting** Sponsored by: KERI Medical

Surgical tips and tricks - Mr Sumedh Talwalker Experience after 50 cases - Mr Aamer Ullah How to start your CMCJ practice - Mr Nick Riley Control radiológico previo y durante la cirugía - Dr Juan Carlos Sánchez Tratamiento de la artritis STT y evolución tras cirugía con la prótesis CmC - Dr Pablo Vadillo Revisiones en función del motivo por el que ha fracasado la prótesis - Dr Juan Carlos Sánchez

Auditorium Islas Baleares

08:30 - 10:00	Why should I learn about TTR amyloidosis?		
	Chairs: Mr Carlos Heras-Palou, Ms Thirusha Lane		
	(Sponsored by Alnylam Pharmaceuticals)		
	08:30	Early diagnosis of transthyretin amyloid cardiomyopathy using carpal tunnel biopsy tissue examination: EDUCATE - a long-term UK prospective multicentre study Dr Yousouf Ravzi	
	08:38	Formation of a local amyloidosis network due to an unexpected prevalence of cardioorthopedic patients in a hand surgical setup. Obstacles that need to be overcome - a German perspective. Dra Ana Lizandra Miguel	
	08:46	Multidisciplinary approach for the early detection of amyloid in patients who undergo carpal tunnel syndrome or lumbar stenosis surgery. Dra Nuria Otra Tomas	
	08:54	Relevance of Tenosynovial Tissue and Transverse Ligament Biopsies in Carpal Tunnel Surgery for ATTR Diagnosis Mr Nicholas Bigorre	
	09:02	ATTR amyloidosis and CTS: Which Flowchart to use: the AZ Delta Experience Dr Arne Decramer	
	09:10	Diagnosis of amyloidosis at primary carpal tunnel decompression; A 10-year case series Mr Owen Lawrence	
	09:18	Evaluation of the outcome of patients with carpal tunnel tenosynovial sampling positive for transthyretin amyloidosis and cardiological assessment Mr Nicholas Bigorre	
	09:26	A practice survey assessing specialist knowledge and patient care pathways for the diagnosis of cardiac amyloidosis in France: focus on hand surgeons. Mr Nicholas Bigorre	
	09:34	Diagnosis of TTR amyloidosis - Ms Thirusha Lane	
	09:45	Patient View - Mr David Gregory	
	09:50	Overview - Mr Carlos Heras-Palou	
10:00 - 10:30	Coffee	break	

Expert Corner (Exhibition area): Dr Francisco del Piñal, Dr Fernando Corella, Ms Emma Bamford (bring your own case to share)

10:30 - 11:30 Complications of flexor tendon surgery

Chairs: Dr Eduardo Vaquero, Mr Dean Boyce, Ms Emma Bamford , Mr Thomas Giesen

- 10:30 Introduction Dr Eduardo Vaquero
- 10:32 Avoiding complications in flexor tendon surgery Mr Dean Boyce
- 10:43 Management of the stiff finger following flexor tendon surgery Mr Thomas Giesen
- 10:54 Management of ruptures following flexor tendon repair Dr Eduardo Vaquero
- 11:05 **Therapy after secondary tendon surgery** Ms Emma Bamford
- 11:16 Clinical cases from panel for discussion

11:35 - 12:30 EWA session: ulnar sided wrist pain

Chairs: Dra Mireia Esplugas, Dr Vicente Carratalá

- 11:35 What is EWA? Dra Mireia Esplugas
- 11:39 **TFCC arthroscopic diagnostic and classification** Dra Belén García-Medrano
- 11:46 Proximal TFCC reattachment Mr Mike Hayton
- 11:53 LTq joint dysfunction: arthroscopic diagnostic and treatment Dr Cristóbal Martínez
- 12:00 Ulno-carpal impaction syndrom: arthroscopic diagnostic and treatment Dr Pau López Osornio
- 12:07 ECU pathology: arthroscopic diagnostic and treatment Dra Montserrat Ocampos
- 12:14 **Pisotriquetral dysfunction: arthroscopic diagnostic and treatment** Dr Francisco Lucas
- 12:21 **Q&A** Dr Vicente Carratalá, Dra Mireia Esplugas

12:35 - 13:00 **EWA session: scaphoid** Chairs: Dra Mireia Esplugas, Mr Matthew Brown

- 12:31 How Wrist Arthroscopy Has Transformed My Approach to Treating Scaphoid Nonunions - Mr Cy Ng
- 12:39 Midshaft scaphoid non-union: arthroscopic treatment Mr Philip Mathew
- 12:47 Arthroscopic revision surgery for scaphoid nonunion Dr Fernando Corella
- 12:55 Scaphoid proximal pole nonunion: arthroscopic treatment Dr Pedro Delgado
- 13:03 Carpal fracture-luxation: arthroscopic treatment Dr Rafael Laredo
- 13:11 SNAC: arthroscopic treatment Dra Eva-Maria Baur
- 13:19 **Q&A** Mr Matthew Brown, Dra Mireia Esplugas
- 13:35 14:25 Lunch break
- 14:30 15:30 Wrist: conditions to be aware of Chairs: Dr Alex Lluch, Mr Carlos Heras-Palou
 - 14:30 HALT lesion Dr Max Haerle
 - 14:38 **SUN syndrome** Prof Vivien Lees
 - 14:46 Symptomatic increased ulnar tilt of the radius Mr Carlos Heras-Palou
 - 14:54 **Ulna styloid carpal impingement -** Dr Frederik Verstreken
 - 15:02 Less common presentations of chondrocalcinosis in the wrist Dra Eva-Maria Baur
 - 15:10 STT arthritis with proximal row in extension Dr Alex Lluch
 - 15:26 Conclusions

15:35 - 15:55 2025 BSSH & DECIM + 2024 FESSH Diploma Graduates ceremony

Chairs: Dr Homid Fahandezh, Mr Mark Brewster

16:00 - 16:30 Coffee break

Expert Corner (Exhibition area): Dr Frederik Verstreken, Miss Anna Barnard (bring your own case to share)

16:35 - 18:00 Masters also learn from disasters

Chairs: Dr Fernando Corella, Prof Grey Giddins

- 16:30 ... in congenital hand Dra Eva-Maria Baur
- 16:41 ... in nerve injuries Dr Joaquim Casañas

- 16:52 ... in wrist arthroscopy Dr Pedro J. Delgado
- 17:03 ... in rheumatoid hand Prof Grey Giddins
- 17:14 ... in trapeziometacarpal prosthesis Dr Frederik Verstreken
- 17:25 ... in distal radius fractures Dr Jorge Orbay
- 17:36 ... in carpal instabilities Mr Carlos Heras-Palou
- 17:47Discussion and Q&A

18:05 - 18:25 Congress closing ceremony - Dr Guillem Salvà, Mr Carlos Heras-Palou, Dr Pedro J. Delgado

Best 2025 Free communication, Poster and Infographic awards

Auditorium Mallorca

09:00 - 10:00 **Tendon and nerve transfers in the Neurologic Hand** *Chairs: Dr Josep Mendez, Ms Anna Barnard*

- 09:00 3 clinical cases discussion with audience on options
- 09:07 Therapeutic options for spastic hands Miss Catherine Hernon
- 09:15 Therapeutic options for tetraplegic hands Ms Anna Barnard
- 09.23 Sequelae of peripheral nerve injuries Dr Josep Mendez
- 09.31 How to improve nerve transfers Dr Joaquim Casañas
- 09:39 **3 clinical cases discussion have the audience altered their treatment options?** Q&A with the audience
- 10:00 10:30 Coffee break

10:35 - 11:25 Free communications

Chairs: Dr Joaquim Casañas, Dra Adelaida Vivas, Ms Carol Chan

- 10:35 Impact of Treatment on the Radiological Volume of Monostotic Enchondromas in the Tubular Bones of the Hands Dra Marta Jiménez Ferrer
- 10:43 Excision of paediatric limb soft tissue sarcomas and early reconstruction with free tissue transfer – experience from a UK tertiary children's hospital Dr Shantanu Bajaj
- 10:51 **Surgical management of tumours related to the brachial plexus** Dr Fernando De Juan Santos
- 10:59 Beyond the Incidental Finding: An Analysis of the Presentation, Treatment, and Clinical and Functional Outcomes of Enchondromas in the Tubular Bones of the Hands
 - Dr Sergio López López
- 11:07 Local recurrence after surgical management of squamous cell carcinoma of the hand: A systematic review Mr Angus McMillan
- 11:15 **Botulinum Toxin is a Vasoconstrictor of Isolated Mouse Arteries** Dr Lylas Aljohmani

11:30 - 12:15 Understanding chronic pain

Chair: Mr Carlos Heras-Palou

- 11:30 Irritative carpal tunnel syndrome Dr Francisco del Piñal
- 11:42 Surgery for neurogenic pain Dr Joaquim Casañas
- 11:54 Why the wrist hurts Mr Jonathan Compson
- 12:20 13:30 Hand and wrist physical examination in children Chairs: Dra Laura Pérez-López, Miss Christina Lipede
 - 12:20 Introduction, topics for discussion and setting the scene Miss Christina Lipede, Dra Laura Pérez-Lopez
 - 12:22 Examining Children Miss Christina Lipede
 - 12:45 Specifics of examining the hand Dr Sergio Martínez-Àlvarez
 - 13:00 Examining the wrist and elbow Dra Laura Perez-López
 - 13:15 Examining for Birth Brachial Plexus Injury Dra María Martínez, Dr Carlos Reina
 - 13:26 Panel discussion
- 13:35 14:25 Lunch break

14:30 - 16:00 **PULPE session: Too much or too little** Chair: Miss Gill Smith

- 14:30 **Too much pressure? compartment syndrome in paediatrics when to intervene** - Dr Daniel Weber
- 14:37 Radius too short what are the options? Miss Gill Smith
- 14:44 Ulna what is too short and when to intervene? Dr Sergio Martínez-Àlvarez
- 14:51 When periosteal flaps will help in paediatric bone reconstruction Dr Francisco Soldado (WITHDRAWN)
- 15:08 Panel discussion
- 15:15 Apert's hands tips on how to get best results Mr Paul McArthur
- 15:22 What to do with Apert feet Dra Eva-Maria Baur
- 15:29 **Poland's syndrome classification and where surgery is beneficial -** Dra Laura Pérez - López
- 15:36 Toe transfers when to do them and when not too Mr Rob Bains
- 15:43 Panel discussion

16:00 - 16:30 Coffee break

16:35 - 17:30 Free communications

Chairs: Dra Montserrat Ocampos, Dr Jorge Villa, Mr David Clark

16:35 Functional and work-related results after thumb replantation: our experience in 28 patients.

Dra Isabel Pillar Fuentes Torres

- 16:43 Comparative finite element analysis of three experimental augmentation techniques for subacute scapholunate instability Dr Pablo Duque Santana
- 16:51 Quantifying donor site morbidity after free tissue transfer from the foot for hand reconstruction

Dra Giulia del Vecchio

- 16:59 Volar Plate Eco-Guided Scarification for Instability of the Interphalangeal Joint in the Sagittal Plane: A Follow-Up of Cases Dr Julio Adrian Martinez Garza
- 17:07 Carpometacarpal fracture dislocations: injury patterns and impact of delay to surgery

Mr Gareth Rogers

17:15 Current perspectives on retrograde osteosynthesis of metacarpal fractures with intramedullary cannulated screws: case review and key considerations Dra Paula Anaya Perez

Menorca 1

09:00 - 09:55 Free communications

Chairs: Dr Miguel Pérez-Abad, Dra Jacinta Baena, Mr Rob Macfarlane

- 09:00 A comparison of complication rates in flexor tendon repair performed in operating rooms versus clinic-based procedure rooms Dr Alex Speak
- 09:08 **Prevention of hand injuries in the United Kingdom: A national closed loop audit** Mr Maxim Horwitz
- 09:16 Ultrasound Guided Incision-Less Minor Hand Surgery A Pilot Project In The UK NHS
 - Mr Suddhajit Sen
- 09:24 The beneficial impact of pre-operative hand therapy appointments for Plastic Surgery hand trauma patients
 - Miss Dhanuja Senn, Ms Lucy Wimmer
- 09:32 To gown or not to gown for Carpal Tunnel Surgery? Ms Emma Reay
 09:40 One stop clinics for carpal tunnel and trigger finger - implementation and evaluation
 - Mr Ibrahim Roushdi

10:00 - 10:30 Coffee break

10:35 - 11:30 Getting organised

Chair: Mr David Clark

- 10:35 **Time management** Mr David Warwick
- 10:48 **Organize your practice** Dr Pedro J. Delgado
- 11:01 Organize your research Ms Jane McEachan
- 11:14 Organize to get published Mr Wee Lam
- 11:27 **Q&A**

11:35 - 12:30 How can FESSH help my whole career?

Chairs: Mr Zaf Naqui, Dra María Larrea

- 11:35 How FESSH was created and why it can benefit you Mr Zaf Naqui
- 11:44 My FESSH fellowship & The Academy Dra María Larrea
- 11:53 How the exam helped my career Dr Homid Fahandezh
- 12:02 The Journal and FESSH an essential partnership Mr Wee Lam

- 12:11 Life as a FESSH Examiner Ms Catherine Bossut
- 12:20 Leading in FESSH Dr Alex Lluch

12:35 - 13:30 Young European Hand Surgeons: how to manage my social media communications? Chairs: Dra Belén García-Medrano, Miss Laura Hamilton

- 12:35 Navigating Digital Communication: Ethical Strategies for Young Hand Surgeons - Dr Sergi Alabau
- 12:46 **Protecting Patients in the Digital Age: Best Practices for Medical Information Sharing** - Dr Camillo Fulchignoni
- 12:57 Smart Communication: Ethical Guidelines Sharing Medical Data in Apps and Chats - Mr Fawz Kazzazi
- 13:08 Ethical Innovations: Safeguarding Patient Privacy in Digital Communication for Young Hand Surgeons - Mr Harry Benjamin Laing
- 13:19 Discussion

13:35 - 14:25 Lunch break

- 14:30 15:30 How has 3D printing improved my practice? Chairs: Dr Alex Berenguer, Mr Maxim Horwitz
 - 14:30 How has 3D Printing improved my clinical practice Dr Frederik Verstreken
 - 14:45 Using 3D for clinical, simulation and teaching: my evolution Mr Maxim Horwitz
 - 15:00 Other uses learnt after 100+ cases Dr Alex Berenguer
 - 15:15 **Q&A**
- 16:00 16:30 **Coffee break**

16:35 - 17:30 Free communications

Chairs: Dr Sergi Barrera, Dr Jaime Sánchez Ruas, Ms Katherine Browne

- 16:35 Assessing Osteoarthritis Risk After Retrograde Intramedullary Headless Compression Screw Fixation for Metacarpal Fracture: A Minimum Six-Year Followup Study Dr Sergi Barrera-Ochoa
- 16:43 **16.43pm** Radiological and functional evaluation of transcapho-perilunate fracturedislocation operated percutaneously with arthroscopic support Dr Jose Cifras
- 16:51 **Fixation options in short segment diaphyseal fractures of the radius and ulna** Dr. John Heifner
- 16:59 Our experience with distal radius fractures treated with volar plate fixation: A 2013-2023 retrospective study Ms Maria Garalda
- 17:07 Cost Savings from Implementing the Derby Wrist Fracture Algorithm at MidYorkshire Teaching Hospitals Dr EJ Demoulin
- 17:15 **Optimising surgical management of distal radius malunion: A comparative analysis of surgical approaches** Ms Anatolia Nix

Menorca 2

09:00 - 09:55	Free communications
00.00 00.00	rice communications

Chairs: Dr Manuel Llusá, Dr Javier Cervera, Mr David Clark

09:00	Routine X-ray following internal fixation of distal radius. Is it still required? Retrospective review of cohort of patient and cost analysis
	Mr Mohamed Elmeligy
09:08	Finite Element Analysis Of Different Screw Designs And Lengths In Scaphoid Waist
	Fracture Fixation
	Mr Amin Khieran
09:16	Wrist arthroscopy in distal radius fractures: results of a randomized clinical trial.
	Dra María-José Pérez-Líbeda
09:24	The diagnostic characteristics and reliability of radiological methods used in the
	assessment of scaphoid fracture union: a systematic review
	Ms Gemma Smith
09:32	Axial malrotation of distal radius fracture malunion
	Prof Grey Giddins
09:40	The impact of participation in FIRST on clinical practice and research capability (i-
	FIRST)
	Mr Ian Shelton
	09:08 09:16 09:24 09:32

10:00 - 10:30 Coffee break

10:35 - 11:30 Free communications

Chairs: Dr Xavier Terrades, Dra Barbara Pérez

10:35	10-Year review of revision rates after endoscopic Carpal and Cubital tunnel decompression: Insights from a single-centre cohort study Dr Ahmed Turkman
10:43	Time to recovery following open and endoscopic carpal tunnel decompression: a systematic review and meta-analysis. Ms Olivia Hartrick
10:51	Donor-to-recipient mean axonal count ratios of upper limb nerves used in nerve transfer surgery: a systematic review of histomorphometric cadaveric studies Dr Samuel Ng
10:59	Outcomes of supinator to posterior interosseous nerve (SPIN) transfers for restoration of digital extension in tetraplegia Mr Luke Nugent
11:07	CoNNECT - Conduit Nerve Approximation versus Neurorrhaphy Evaluation of Clinical Outcome Trial Mr Dominic Power
11:15	Wrist and Ankle Botulinum Toxin Injections in the Treatment of Raynaud's Disease Dr Jessica Lynch
11:23	Hand surgery post-operative pain: a prospective study of the first seven days Mr Dallan Dargan

11:35 - 12:30 Free communications

Chairs: Dra Nadia Mora, Dr Ignacio Esteban, Mr Sanil Ajwani

- 11:35 An algorithmic approach to the functional spasticity patient Mr Paul Malone
- 11:43 Outcomes of nerve transfer and grafting for shoulder reconstruction after traumatic injury to the supraclavicular brachial plexus Mr Tim Hems
- 11:51 **Motor nerve transfer to restore function for cervical spine radiculopathy** Miss Natalie Hope
- 11:59 Pedicled adipofascial flaps for treatment and prophylaxis of neurodesis and neuromas in continuity of the upper extremity: A case series of 22 patients. Dr Franciso Javier Garcia Bernal
- 12:07 Patterns of Traumatic Brachial Plexus Injuries: A Nationwide Study of Geographic, Demographic, and Socioeconomic Factors in England and Wales Mr Chirag Karia
- 12:15 Wrist Arthrodesis in upper limb spasticity: Is proximal row carpectomy (PRC) an essential part of the procedure? Mr Pieter Venter
- 12:23 Peripheral Nerve Transfers for Upper Limb Reanimation in Older Adults: A Pilot Study Mr Vinay Itte

12:35 -13:30 Free communications

Chairs: Dr Higinio Ayala, Dra Irene Gómez, Ms Riem Johnson

- 12:35 Presentation, management, and outcomes of paediatric supracondylar fractures with neurovascular injury: A seven-year case series Mr Kunal Kulkarni
- 12:43 Index finger pollicization in congenital thumb hypoplasia: a 20-year evolution of experience
 - Dr Pedro Bolado Gutierrez
- 12:51 National study of parental decision making around surgery in congenital hand and upper limb differences in the United Kingdom Mr Andrew Cleelland
- 12:59 Primary and revision complex syndactyly release in Apert syndrome using the "stingray" local flap Ms Rini Vyas
- 13:07 Are multiple painful operations a reason not to be born? an ethical dilemma. Miss Ruth Lester
- 13:15 Outcome measures used to assess the web-spaces of the hand a systematic literature review Dr Febisayo Sidiku
- 13:35 14:25 Lunch break

14:30 - 15:15 Free communications

Chairs: Dr Pau López-Osornio, Dra María Larrea, Miss Anthea Davy

- 14:30 **ORTHO-ALERT: Bitesize bulletins of local learning driving positive safety culture** Miss Robyn Brown
- 14:38 Hand Surgery Training in Europe Mr Jonathan Hobby

- 14:46 **The Impact of Patient Education Videos In Reducing Anxiety** Dr Engy Alwakeel
- 14:54 **Loupe magnification for surgery. A better view, but at what cost?** Dr Isobel Press
- 15:02 Holographic computing as a new navigation paradigm in radius osteotomy surgery. Validation study.

Dr David Mayorga Naranjo