

1968 - 2018 Celebrating 50 years

AUTUMN SCIENTIFIC MEETING

10-12 October 2018 QE II Centre, London



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If referring to this event on social media, please use the hashtag - #BSSHAutumn18

PRESIDENT'S WELCOME



As I wrote my last welcome message it was snowing. As I write this, we are just coming to the end of one of the hottest summers ever. Hopefully, we will have some pleasant autumn weather to welcome you to London.

In QEII we have a very central venue. This has been booked for IFSSH/IFSHT 2022 and so it will be a practice run for that. The 2022 artwork is also being used for this meeting and has been painted by

Harry Holland, the same artist whom we used for the spring meeting in Cardiff.

The quality of the free paper submissions was high for this meeting. As for the spring meeting, the abstracts can be viewed in full on the "Nxtbook" link, which is linked to the Journal of Hand Surgery (European Volume).

Tim Davis is going to repeat the entertaining interactive format that he used in the spring meeting, but this time for Dupuytren's disease. Caroline Leclercq, a regular BSSH contributor, from Paris and Riccardo Giunta from Munich are involved in this session.

There is a symposium organised by Rod Dunn on hand surgery in the military setting, which is an opportunity for us to see an aspect of hand surgery that few of us will experience. Simon Kay will be giving us an update on the current status of hand transplantation in the UK and we will also hear from Riccardo Giunta about the Munich experience. Roy Meals from Los Angeles will be giving the Harold Bolton lecture, intriguingly entitled "Teaching Learning Musculoskeletal Anatomy".

We have debates on contentious issues which will hopefully provide some controversy and we have an array of invited lectures from speakers who promise to be entertaining.

It is, of course, the 50th birthday of BSSH, which was formed from the amalgamation of the "Hand Club" and "Second Hand Club" in 1968. I look forward to seeing you at the celebratory dinner at Banqueting House.

I do hope that you enjoy the meeting.

David Shewring, President BSSH

BSSH OFFICERS AND COUNCIL

<u>Officers</u>

President	Mr D J Shewring
Immediate Past President	Professor G E B Giddins
Vice President	Mr D P Newington
Vice President Elect	Professor D J Warwick
Honorary Secretary (2017 - 2019)	Mr J L Hobby
Honorary Treasurer (2015 - 2019)	Miss S M Fullilove
<u>Council Members</u>	
Mr D E Boyce	Mr C Y Ng
Mr N D Downing	Mr A Platt
Mr W L Lam	Mr D Sammut
Mr I S H McNab	Mr M A Waldram

Mr Z Naqui

OVERVIEW

WEDNESDAY 10 OCTOBER

	Foyer	Albert Room - Parallel	Victoria - Break
11:30	Registration		
12:00		Introduction	
12:05		Free Paper Session	
12:55		Innovation and pushing the frontiers	
13:20			Lunch
14:00		Starting out	
14:30		Careers within Hand Surgery	
15:15			Refreshment Break
15:45		The Extras	
16:15		Free Paper Session	
16:50			Refreshment Break
17:10		University Challenge	
17:55		Free Paper Winner announced	
18:00			Drinks with Council

THURSDAY 11 OCTOBER

	Foyer	Mountbatten Room - Main	Albert Room - Parallel	Cambridge Room - Exhibiton	Wesley Room
08:30	Reg				
08:55		Welcome and Introduction			
09:00		Free Paper Session			
09:20			PROMS Session - What are they and why we need them		DISC Principal Investigator Meeting
10:25		ICHS Update			
10:30				Refreshment Break and Exhibition	
11:00		Dupuytrens Disease: The Truth, the Whole Truth and Nothing but the Truth			
12:30		BSSH Session			

THURSDAY CONTINUED

	Foyer	Mountbatten Room - Main	Albert Room - Parallel	Cambridge Room - Exhibiton	Wesley Room
13:00				Lunch and Exhibition	
14:00		Hand Transplantation and the UK Experience			
15:00		Lecture - 10 years after the first global double arm transplant in Munich			
15:20		Update - Research Committee			
15:30				Refreshment Break and Exhibiton	
16:00		The Harold Bolton Lecture			
17:00		BSSH AGM			

FRIDAY 12 OCTOBER

	Foyer	Mountbatten Room -Main	Albert Room - Parallel	Cambridge Room - Exhibition
08:00	Registration			
08:30		Introduction		
08:35		Free Papers - Bell Session		
08:45			Overseas Session	
09:45			Hand Trauma Committee	
10:25		Update: Training and Education Committee	Session	
10:30				Refreshment Break and Exhibiton
11:00		Sympoisum: Hand Surgery in the Military Setting		
12:15		Invited Lecture: "The Hands of Leonardo da Vinci". Intoduction by the President		

FRIDAY CONTINUED

	Foyer	Mountbatten Room -Main	Albert Room - Parallel	Cambridge Room - Exhibition
12:45		Presentation of the Vivien Lees Gold Medal		
12:50				Lunch and Exhbitition
13:45		Invited Lecture "Is Evidence- based Medicine misleading us?"		
14:05		What I've Learned Since I Finished Training		
14:30		Debate Session: Should we or shouldn't we be		
15:20		Induction of President for 2019		
15:35		My Current Technique and Rationale		
16:35		Finish		

PROGRAMME

WEDNESDAY 10 OCTOBER

- 11:30 Registration and Refreshments (Foyer)
- 12:00 Introduction (Albert Room) President - Mr D Shewring, Cardiff
- 12:05 Free Papers (Albert Room) Chair - Mr D Rodrigues, Oxford
 - 12:05 The Use of Technology for Patient-directed Measurement of Deformity in Dupuytren's Contractures Mr T Knapper, Gloucester (Presenter); Mr J Gouda, Newport; Mr D Gheorgiu, Newport (Senior)
 - 12:13 Intermetacarpal Fusion for the Treatment of Failed Trapeziectomies - A Midterm Follow-up of this Salvage Technique

Mr M Elvey, Wrightington (Presenter); Mr J Singh, Writington; Mr M Hayton, Wrightington, Mr S Talwalkar, Wrightington, Professor I Trail, Wrightington (Senior)

- 12:21 External Validation of the 2nd Metacarpal Cortical Index as a Simple Screening Tool for Osteopenia Mr B Patel, Bradford (Presenter); Mr A Aqil, Bradford; Mr R Jeffers, Bradford; Mr D Dickson, Bradford (Senior)
- 12:29 1st Caropmetacarpal Arthrodesis with 2mm Condylar Plate Miss A Viswanath, Norwich (Presenter); Mr R Singh, Norwich; Mr A Chojnowski, Norwich (Senior)

12:37 Multiple Digit Proximal Interphalangeal Joint Swansons Arthroplasty Mr S Sarker, Norwich (Presenter); Mr R Singh, Norwich;

Dr S Ho, Norwich; Mr A Chojnowski, Norwich (Senior)

	12:45	International Survey of Clinician Preferences for the Treatment of Trigger Finger Miss R Howes, Salisbury (Presenter); Miss K Smith, Hull; Miss A Dijksterhuis, The Netherlands; Mr M Gardiner, Oxford; Mr J Rodrigues, Oxford; Mr J Debji, The Netherlands; Mr Z Naqui, Manchester; Professor B van der Heijden, The Netherlands; Mr R Pinder, Hull; Professor A Jain, Oxford (Senior)
12:55		t ion and Pushing the Frontiers (Albert Room) iele, Oxford (Speaker)
13:20	Lunch (Victoria Room)
14:00	Startin	g out (Albert Room)
	14:00	Hazards and Pitfalls for a new Consultant Mr R Trickett, Cardiff
	14:15	Working as a less than full time Hand Surgeon Ms S Tucker, Oxford
14:30	Career	s within Hand Surgery (Albert Room)
	14:30	Working as a Paediatric Hand Surgeon Mr M Horwitz, London
	14:45	Working as an Academic Hand Surgeon Mr J Wong, Manchester
	15:00	Working as a Trauma Hand Surgeon Mr M Lamyman, Oxford
15:15	Refres	hment Break (Victoria Room)
15:45	The Ext	tras (Albert Room)
	15:45	Success in Private Practice Professor D Warwick, Southampton

16:00 Medicolegal Work Mr P Burge, Oxford 16:15 Free Papers (Albert Room)

Mr J Rodrigues, Oxford (Chair)

 16:15 Is Fixation superior to Conservative Treatment of Unstable Wrist Fractures? Results from a Parallel Group Study Mr B Marson, Nottingham (Presenter); Mr J Al Shukri, Nottingham; Ms L Vera, Nottingham; Professor T Davis, Nottingham; Miss A Karantana, Nottingham (Senior)

16:23 A Modified Technique of Extensor Carpi Radialis Longus Tenodesis for Geissler Grade 2 Scapholunate Dissociation: Surgical Techniques and Results Mr A Stone, Chertsey, Surrey (Presenter); Dr Z Shahid, Chertsey, Surrey; Mr S Agarwal, Chertsey, Surrey, Miss T Sarkhel,

Chertsey, Surrey (Senior)

16:31 Quantification of the Dart-throwing Motion in Patients with Unilateral Wrist Injury

Miss V Vardakastani, London (Presenter); Miss J Chalmer, London; Dr a Kedgley, London (Senior)

- 16:40 Discussion
- 16:50 Refreshment Break (Victoria Room)
- 17:10 University Challenge (Albert Room) Mr Z Naqui, Manchester (Speaker)
- 17:55 Free Paper Winner announced and Close of Meeting (Albert Room) Mr D Shewring, Cardiff (Speaker), Mr J Rodrigues, Oxford (Speaker)
- 18:00 Drinks with Council (Victoria Room)

THURSDAY 11 OCTOBER

- 08:30 Registration and Refreshments (Foyer)
- **08:55** Welcome and Introduction (Mountbatten Room) President - Mr D Shewring, Cardiff
- 09:00 Free Papers (Parallel session) (Mountbatten Room) Chairs - Mr W Lam, Edinburgh & Mr Z Naqui, Manchester
 - 09:00 Single Cell Analysis of the Fibrotic Landscape in Dupuytren's Disease

Dr T Layton, Oxford (Presenter); Dr L Williams, Oxford; Ms M Cabrita, Oxford; Professor M Feldmann, Oxford; Professor D Furniss, Oxford; Professor J Nanchahal, Oxford (Senior)

- 09:07 Anti-Tumour Necrosis Factor Therapy for Dupuytren's Disease Professor J Nanchahal, Oxford (Presenter); Mrs C Ball, Oxford; Ms D Davison, Edinburgh; Mr N Cahoon, Edinburgh; Dr W Sones, Oxford; Dr L Williams, Oxford;Dr F McCann, Oxford; Dr J Swettenham, Oxford; Mrs S Dutton, Oxford; Professor S Lamb, Oxford
- 09:14 Classical Test Theory and Item Response Theory Validity of the PEM and URAM in Dupuytren's Disease: A Study using UK Hand Registry Data

Mr J Rodrigues, Oxford (Presenter); Mr R Poulter, Truro; Ms E Gibbons, Oxford; Professor A Price, Oxford; Professor C Jerosch-Herold, Norwich; Dr C Gibbons, Boston USA (Senior)

09:21 Pin Site Infections in Hand and Wrist Trauma - Can Dressings take the place of Prophylactic Antibiotics?

Mr R W Trickett, Cardiff (Presenter); Miss J Clutton, Cardiff; Mr K Wronka, Cardiff; Mr A Logan, Cardiff; Mr D Shewring, Cardiff; Miss T Wilkinson, Cardiff (Senior) 09:28 Does Revision Surgery signify Disease Persistence or Recurrence? A 19-year long Longtitudinal Cohort Study of 855,832 Carpal Tunnel Decompression Surgeries in England Miss J Lane, Oxford (Presenter); Mr R Craig, Oxford; Professor J Green, Oxford; Professor D Prieto-Alhambra, Oxford; Professor D Furniss, Oxford (Senior)

09:35 Is Carpal Tunnel Syndrome (CTS) Two Different Diseases? A Joint Analysis of 2 Longitudinal Cohort Studies from USA and England totalling 935,000 Cases

Miss J Lane, Oxford (Presenter); Mr R Craig, Oxford; Dr G Lalchandani, San Fransisco, USA; Professor D Prieto-Alhambra, Oxford; Professor J Green, Oxford; Professor P Rahgozar, San Fransisco, USA; Professor I Immerman, San Fransisco, USA; Professor D Furniss, Oxford (Senior)

- 09:42 Association between Neuropathic Pain Phenotype and Outcome of Carpal Tunnel Surgery (CTS) Ms D Kennedy, London (Presenter); Ms D Ridout, London; Mr S Hettiaratchy, London; Miss E Katsarma, London; Miss L Lysakova, London; Dr C Alexander, London; Professor A S C Rice, London (Senior)
- 09:49 Outcome of Tie-in Implant for Treatment after Failure of Primary Trapeziometacarpal Surgery Dr B Lallemand, Doha (Presenter); Dr D Cheval, Quimper; Dr C Camps, Luxembourg; Pr M Merle, Luxembourg; Dr T Jager, Luxembourg
- 09:56 Applying the Net Promoter Score to Common Hand Procedures: a New Definition of "Clinical Value" Mr P Stirling, Dunfermline (Presenter); Mr P Jenkins, Glasgow; Miss J McEachan, Dunfermline (Senior)
- 10:03 10-year Outcome Data for Costo-osteochondral Grafts in Salvage of the Proximal Pole of the Scaphoid Mr C Bain, London (Presenter); Mr S Tham, Melbourne (Senior); Mr D McCombe, Melbourne; Mr A Berger, Melbourne

- 10:10 Management of Suspected Scaphoid Fractures in 22 UK Centres Professor T Davis, Nottingham (Presenter); BSSH Suspected Scaphoid Fracture Group
- 10:17 Comparison of Radiotherapy vs. Non-operative Management in Early Dupuytren's: A Pilot Study M Mughal, London; I King, London (Presenter); R Staruch, London; J Glees, London; Mr A Fleming, London (Senior)
- 09:20 PROMs What are they and why we need them (Parallel Session) (Albert Room) Chair - Mr D Warwick, Southampton
 - 09:20 Introduction Mr D Warwick, Southampton
 - 09:25 ICHOM What is it and why are BSSH contributing? Mr R Trickett, Cardiff
 - 09:35 Site-Specific Patient-Reported Outcome Measures for Hand Conditions: a Systematic Review of their Development and Psychometric Properties Mr J Wormald, London
 - 09:45 BSSH Hand Registry Mr R Poulter, Truro
 - 09:55 How we can use the BSSH Audit registry to Counteract the Debasing Term 'Procedures of Limited Clinical Value' Mr J Rodrigues, Oxford
 - 10:05 Future Directions Mr D Warwick, Southampton
 - 10:10 Discussion
- 09:20 DISC Principal Investigator Meeting (Parallel Session) (Wesley Room) Chair - Professor J Dias, Leicester; Ms S Gascoyne, York; Mr P Tharmanathan, York

- 10:25 Update ICHS (Mountbatten Room) Mr L Muir, Manchester
- 10:30 Refreshment Break and Exhibition (Cambridge Room)
- 11:00 Dupuytren's Disease: The Truth, the Whole Truth and Nothing but the Truth... (Mountbatten Room) Chair - Mr T Davis, Nottingham

Introduction Ms C Leclercq: Le Baron - Une petite Biographie

Panel

Mr R Giunta, Munich; Ms C Leclercq, Paris; Mr J Haeney, Hull; Mr R Shaffer, Guildford

- 12:30 BSSH Session (Mountbatten Room)
 - 12:30 BSSH Census 2018 Mr A Platt, Hull
 - 12:37 Report: Stack Fellowship Mr CY Ng, Wrightington
 - 12:45 Invited Lecture: 'The BSSH Coat of Arms' Mr S Knight, Leeds
- 13:00 Lunch and Exhibition (Cambridge Room)
- 14:00 Hand Transplantation and the UK Experience (Mountbatten Room) Chair - Prof S Kay, Leeds
 - 14:00 The UK Hand Transplantation Programme from Start to the Current Time and on into the Future Ms S Taplin, Wigan
 - 14:10 The Complexities of Indications and Decision Making in Hand Transplantation Professor S Kay, Leeds

- 14:35 The Outcomes so far in Leeds and their Influence on Future Activity Mr D Wilks, Leeds
- 14:50 Questions and Discussion
- 15:00 Invited Lecture '10 Years after the First Global Double Arm Transplantation in Munich' (Mountbatten Room) Mr R Giunta, Munich
- 15:20 Update Research Committee (Mountbatten Room) Prof T Davis, Nottingham
- 15:30 Refreshments and Exhibition (Cambridge Room)
- 16:00 The Harold Bolton Lecture: Teaching and Learning Musculoskeletal Anatomy through the Ages (Mountbatten Room) Dr R Meals, Los Angeles (Speaker)

17:00 BSSH AGM (Mountbatten Room)

During this session, awards will be presented to those candidates who have recently passed the BSSH Hand Diploma Examination

FRIDAY 12 OCTOBER

- 08:00 Registration and Refreshments (Foyer)
- 08:30 Introduction (Mountbatten Room) President - Mr D Shewring, Cardiff
- **08:35** Free Papers Bell Session (Parallel session) (Mountbatten Room) Chairs - Mr R Trickett, Cardiff & Mr H Dafydd, Swansea
 - 08:35 Does the Radiation Dose Delivered to the Patient Increase when Different Objects are in the Mini C-arm Field? Mr R Fawdington, Birmingham (Presenter); Dr A Jester, Birmingham (Senior); Mr S Al-Ani, Birmingham; Mrs K Hodgson, Birmingham
 - 08:39 Targeting Endogenous Stem Cells to promote Tissue Regeneration

Professor J Nanchahal, Oxford (Presenter); Dr G Lee, Oxford; Dr A I Espirito Santo, Oxford; Dr S Zwingenberger, Dresden; Mr L Cai, Sydney; Professor T Vogl, Muenster; Professor N Horwood, Oxford; Professor M Feldmann, Oxford; Mr J Chan, Oxford

08:43 Radial Dysplasia; Intrinsic Changes in the Soft Tissues and their Effect on Disease Progression

Mr G R F Murphy, London (Presenter); Mr B Sivakumar, London; Miss G Smith, London; Professor M Logan, London (Senior)

08:47 Danger Zones for Nerve Injuries in Percutaneous Needle Fasciotomy

Mr A Williamson, Livingston (Presenter); Mr L Lancerotto, Livingston; Mrs D Davidson, Livingston (Senior)

08:51 Brachial plexus Injury as a Complication of Anterior Shoulder Dislocation is associated with Long Term Functional Deficits Mr R Jordan, Leeds (Presenter); Ms S Oxley, Leeds; Mr R Wade, Leeds; Mr R Bains, Leeds; Ms G Bourke, Leeds (Senior) 08:55 Iatrogenous Nerve Palsies: Delay in Referral remains an Issue

Mr C Y Ng, Wrightington (Presenter); Mr A Fowler, Wrightington; Mr J Singh, Wrightington; Mr S Akhtar, Wrightington

08:59 AVANCE Processed Nerve Allograft Nerve Reconstruction of Digital Neuromata

> Miss K Dickson, Birmingham (Presenter); Mr P Jordaan, Birmingham; Mr D Power, Birmingham (Senior)

09:03 A Genetic Risk Score predicts the Need for Surgery in Carpal Tunnel Syndrome

> Mr A Wiberg, Oxford (Presenter); Mr M Ng, Oxford; Professor A Schmid, Oxford; Dr G Baskozos, Oxford; Professor D Bennett, Oxford; Professor D Furniss, Oxford (Senior)

09:07 Paediatric Spasticity Surgery for Cerebral Palsy: 7 years of Experience at a Tertiary Centre

> Mr A Bolt, Oswestry (Presenter); Miss S Sajid, Oswestry; Mr R Freeman, Oswestry; Mr D Ford, Oswestry; Mr S Pickard, Oswestry (Senior)

09:11 Selective Peripheral Neurectomy in the Management of Paediatric Upper Limb Spasticity

> Mr A Berg, Manchester (Presenter); Ms R Smith, Manchester; Ms L Stanfield, Manchester; Mr M Nixon, Manchester (Senior)

09:15 Assessment of the Usefulness of 3D-printed Anatomically Accurate Models in Improving Patient Understanding of Common Hand Conditions

Mr L Dingle, Edinburgh (Presenter); Mr R Cheung, Edinburgh; Miss K Baweja, Edinburgh; Mr S Dhumale, Edinburgh; Mr W Lam, Edinburgh (Senior)

09:19 Discussion

09:33 Disposable Packs and Plastic Waste in Hand Surgery : A National Survey

Dr M Gallagher, London (Presenter); Miss J Radford, London; Mr T Welman, London; Miss S Tolerton, London; Mr M Horwitz, London (Senior) 09:37 Is MRI Better than CT in the Diagnosis of Occult Wrist Fractures?

> Miss S Fullilove, Plymouth (Presenter); Dr P Suresh, Plymouth (Senior); Dr T Luff, Plymouth; Dr T Ninan, Plymouth; Dr A Sahu, Plymouth

09:41 Outcomes of Distal Radial Fracture Dorsal Bridging Plate as a Salvage Procedure

Ms R Begum, Chelmsford (Presenter); Mr H Lyall, Chelmsford; Mr J Auyeung, Durham (Senior)

- 09:45 Our Consent Process for Distal Radius Fractures is Negligent Mr J Ochiltree, Southampton (Presenter); Professor D Warwick, Southampton (Senior)
- 09:49 Distal Radial Fracture Management Pathway in the over 70's Miss C Spolton-Dean, Yeovil (Presenter); Mr C Hoare, Yeovil (Senior); Mr O Donaldson, Yeovil
- 09:53 Perilunate Injuries: The Norwich and Cambridge Experience Mr A Rooney, Bury St Edmunds (Presenter); Miss M Ricketts, Norwich; Mr P Johnston, Cambridge; Mr A Chojnowski, Norwich (Senior)
- 09:57 The Minimum Clinically Important Different of the DASH, PEM and PRWE in Distal Radius Fractures

Mr T Coughlin, Nottingham (Presenter); Mr B Ollivere, Nottingham; Miss J Nightingale, Nottingham; Professor T Davis, Nottingham; Professor B Scammell, Nottingham; Mr R Trickett, Cardiff (Senior)

10:01 Management of the Distal Radioulnar Joint in Total Wrist Arthroplasty

Dr M Karbowiak, Guildford (Presenter); Mr T Holme, London; Mr A Mohan, London; Professor I Trail, Wrightington (Senior)

10:05 Wrist Arthroscopy as a Decision-making Tool in the Treatment of Scaphoid Delayed and Nonunions

Mr C Y Ng, Wrightington (Presenter); Mr F Wu, Wrightington; Mr B Liu, Beijing

	10:09	Arthriti	e of Resurfacing Capitate Pyrocarbon Implant for s of the Wrist: a 35 case series urier, Paris (Presenter); Dr Kopel, Paris
	10:13	Best Fr	ee Paper from Trainee Day
	10:17	Discuss	sion
08:45			n (Parallel Session) (Albert Room) Igson, Bolton
	08:45	Opport	as Work: Principles, Lessons Learnt and Future unities odgson, Bolton
	09:00	Typical	Projects
		09:00	Sudan Mr D Bell, Manchester
		09:05	Myanmar Mr A Barabas, Peterborough
		09:10	The Trainee Perspective Mr A Nicholls, Southampton
		09:15	Developing an Educational Resource Mr W Lam, Edinburgh
		09:25	What we Bring, What we Take Ms C Leclercq, Paris
		09:35	Discussion
09:45			ommittee Session (Albert Room) iss J Arrowsmith, Derby
	09:50		Want or Need a National Hand Trauma Network? ettiaratchy, London
	10:00	Injury F	aper Cuts to Replantations: Regaining Control of Hand Referrals Jucker, Oxford

- 10:10 The Triage App; Assisting the Process through Technology and accessible Educational Resources Ms R Morhij, Oxford
- 10:15 Can we ever prevent Hand Injuries? Mr I Mcnab, Oxford
- 10:25 Update: Training & Education Committee (Mountbatten Room) Mr D Brown, Liverpool
- 10:30 Refreshments and Exhibition (Cambridge Room)
- 11:00 Symposium: Hand Surgery in the Military Setting (Mountbatten Room) Chairs - Mr R Dunn, Salisbury & Surgeon Captain S A Stapley RAMC, Portsmouth
 - 11:00 Life without Limbs without Limits Mr J White, Exeter
 - 11:15 Hand Surgery at Camp Bastion Lt Col K Brown, Derby
 - 11:30 Upper Limb Amputations and Military Hand Injuries: The Birmingham Experience Mr D Roberts, Portsmouth
 - 11:45 Secondary Surgery for Military Hand Injuries Mr R Dunn, Salisbury
 - 12:00 Military Rehabilitation Colonel R Philip OBE L/RAMC, Leatherhead
- 12:15 Invited Lecture - "The Hands of Leonardo da Vinci" (Mountbatten Room)

Introduction: President - Mr D Shewring, Cardiff Mr G Rooker, Cheltenham (Speaker)

- 12:45 Presentation of Vivien Lees Gold Medal Mr A Logan, Norwich (Presenter)
- 12:50 Lunch and Exhibition

- 13:45 Invited Lecture: "Is Evidence Based Medicine misleading us?" (Mountbatten Room) Mr J Field, Cheltenham
- 14:05 What I've Learned Since I Finished Training (Mountbatten Room) Chair - Mr G Giddins, Bath & Mr R Meals, Los Angeles (Speaker)
- 14:30 Should we or shouldn't we be... (Mountbatten Room) Chair - Mr D Warwick, Southampton
 - 1)... repairing divided Digital Nerves in Adults?Against: Mr G Giddins, BathFor: Mr H Giele, Oxford
 - 2)... performing Capsular Shrinkage of Inter-Carpal Ligaments?Against: Mr N Downing, NottsFor: Mr D Hargreaves, Southampton
- 15:20 Induction of President for 2019 (Mountbatten Room) Mr D Newington, Swansea & Mr D Warwick, Southampton
- **15:35** My Current Technique and Rationale (Mountbatten Room) Chair - Mr D Newington, Swansea
 - **15:40** Dermofasciectomy Ms C Leclercq, Paris
 - 15:55 Skin Loss at the Tip of the Thumb Mr D Boyce, Swansea
 - 16:10 Dorsal Approach for PIPJ Arthroplasty Mr D Newington, Swansea
 - 16:25 Discussion
- 16:35 Finish

POSTERS

Posters will be available to view throughout the conference

- P1 Point of Technique: Which Henry Approach for the Supinator Branch to **Posterior Interosseous Nerve Transfer?** Mr Ali Arnaout [Presenter], Miss Rebecca Shirley, Mr Tony Heywood [Senior] P2 A Prospective, Multicentre Clinical Trial to Assess Safety and Efficacy of a Synthetic Cartilage Implant for Treatment of Eaton-Littler Stage II/ III First CMC Joint Osteoarthritis: Cartiva GRIP Trial Professor L Christopher Bainbridge [Presenter], Mr Philip Sauvé, Mr Sanjay Miranda, Dr Paul Binhammer, Professor Grey Giddins, Mr David Lawrie, Dr Andrew Trenholm, Dr Erin Brown [Senior] **P3** Pedicled Iliac Bone Flap for Reconstruction of Mutilated Hands. Two case reports Miss Varvara Bashkirova [Presenter], Miss Katerina Anesti [Senior] P4 Poster withdrawn P5 Chronic Pain post Trapezectomy - Does Regional Anaesthesia Help? Miss Mehar Chawla [Presenter], Mr Adrian Chojnowski [Senior] **P6** Distraction Osteogenesis following Collapse of Metacarpal after MCP Joint Replacement in Dual Pathology of Rheumatoid Arthritis & Dupuytren's Disease Ms Roxana Chiru [Presenter], Mr Ali Yousif, Ms Jill Southerden, Professor Sandip Hindocha [Senior] P7 A Novel DRUJ-sparing Physiolysis Technique for the Correction of Painful Madelung's Deformity of the Wrist in a Skeletally Immature Patient Dr Sophie Dodd [Presenter], Miss. Neela Glynn, Mr Robert Macfarlane, Mr Roger Walton [Senior]
- P8 Rock, paper, scissors, OK? Using Games to Help Improve Neurovascular Status Documentation in Children with Upper Limb Injuries

Dr Sarah Edwards [Presenter] [Senior], Dr Hannah Lock

- P9 An Improved Elson's Test for Central Slip Injuries Mr Ross Alexander Fawdington [Presenter], Mr Garth Titley [Senior]
- P10 PyroCarbon versus Swanson Proximal Interphalangeal Joint Replacement: a Retrospective Analysis Dr Joaquim Goffin [Presenter], Mr Alex Lambah [Senior]
- P11 Information Technology and Clinical Cohesion: Delivering Improved Patient Care for Hand Fractures

Dr Oliver Goulden [Presenter], Mrs Samantha Perkins, Mr Simon Tan [Senior]

P12 Audit of MRI Waiting Times for Occult Scaphoid Fractures and Usefullness in Clinical Practice

Mr Louis Hainsworth [Presenter], Mr Alasdair Bott, Miss Joanna Maggs, Mr Andrew Clarke [Senior]

- P13 Poster withdrawn
- P14 The Wide Awake Approach to Hand Surgery in the NHS: Creating a Walk About Pathway for Efficiency in Clinical Care and Improved Health Care Economics

Professor Sandip Hindocha [Presenter] [Senior], Dr Abhay Vaidya, Mr Ali Yousif, Ms Kerry Muggesson, Ms Roxana Chiru

P15 Single or Double V-flap as Optimisation of Direct-flow Homodigital Island Flap – Anatomical Study

Dr Thomas Jager [Presenter] [Senior], Dr Joao Paulo Mussi, Dr Alexandre Durand, Dr Christophe Camps, Dr Andrea Falcone, Dr Germain Pomares

P16 Are Radiographic Measurements of Step and Gap in Intra-articular Distal Radius Fractures Reliable and Reproducible?

Dr Neville Mamoowala [Presenter], Mr Nick Johnson [Senior], Mr Euan Stirling, Dr Nalin Natarajan, Professor Joseph Dias

P17 When do Patients Return to Different Types of Work after Carpal Tunnel Release? A Systematic Review

Ms Lisa Newington [Presenter], Mr Martin Stevens, Professor David Warwick, Professor Jo Adams, Professor Karen Walker-Bone [Senior]

P18 In Vitro Biomechanical Comparison of Side to Side Repair versus Pulvertaft Weave using a Standardised Suture Technique Mr Alex Nicholls [Presenter], Dr Maryam Seyedabadi, Mr David Bruce,

Dr Tian Wang, Dr Matthew Pelletier, Dr Sean Nicklin, Professor William Walsh [Senior] P19 Should We Be Imaging Soft Tissue Masses in the Hand? Miss Agata Plonczak [Presenter], Miss Kanchana Niruttan, Mr Shehan Hettiaratchy, Mr Matthew Ives, Mr Graham Lawton, Mr Jon Simmons, Professor Abhilash Jain [Senior]

P20 Assessing Operative Training Opportunities in Hand Surgery for Core Surgical Trainees in a Plastic Surgery Trauma Clinic, and the Impact of Expanding Specialty Cross Cover Dr Natalie Roberts [Presenter], Ms Kirsty Smith, Mr Richard Pinder [Senior]

P21 Chicken or the Thumb? Comparing Chicken Thigh Bones to Human Metacarpals

Miss Nastaran Sargazi [Presenter], Mr Graham Cheung [Senior], Dr Y Oskrochi, Mr B Rai, Mr J Houghton, Mr Daniel Brown

- P22 A Multicentre Collaborative Audit Of Distal Radius Fracture Management – Is Compliance With National Guidelines Achievable? Mr Daniel Shaerf [Presenter], Dr Emily Duggan, Mr Maxim Horwitz [Senior], Mr Timothy Halsey, Mr Mark Middleton, Mr Magnus Arnander, Mr Neil Chotai, Mr James Barnett, Mr Alisdair Felstead, Miss Rebecca Owens
- P23 Does Extensor Retinaculum Excision affect Wrist Muscle Forces? An Active Wrist Simulator Study Dr Darshan Shah [Presenter], Ms Claire Middleton, Ms Sabahat Gurdezi,

Mr Maxim Horwitz, Dr Angela Kedgley [Senior]

P24 Scaphoid Excision and Four Corner Partial Wrist Fusion Using the 4-Fusion Memory Staple

Mr Rohit A Singh [Presenter], Miss Aparna Viswanath, Mr Sharier Sarker, Mr Adrian Chojnowski [Senior]

- **P25** Rheumatology Perspective of Hand Surgery for Rheumatoid Arthritis Mr Rohit A Singh [Presenter], Dr Karl Gaffney, Mr Adrian Chojnowski [Senior]
- P26 Avocado Hand Injuries Demographics and Injury Pattern in UK Mr Rohit A Singh [Presenter], Mr James Gill, Mr Adrian Chojnowski [Senior]

P27 Antibiotic use in Hand Trauma

Miss Sahiba Singh [Presenter], Miss Rachael Harrison, Miss Luting Xu, Mr Diaa Othman, Mr Robert Bains, Miss Catherine Hernon [Senior]

P28 Human Bite: Blood-Borne Virus Compliance

Dr Alastair Stephens [Presenter], Dr Deepak Menon, Mr Ali Arnaout [Senior] P29 ARPE Arthroplasty vs Trapeziectomy for the Treatment of Thumb Carpometacarpal Joint Osteoarthritis

Miss Kirsten Taylor [Presenter], Mr Najab Ellahee [Senior], Mr R Sharma, Mr R Mansouri, Mr J Craik

P30 Case Report: Neutrophilic Dermatosis of Dorsal Hand (NDDH) – Close Misdiagnosis!

Dr Fanny Ti [Presenter], Mr Metin Nizamoglu, Mr Wareth Maamoun [Senior]

P31 Isolated Tuberculosis of Upper extremity: A New Emergence or a Late Presentation?

Dr. Saif Ur Rehman [Presenter], Dr Sheraz Raza [Senior]

- P32Hydrogen Peroxide in Hand Surgery: Too Dilute to dilute?Mr Ted Welman [Presenter], Dr Andrew McKean, Miss Jana Torres-Grau,
Mr Tomas Tickunas, Mr Gordon McArthur [Senior]
- P33 Patient Satisfaction after Ulnar Nerve Decompression for Cubital Tunnel Syndrome

Mr Thomas Yeoman [Presenter], Ms Alexandra Lowdon , Mr Paul Jenkins, Ms Jane McEachan [Senior]

Abstract eBook

The abstract e-book containing all abstracts from the 2018 BSSH Autumn Scientific Meeting can be found at www.bssh.ac.uk within the 'Programme' tab of the Autumn Meeting section.

EXHIBITOR FLOOR PLAN



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EXHIBITORS

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ACUMED LTD (Stand 1) Huebner House, The Fairground, Weyhill, Hants SP11 0QN, Telephone: 01264 774450 Email: customerservices@acumed.uk.com

Acumed is a global leader in developing innovative orthopaedic and medical solutions to improve patient care. Acumed has more than two decades of experience in the orthopaedic industry, staying true to the Acumed mission of aiding the afflicted through the ingenuity of our minds, the labour of our hands and the compassion of our hearts.

Acumed delivers industry leading medical implants alongside an extensive medical professional education programme dedicated to improving patient outcome in surgery.



ARTHREX LTD (Stand 9) Unit 5, 3 Smithy Wood Business Park, Sheffield, S35 1QN Telephone: 01142 329 180 Email: info@arthrex.co.uk Twitter/Instagram: @Arthrex

Arthrex is a global medical device company and leader in new product development and medical education in orthopaedics. With a corporate mission of helping surgeons treat their patients better, Arthrex has pioneered the field of arthroscopy and developed more than 12,500 innovative products and surgical procedures to advance orthopaedics worldwide. Arthrex is proud to support the BSSH Autumn Scientific Meeting in London this year. Please visit our stand to see how Arthrex is positioned to "help you treat your patients better".



AKCEA THERAPEUTICS UK LTD (Stand 8) Regus Building Wellington Way, Weybridge, Surrey KT13 0TT Telephone: 07384 815 467 Email: spowell@akceatx.com

Akcea Therapeutics is a biotechnology pharmaceutical company focused on transforming treatments & lives of people living with serious and rare genetic disorders. Akcea is derived from the Greek word for value and worth. Our name supports our mission in the value we are creating for physicians, patients and their families, and other key stakeholders as we seek to commercialize a robust portfolio of development-stage, advanced, antisense therapies.



ATHRODAX HEALTHCARE INTERNATIONAL LTD (Stand 12) Hawthorn Business Park, Drybrook, Gloucestershire GL17 9HP Telephone: 01594 544 440 Email: sales@athrodax.co.uk

With over 40 year's involvement in orthopaedics, our long & successful pedigree is unusual in this constantly changing market.

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BIOVATION UK LTD(Stand 18) Redlands Business Centre, 3 - 5 Tapton House Road Sheffield S10 5BY Telephone: 0114 399 2990 Email: info@bio-vation.co.uk

Biovation UK Ltd presents **Cartiva® SCI** a unique cartilage replacement technology that following on from the largest, multi-centre, randomized clinical study of the MTP joint to date revolutionizing the treatment of osteoarthritis in the foot, is now available for the treatment of CMC Joint Arthritis. Made from PVA, Cartiva® SCI maintains the normal anatomy by sparing the trapezium and preserving joint height contributing to improved key pinch, tip pinch and grip.

Visit our stand or email: info@bio-vation.co.uk for more information

BSSH

The British Society for Surgery of the Hand BSSH HAND REGISTRY (Stand 20) Royal College of Surgeons of England, 35 - 43 Lincoln's Inn Fields London WC2A 3PE Telephone: 0207 8315 162 Email: sharon.ross@bssh.ac.uk

BSSH has developed a web-based hand surgery audit tool and employs a full-time Database Administrator to undertake most of the data collection and entry.

The audit tool will allow surgeons to audit their outcomes with minimal effort and compare their own results with the aggregated results from all BSSH members. Surgeons are encouraged to use their outcome data to inform their own appraisal and continuing professional development. This resource is available, free of charge, to all BSSH Full and Associate members.



HOSPITAL INNOVATIONS (Stand 4) Concept House, Talbot Green Business Park, Pontyclun, Wales CF72 9FG Telephone: 01443 719 555 Email: info@hospitalinnovations.co.uk

Since 2008, Hospital Innovations has been supplying a growing range of specialist products for use in orthopaedic and corrective surgery. We are a Human Tissue Authority (HTA) licensed establishment, working in partnership with four of the world's leading tissue banks.

Our nerve repair portfolio provides healthcare professionals with a solution to repairing and protecting peripheral nerve discontinuities. This portfolio includes three specialised products; the Avance® Nerve Graft; the only commercially available processed human nerve allograft for bridging transected nerves without the comorbidities associated with a secondary surgical site, the AxoGuard® Connector; a porcine small intestinal submucosa extracellular matrix coaptation aid for tensionless repair of transected nerves and the AxoGuard® Protector; a porcine small intestinal submucosa extracellular matrix wrap used to protect injured peripheral nerves, reinforce a reconstruction site and prevent soft tissue attachments.



INDIGO INDEMNITY (Stand 22) Park House, 45 The Park, Yeovil, Somerset BA20 1DF Telephone: 0333 241 3025 Email: info@indigoindemnity.com

Indigo protects surgeons, anaesthetists, gynaecologists, physicians, radiologists, and all other hospital doctors and dentists

Indigo is a novel medical indemnity scheme for the surgical community developed by a practising senior surgical trainer collaborating with expert insurance professionals to meticulously research the market to find a suitable Insurer to meet the individual clinician's needs.



INTEGRA (Stand 10) West Wing 2nd Floor, Kingsgate House, Newbury Road, Andover, Hampshire SP10 4DU Telephone: 01380 734 990 Email: Csuk.ortho@integralife.com

Integra Life Sciences, a world leader in medical technology, is dedicated to limiting uncertainty for surgeons.

By using innovative materials, such as highly wear resistant PyroCarbon, for MCP, PIP, CMC joint and radial head replacement, and state of the art designs such as the Freedom wrist, developed from the successful Uni 2, Integra offers the orthopaedic extremity surgeon a wide range of solutions to upper limb problems.

Please visit us during the meeting and learn more about our exciting products and to enquire about our upcoming courses.



LEDA ORTHOPAEDICS (Stand 2) Wyboston Lakes Knowledge Centre, MK44 3BY Telephone: 01480 479 401 Email: sales@ledaortho.com

LEDA are an independently run, British orthopaedic company. At this year's BSSH conference, it gives us great pleasure to introduce two new products to the UK market from specialist hand-surgery manufactuer Keri Medical: the TOUCH® CMCJ dual-mobility prosthesis and the REAXON® chitosan nerve guide. Please visit our booth to learn more.

We are also proud to be the UK distributors of Skeletal Dynamics (upper limb trauma including the Geminus Distal Radius system), OsteoMed (HPS hand plating and cannulated screw system), Ortholove patient positioners and BonAlive Bioactive Glass.



LAVENDER MEDICAL LIMITED (Stand 13) Unit 4, Niall House, 24-26 Boulton Rd Stevenage, SG1 4QT Telephone: 08456 769 733 Email: info@lavendermedical.com

Lavender Medical specialise in supplying innovative osteosynthesis products to the orthopaedic community with a particular emphasis on extremities market. The company represents a number of leading research-focused manufacturers from Europe and the rest of the world to bring the latest technology and techniques available in the field of fracture fixation to the United Kingdom. Lavender Medical has a full range of innovative hand fusion devices for PIPJ, MCP and Carpal Fusions.



MEDARTIS LTD (Stand 5) 17a Christopher's Way, Pride Park, Derby DE24 8JY Telephone: 01924 476 699 Email: mai.widdowson@medartis.com

PRECISION IN FIXATION

Medartis develops, manufactures and sells titanium screws, plates, surgical instruments and system solutions for fracture fixation. These implants allow for patient rehabilitation after surgical reconstruction of fractures, malunions and deformities or skeletal diseases and their adjacent soft tissues. Medartis is represented worldwide through its subsidiaries and a broad distributor network. Our motto is "Precision in Fixation". The goal of Medartis is to continually improve early functional rehabilitation through our high-quality products and exclusively developed technologies.



MEDIRACER UK LTD (Stand 7) Innovation Centre, Gallows Hill, Warwick CV34 6UW Telephone: 07769221247 Email: info@mediracer.co.uk

Mediracer® NCS provides fast and reliable assessment and verification for peripheral neuropathies, mainly carpal tunnel syndrome. A simple electrodiagnostic examination before and after surgery brings added assurance for treatment outcome evaluation. New Mediracer software, together with a new remote analysis solution, introduces more extensive neuropathy examinations with extended and diverse reporting features and simplified and instructional user experience, and enables remote interpretation for neurophysiologists locally. More information www. mediracer.com or by email info@mediracer.co.uk



OSTEOTEC LTD (Stand 16) 9 Silver Business Park, Airfield Way, Christchurch, BH23 3TA Telephone: 01202 487 885 Email: sales@osteotec.co.uk

Osteotec distributes an extensive range of devices supporting hand and upper limb surgeons in both trauma and elective surgery. Elective, trauma and reconstructive solutions are provided by:

Trimed: Ulna osteotomy, wrist fusion and reconstructive devices.

- Arex: With Ligamentotaxor, silicone tendon spacer and cannulated screws.
- Osteotec: Also manufactures its own range of products, including the silicone MCP and PIP finger joints, CBG bone harvesting instruments, Stanley wrist fusion pin and Osteo-X mini fixator.



ORASCOPTIC (Stand 11) 3225 Deming Way, Suite 190 Middleton, Wisconsin 53562 United States Telephone: 01733 315 203 Email: michael.reichel@orascoptic.com

Founded in 1981, Orascoptic has been a pioneer in the medical industry for over 30 years, designing award-winning surgical loupes and surgical headlights.

With a legacy of advanced product performance and clinician-first features, we continue to set the benchmark for quality craftsmanship, innovation and durability.

Each of our loupes is handmade with meticulous precision and customised to the individual user's facial geometry, ensuring optimal resolution across the widest and deepest viewing field.

As we continue to grow, we are focused on innovation and continually delivering game-changing technology that shatters the status quo.

OXFORD UNIVERSITY PRESS OXFORD UNIVERSITY PRESS (Stand 21) Great Clarendon St, Oxford OX2 6DP Telephone: 01865 556 767 Email: webenquiry.uk@oup.com

The Oxford Specialist Handbook of Hand Surgery has been produced with the support of many BSSH contributors and edited by BSSH members David Warwick and Rod Dunn.

All proceeds from this book go to the following charities:

- Help for Heroes www.helpforheroes.org.uk
- Trinity Winchester www.trinitywinchester.org.uk

Purchase the book now from Oxford University Press using the online discount code: AMPROMD9



MERCIAN SURGICAL SUPPY CO LTD (Stand 15) 10 Topaz Business Park, Topaz Way, Bromsgrove, Worcester B61 OGD Telephone: 0844 879 1133 Email: info@merciansurgical.com

Mercian are celebrating 50 years this year as the UK's leading supplier of quality Hand Surgery instruments including a comprehensive programme of microsurgery instruments.

Quality, precision, specialisation and service are the cornerstones of our company philosophy. Mercian Hand Surgery instruments are the preferred choice of Surgeons and used in leading centres throughout the UK.

We will be showing at the meeting:

- The original Acland Micro Vessel Clamps
- Our Digiband finger tourniquets
- Our Hand Surgery Intrument Set
- S&T Micro Sutures
- A complete range of S&T Micro Surgery Instrumentation



SAGE PUBLISHING (Stand 19) 1 Oliver's Yard, 55 City Road, London EC1Y 1SP Telephone: 020 7324 8500 Email: market@sagepub.co.uk

Sara Miller McCune founded SAGE Publishing in 1965 to support the dissemination of usable knowledge and educate a global community. SAGE publishes more than 1,000 journals and over 800 new books each year, spanning a wide range of subject areas. Our growing selection of library products includes archives, data, case studies and video. SAGE remains majority owned by our founder and after her lifetime will become owned by a charitable trust that secures the company's continued independence. Principal offices are located in Los Angeles, London, New Delhi, Singapore, Washington DC and Melbourne. www.sagepublishing.com



SOBI LTD (Stand 6) Suite 2, Riverside 3, Granta Park, Great Abington, Cambridgeshire, CB21 6AD Telephone: 01223 891 854

Sobi is an international rare disease company dedicated to providing access to innovative treatments that make a significant difference for people with rare diseases. We have two business areas: Haemophilia and Specialty Care. Our research and product portfolio is primarily focused on haemophilia, inflammation, and genetic and metabolic diseases. The United Kingdom and Republic of Ireland team is based in Cambridge and have been rated as the best company in Haemophilia in the UK through an annual independent survey in 2016 and 2017 and one of the UK's great places to work in 2017.



SOVEREIGN MEDICAL LTD (Stand 3) Unit 16, M11 Business Link, Parsonage Lane, Stansted, Essex, CM24 8GF Telephone: 01279 816 167 Email: marketing@sovereignmedical.co.uk

Founded in 2000, Sovereign Medical Ltd has become one of the specialist suppliers of the most innovative and contemporary Orthopaedic products across the UK's Health sector. Over the past seventeen years, we have been recognised as one of the leading suppliers of hand, foot and ankle products. Working closely and keeping up to date with the world's top manufacturers of Orthopaedic products enables us to provide the best possible options for Surgeons. We have strong relationships with Novastep, KLS Martin, Groupe Lepine, BTI Biotechnology and Scaffdex. Sovereign Medical are exclusively the sole distributor of these products within the UK.



SURGICAL HOLDINGS (Stand 14) 7–9 Parkside Centre, Potters Way, Southend-on-Sea, Essex, SS2 5SJ Telephone: 01702 602 050 Email: info@surgicalholdings.co.uk

Surgical Holdings is a British specialised innovative manufacturer and repairer of high quality orthopaedic instruments and orthopaedic implants, established for 29 years in Southend-on-Sea. We are proud to be exhibiting at the BSSH for the second time, we have recently launched our Extremities catalogue and innovative new hand instrument sets, including Comfort Bow, Stevens Scissors, Osteotome and Gouge Sets, utilising unique modern designs. Surgical Holdings are able to bespoke manufacture and CE mark orthopaedic instruments. They will also be promoting the unique Low Profile retractor, single patient use from Symmetry Surgical.

Vertec

VERTEC SCIENTIFIC LTD (Stand 17) Unit 44, Easter Park, Benyon Road, Silchester Reading, RG7 2PQ Telephone: 01189 702 100 Email: sales@vertec.co.uk

Vertec Scientific is a leading distributor of world class imaging, including the UK's leading x-ray mini C-arm intraoperative system, the Hologic Fluoroscan InSight FD. Designed from the outset for the surgeon, InSight's flat detector system features superb, distortion-free, image quality via a 75 micron array and 2k x 1.5k resolution, ideal for small anatomy. To facilitate ease of use, InSight has easy positioning and distortion-free imaging with automatic motion and metal detection supported by touch screen operation.

INFORMATION

INFORMATION FOR DELEGATES VENUE INFORMATION

ADDRESS

Queen Elizabeth II Centre Broad Sanctuary Westminster London SW1P 3EE

REGISTRATION & INFORMATION DESK

The registration and information desk in the Foyer will be open at the following times:

Wednesday	11:30 - 18:00
Thursday	08:30 - 18:00
Friday	08:30 - 16:00

REGISTRATION

Online registration remains open until 18:00 on 12 October at the following rates:

	Whole Meeting	Day Rate
BSSH Full Members and Associates who are consultants	£320	£160
BSSH Associates who are Trainees and Companion Members	£195	£100
Hand Therapists	£195	£100
BSSH Honorary and Senior Members	£120	£60
Trainee Non-Members	£245	£125
Other Non-Members	£420	£210
Medical Students	£120	£60

TRADE EXHIBITION

The trade exhibition will be available to view throughout the conference in the Cambridge room on the 5th floor.

CATERING POINTS

Refreshments and lunch will be served in the Victoria room on Wednesday 10 October and in the Cambridge Room thereafter

WI-FI

Wi-Fi access is available throughout the venue. Please select 'QE II Guest'. No password is required

CLOAK ROOM

Cloak room facilities are available in the foyer on the ground floor

TAPING OF SESSIONS

Any videoing, photography and sound recording of the conference sessions is strictly forbidden, without prior written permission from the organising committee.

ABSTRACTS

Abstracts of all free papers and posters are available to view online – http://bssh.meeting.org.uk/programme.

CONFERENCE APP

Download the conference app via your device's app store – search for BSSH. The app provides the full programme, abstracts and speaker biographies in an easily accessible format that, once downloaded, can be used without a connection to the internet.

POSTER VIEWING

Poster viewing stations are available on the two main screens in the Cambridge room.

FUTURE MEETINGS

BSSH Spring Scientific Meeting, 25-26 April 2019, Swansea

The following CME points have been awarded for this meeting:

Wednesday (Trainee Day)5Thursday:6Friday:7Total: (excl. Trainee Day)13

SOCIETY DINNER

The Society Dinner will be held on Thursday 11 October at Banqueting House. A drinks reception will be held at 19:15, followed by dinner at 20:00.

ADDRESS

Banqueting House Whitehall Westminster, London SW1A 2ER

One complimentary ticket for the dinner is included in the registration fee for the whole meeting (except for Honorary and Senior Members, and medical students). Additional tickets can be purchased at £95 per ticket.

INFORMATION FOR PRESENTERS

Presenters are reminded to load presentations at least 30 minutes prior to the start of the session that you are speaking in.

All versions of Microsoft PowerPoint are supported. Presentation on Mac is also available, using PowerPoint.

If you have not sent your presentation in advance, you should provide your presentation on a USB storage device.

Presentation from personal laptop/macbook is not permitted.



Berlin Germany

17-21 June 2019



Building Bridges – Together Hand in Hand



BSSH The British Society for Surgery of the Hand

BSSH / BAHT Combined Spring Scientific Meeting 2019 Swansea University, Bay Campus Wales 25 - 26 April

Join us in next April for the BSSH Autumn Scientific Meeting in collaboration with the British Association of Hand Therapists, which will be held in the Great Hall at Swansea University, Bay Campus in Wales.

Registration for this event is now open and the abstract closing date is Friday 4 January at 12:00 noon. Further information on this event and how to register can be found in the events section of the BSSH website:

www.bssh.ac.uk/about/events



A number of you will know of me but for the benefit of those who don't, I would like to tell you a bit about myself. I qualified in Birmingham and joined the Royal Navy gaining invaluable experience during the Falklands conflict. On leaving the Navy, I completed specialty training in Plastic and Reconstructive Surgery and have been a Consultant at the Nottingham University Hospitals since 1994.

Over the last 9 years I have led the development of PRASIS, a specialty-specific mutual indemnity scheme for plastic surgeons, which is now the largest provider of indemnity for plastic surgeons undertaking private practice in the UK. Working alongside colleagues, I played a major role in the development of the Code of Practice, something I firmly believe has been an important part in making PRASIS the success it has become.

As Founding Chair of the JCST Training Interface Group in Reconstructive Cosmetic Surgery, I led the development of Interface Fellowships in Reconstructive Cosmetic Surgery. Following this, I spent 6 years as Educational Adviser for all of the JCST Training Interface Groups, with additional responsibilities in Hand, Head and Neck, Breast and Cleft Lip and Palate Surgery. In 2017 I was awarded a Lifetime Achievement Award by Health Education England (HEE) for excellence in Postgraduate Medical Education. It has been a privilege to work with like-minded colleagues in other specialties and contribute to significant developments in postaraduate training. I was particularly honoured by the recognition of my role in improving relationships and developing effective collaboration between our different specialties.

I have extensive experience both as an examiner and as an assessor of examiners for the Intercollegiate Specialty Examination in Plastic Surgery and am the external examiner for the University of Manchester MSc course on Ageing skin and Aesthetic Medicine. I am a member of a Nuffield Council on Bioethics Working Party dealing with Cosmetic Surgery which published a report **Cosmetic procedures: Ethical Issues** in June 2017 and was also an expert adviser to the GMC in developing **Good Practice in Cosmetic Surgery**.

I am currently Deputy President (President elect) of BAPRAS, a Council member of the BAAPS and a member of BSSH. I am also working with the FSSA to improve practice across all UK surgical specialties.

Building on these experiences, I have spent the last 2 years establishing and developing INDIGO in collaboration with trusted expert insurance professionals as an indemnity scheme to assist surgeons and clinicians in all specialties. This scheme is underwritten by Lloyds of London, an A rated insurance market providing equivalent cover to the Medical Defence Organisations and more but on a non discretionary contractual basis. My aim is to foster the development of best practice and to offer membership of a supportive clinical community while also providing the opportunity to obtain comprehensive indemnity cover at a competitive cost. Indigo will support its members and the medical profession as a whole by working with individuals and specialty associations to cultivate professional values and specialty-specific skills.

Whether you are in Private practice, NHS only or are a trainee, please consider joining our community by contacting Peter Spencer on 07971 214781 or another member of our team on 0333 241 3025.

Alternatively please register your interest at www.indigoindemnity.com



Mark Henley MB, ChB, FRCS (Ed), FRCS (Plast)



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To find out how INDIGO can help you, please call Peter Spencer on 07971 214781

or one of the team on 0333 241 3025 or register your interest at www.indigoindemnity.com

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BSSH

The British Society for Surgery of the Hand

> at the Royal College of Surgeons 35–43 Lincoln's Inn Fields London WC2A 3PE Tel: 020 7831 5162 Email: secretariat@bssh.ac.uk

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