

# BSSH/BAHT SPRING SCIENTIFIC MEETING

24-26 April 2019

Swansea University, Bay Campus



## BSSH

The British Society for  
Surgery of the Hand



The British  
Association  
of Hand  
Therapists



## THE BUILDING BLOCKS OF ORTHOPAEDICS

### TOUCH®

#### Dual mobility trapeziometacarpal prosthesis

- 7,000 implantations across >100 centres since July 2014
- Very low incidence of complications or dislocations
- Improved strength = high patient satisfaction
- Full cadaveric training programme



### REAXON®

#### REAXON® tubes promote nerve regrowth

- Made from CHITOSAN, not collagen
- Biodegradable
- Bioactive
- Biocompatible
- Antiadherent
- Antifungal and antibacterial
- Good tube integrity for 18 months (resorption at 2.5 years)

Visit us at  
**Stand 3**  
Great Hall  
Gallery



LEDA Orthopaedics exclusive distributor

[WWW.LEDAORTHO.COM](http://WWW.LEDAORTHO.COM)

Interested in these products call +44 (0) 1480 457222 or email [sales@ledaortho.com](mailto:sales@ledaortho.com)

# Contents

President's Welcome	4
Council & Executive Board	6

## Overview

Wednesday 24 April	8
Thursday 25 April	9
Friday 26 April	11

## Programme Section

Wednesday 24 April	14
Thursday 25 April	18
Friday 26 April	24
Posters	30
Floor Plan	37
Exhibitors	38
Information for Delegates	49
Autumn Scientific Meeting 2019	46

If referring to this event on Twitter, please tag  
@BSSHand  
@BAHThandtherapy

# Presidents' Welcome

## Welcome to Swansea! Croeso i Abertawe!

I am delighted to be hosting the Spring BSSH scientific meeting in my home town and workplace. I feel privileged to share this conference with Christy and the members of BAHT for our triennial get-together, and we've tried to accommodate a wide range of topics to suit all tastes.



Our international guest speakers are former presidents of their national societies with a vast knowledge and expertise of Hand Surgery and are sure to educate and entertain. Professor Neil Jones worked in Swansea at the start of his illustrious career and I am thrilled to be inviting him 'home'. Karsten Kroner has a more tenuous link to Swansea through a Danish King, Sweyn Forkbeard who gave the town its name in the 10th century – 'Sweyns ey'!

Professor Joe Dias needs no introduction and will deliver the Douglas Lamb Lecture, applying his wisdom and vast experience to 'The Distal Radius Fracture Story' – can't wait. I have also tried to showcase some of our local talent, and I'm grateful for their contributions on their specialist topics as they relate to the hand. I'm sure you'll find their lectures on ultrasound imaging, regional anaesthesia and hand burns stimulating and instructive.

I'm particularly looking forward to the sports injury rehabilitation session which features many of the leading therapists allied to a variety of sports and I'm grateful to Mike Hayton for organising it. Equally, the debate panel on CMCJ OA treatment dilemmas will no doubt stimulate and divide opinion, and I'm sure Nick Downing will skilfully orchestrate discussion.

It is very encouraging that we continue to receive a wealth of submissions for presentations and posters; I'm sure you'll support our trainees in the 'free paper' sessions and provide constructive appraisal and questions. Please also show your support and thanks to the industry representatives who support these meetings – visit the stands, and make them feel welcome.

Finally, I hope you enjoy your stay in my 'ugly lovely town' and use the opportunity to visit the stunning Gower peninsula and its beaches, meet old friends and make new ones. The dinner will facilitate, and is being held in the beautiful Brangwyn hall. A Welsh male voice choir will welcome you all and after dinner there is dancing to the 'Arrhythmics'.

**Dai Newington**  
**BSSH President**

I am honoured to welcome you all to the joint BSSH and BAHT triennial conference here in Swansea. I am proud of the very close and cohesive working relationship that BAHT and BSSH continue to have. The conference looks to showcase some fantastic collaborative working that has been occurring in the UK and give all delegates an opportunity to network and learn from each other.



I would like to take this opportunity to thank Mr Ian McNab who has been our honorary president for the past 3 years. He has been of tremendous support to BAHT and is a role model to all.

I hope you all enjoy the conference

**Christy Fowler**  
**Chair, BAHT**

# Council & Executive Board

## **BSSH Council**

Mr D P Newington, FRCS- President

Professor D Warwick, FRCS- Vice President

Mr D J Shewring, FRCS(Orth)- Immediate Past President

Mr J L Hobby, FRCS (Tr&Orth)- Honorary Secretary

Miss S Fullilove, FRCS- Honorary Treasurer

Miss M Birks, FRCS(Tr&Orth)- Council Member

Miss G Bourke, FRCS(Plast)- Council Member

Mr D E Boyce, FRCSI(Plast)- Council Member

Mr N Downing, FRCS(Orth)- Council Member

Mr W L Lam, FRCS- Council Member

Mr C Little, FRCS(Tr&Orth)- Council Member

Mr I S H McNab, FRCS(Orth)- Council Member

Mr Z Naqui, FRCS- Council Member

Mr C Y Ng, FRCS(Tr&Orth)- Council Member

Mr A Platt, FRCS(Plast)- Council Member

## **BAHT Executive Board**

Ms C Fowler- Chair

Ms H Smith- Vice Chair

Ms N Hern- Director of Advertising

Ms E Ibrahim- Treasurer

Ms L Topcuoglu- Director of Journal

Mr S Sterry- Secretary

Ms S Tompkins- Director of Social Media

# Overview

## Wednesday 24 April - Trainee Day

	Great Hall Galleries	Great Hall 014
11:30	Registration & Refreshments	
12:00		Introduction to Trainee Day
12:05		Free Papers
12:47		Guest Lecture - Time = Money = Stress
13:25		Mentoring scheme for surgeons
13:30	Lunch	
14:15		Guest Lectures - Optimising Yourself
15:30		Free Papers
15:51	Refreshments	
16:15		Guest Lectures - Crucial Interactions
17:10	Comfort Break	
17:15		Quiz
17:55		Announcement of winner of best paper
18:00	Drinks Reception	
19:00	Close	

## Thursday 25 April

	Great Hall Galleries	Sir Stanley Clarke Auditorium	Great Hall 043
<b>08:00</b>	Registration, refreshments & exhibitions		
<b>09:00</b>		Presidents' Welcome	
<b>09:05</b>		Free Papers	
<b>09:30</b>			
<b>10:30</b>	Refreshments & exhibitions		
<b>11:00</b>		Debate - Treatment dilemmas in patients with CMC joint OA	Guest Lecture - Strengthening in hand therapy
<b>12:00</b>		Guest Lectures - Regional anaesthesia in hand surgery	
<b>12:50</b>		Update - GIRFT	
<b>13:00</b>	Lunch, exhibitions & poster presentations		
<b>14:00</b>		Symposium - Getting game ready: what my sport demands of the hand	
<b>15:40</b>	Refreshments & Exhibition		

## Thursday 25 April

	Great Hall Galleries	Sir Stanley Clarke Auditorium	Great Hall 043
16:10		Guest Lecture - On the shoulders of giants: Advances in flexor tendon repair & healing	
16:50		Guest Lecture - The Viking hand	
17:10		BSSH Business Meeting (open to all BSSH members)	
18:10	Close		

## Friday 26 April

	Great Hall Galleries	Sir Stanley Clarke Auditorium	Great Hall 043
<b>08:00</b>	Registration, refreshments & exhibitions		
<b>08:30</b>		Free Papers	DISC PI Meeting
<b>10:30</b>	Refreshments & exhibitons		
<b>11:00</b>		Trauma app update	Panel discussion: How can hand societies maximise the benefits of their overseas work?
<b>11:08</b>		Winner - best free paper from trainee session	
<b>11:15</b>		Advances in imaging of the hand and wrist - practical demonstration	
<b>11:50</b>			Welcome to the UK Hand Registry
<b>12:00</b>			
<b>12:10</b>		Douglas Lamb Lecture - Back to the future: The distal radius fracture story	Guest Lecture - Manual muscle testing in upper brachial plexus injury
<b>12:30</b>			BAHT census results
<b>12:45</b>		Guest Lecture - The history of hand surgery in Wales	
<b>12:50</b>			BAHT Awards

## Friday 26 April

	Great Hall Galleries	Sir Stanley Clarke Auditorium	Great Hall 043
<b>13:00</b>	Lunch, exhibitions & poster presentations		SOBI - sponsored Symposium
<b>14:00</b>		Guest Lecture - Hand burns: Optimising outcomes	
<b>15:00</b>		Guest Lecture - Major hand trauma in children: Emergency treatment and secondary reconstruction	
<b>15:30</b>	Refreshment & exhibitions		
<b>16:00</b>		Guest Lectures - How I do it	
<b>17:00</b>	Close		

## PROMOTING THE USE OF REHABILITATION AND EARLY INTERVENTION

FIND US  
TODAY AT  
STAND 9

### ABOUT US:

- ✓ Enable Therapy Services is an independent, client focused company delivering the highest standard of Rehabilitation and Vocational Case Management services.
- ✓ We operate a UK wide network of HCPC registered Occupational Therapists, including BAHT accredited Hand Therapists.
- ✓ Conduct 100% Quality assured assessment reports, confidently demonstrating integrity and adherence to professional standards.
- ✓ Flexible approach enabling us to offer bespoke assessments to meet your client's needs and budget.



# Programme

Wednesday 24 April

**11:30** Registration & Refreshments (Great Hall Galleries)

## Trainee Day - "What they don't tell you in the books"

Great Hall 014

**Chairs** - Mr J Rodrigues, Ms L Newington

### **12:00** Introduction

Mr D Newington

## Free Papers

### **12:05** Prophylactic antibiotic use in surgery for Dupuytren's disease (PAiD survey)

Mr P Sinclair<sup>1</sup> (Presenter), Mr M Kadhum<sup>2</sup>, Miss C Middleton<sup>1</sup> (Senior), (<sup>1</sup>Reading, <sup>2</sup>Oxford)

### **12:12** The difference in pulp to palm contact and finger angulation between simultaneous and delayed little and ring finger flexion

Miss L Taylor (Presenter), Miss A Sharaf, Miss S Jivan, Mr S Southern (Senior), (Wakefield)

### **12:19** Classical test theory and item response theory validity of the PEM in hand trauma differs from its validity in Dupuytren's disease

Mr J Wormald<sup>1</sup> (Presenter), Mr J N Rodrigues<sup>1</sup>, Mr N Gape<sup>2</sup>, Dr C Gibbons<sup>3</sup>, Mr R Trickett<sup>2</sup> (Senior), (Oxford<sup>1</sup>, Cardiff<sup>2</sup>, Boston, USA<sup>3</sup>)

- 12:26 Scratch collapse test shows low accuracy after subjects mental conditioning**  
Ms E Ozyurekoglu (Presenter), Mr E D Smock (Senior), (Louisville, USA)
- 12:33 Do variations in local policies affect our understanding of epidemiology trends in hand surgery: comparing carpal tunnel decompression and basal thumb OA surgery**  
Miss K Smith<sup>1</sup> (Presenter), Miss J Lane<sup>2</sup>, Professor D Furniss<sup>2</sup>, Mr J Haeney<sup>1</sup> (Senior), (Hull<sup>1</sup>, Oxford<sup>2</sup>)
- 12:40 Podium to paper: can full text publication be predicted by analysing meeting abstracts?**  
Mr J S Logan<sup>1</sup> (Presenter), Mr M Ricks<sup>1</sup>, Dr R Ram<sup>2</sup>, Mr A Mumith<sup>1</sup>, Professor D Warwick<sup>1</sup>, (Senior), (<sup>1</sup>Southampton, <sup>2</sup>Brisbane, Australia)
- 12:47 Guest Lecture: Time = Money = Stress**  
Professor D Warwick
- 13:15 Mentoring Scheme for Surgeons**  
BSSH Training & Education Committee, Mr A Kocheta

**13:30** Lunch (Great Hall Galleries)

---

## Guest Lectures

### Optimising Yourself

Great Hall 014

- 14:15 Maintaining work-life balance**  
Ms L Ingham

**14:30 Life Coaching**

Ms R Shirley

**14:45 Keeping “fit” to treat patients**

Mr A MacLean

**15:00 Fitting research into the 25th hour**

Mr M Gardiner

**15:10 Allied health professional research**

Ms A M Hutchison

**15:20 Discussion**

**Free Papers**

**15:30 Comparison of radiation exposure using mini C-arm and large C-arm fluoroscopy for distal radius fixation**

Dr S Sharkey (Presenter) (Senior), Mr T Nunn, Mr I McGraw,  
Mr O Bailey (Paisley)

**15:37 The optimal method of repair of foveal triangular fibrocartilage complex (TFCC) tears: a systematic review**

Miss N Hope (Presenter), Mr D Gamble, Mr R Tahmassebi  
(Senior) (London)

**15:44 Index finger PIPJ arthroplasty- a viable alternative to arthrodesis?**

Miss C Thomson (Presenter), Mr A Chojnowski, (Senior)  
(Norwich)

---

## Guest Lectures

### Crucial Interactions

Great Hall 014

**16:15** Learning new techniques and introducing them to your unit

Mr M Sood

**16:30** Negotiating a job contract

Mr J Oni

**16:45** Team Leadership

Ms A Kyle

**17:00** Discussion

**17:10** Comfort Break

**17:15** Quiz

Mr Z Naqui (Chair)

**17:55** Announcement of winner of best paper

**18:00** Drinks reception (Great Hall Galleries)

# Thursday 25 April

**08:00** Registration & Refreshments (Great Hall Galleries)

Sir Stanley Clarke Auditorium

**09:00 Presidents' Welcome**

Mr David Newington, Ms Christy Fowler

## Free Papers

**Chairs:** Ms Hayley Smith, Mr CY Ng

**09:05 Evidence for a mandatory national registry for hand and wrist arthroplasty**

Miss N Morrissey (Presenter), Miss R Owens, Miss V Nunez (Senior) (Camberley)

**09:12 The Patient Evaluation Measure – what's the score?**

Mr N Gape<sup>1</sup> (Presenter) (Senior), Mr R Trickett<sup>1</sup>, Mr G Charles<sup>2</sup> (<sup>1</sup>Cardiff, <sup>2</sup>Shrewsbury)

**09:19 A bifactor model with pain, other hand symptoms, and general hand function resolves key validity issues with the PEM in Dupuytren's disease: a UK Hand Registry data study**

Mr J N Rodrigues<sup>1</sup> (Presenter), Professor C Jerosch-Herold<sup>2</sup>, Ms E Gibbons<sup>1</sup>, Professor A Price<sup>1</sup>, Mr R Poulter<sup>3</sup>, Dr C Gibbons<sup>4</sup>(Senior) (<sup>1</sup>Oxford, <sup>2</sup>Norwich, <sup>3</sup>Truro, <sup>4</sup>Boston, USA)

**09:26 Dupuytren's disease above the wrist**

Ms J Hughes (Presenter), Mr A Bebbington, Mr D Newington (Senior) (Swansea)

- 09:33 Cost of illness and predictors of costs in carpal tunnel syndrome: results from a prospective longitudinal cohort study (the PALMS study)**  
Professor C Jerosch-Herold<sup>1</sup> (Presenter) (Senior), Dr E Wilson<sup>1</sup>, Ms A Shaikh<sup>2</sup>, Ms J Houghton<sup>1</sup>, Dr J Blake<sup>1</sup>, Professor L Shepstone<sup>1</sup> (<sup>1</sup>Norwich, <sup>2</sup>Cambridge)
- 09:40 Genetic evidence for a causal role of body mass index in the aetiology of carpal tunnel syndrome**  
Mr R Smillie (Presenter), Mr M Ng, Professor A Schmid, Professor D Bennett, Professor M Holmes, Professor D Furniss, Mr A Wiberg (Senior) (Oxford)
- 09:47 Outcome reporting in traumatic brachial plexus injury: an in-depth analysis to inform the development of a core outcome set, the COMBINE study**  
Mrs C Miller<sup>1</sup> (Presenter), Mr J O'Sullivan<sup>2</sup>, Mr D Power<sup>2</sup>, Dr J Cross<sup>1</sup>, Professor C Jerosch-Herold<sup>1</sup> (Senior) (<sup>1</sup>Norwich, <sup>2</sup>Birmingham)
- 09:54 Work and function after carpal tunnel release: a qualitative study**  
Ms L Newington (Presenter), Dr C Brooks, Professor J Adams, Professor D Warwick, Professor K Walker-Bone (Senior) (Southampton)
- 10:01 The effect of social deprivation on the rate of carpal and cubital tunnel syndrome**  
Mr N Johnson (Presenter), Mr D Chasiouras, Miss J Greenwood, Professor C Bainbridge (Senior) (Derby)

**10:08 The results of CMC joint arthrodesis of the osteoarthritic thumb using memory staples in middle aged men**

Mr T Richards (Presenter), Ms A King, Mr D Newington (Senior), (Swansea)

**10:15 Clinical and radiological outcomes of the pyrocardan interposition arthroplasty for trapeziometacarpal joint arthritis**

Mr J S Logan (Presenter), Dr G Couzens, Professor M Ross (Senior), (Brisbane, Australia)

**10:22 Hand injuries in elite Australian cricketers**

Mr A J Nicholls<sup>1</sup> (Presenter), Dr J Orchard<sup>1</sup>, Dr K Brooks<sup>2</sup>, Dr A Saw<sup>2</sup>, Dr A Kountouris<sup>2</sup>, Dr D When<sup>1</sup>(Senior), (<sup>1</sup>Sydney, Australia, <sup>2</sup>Victoria, Australia)

**10:30** Refreshments & Exhibitions (Great Hall Galleries)

---

## Parallel Session

Great Hall 043

**09:30 Getting involved with BAHT/BSSH overseas work**

Mr Steve Hodgson (Speaker), Ms Meryl Glover (Speaker)

**10:30** Refreshments & Exhibitions (Great Hall Galleries)

## Sir Stanely Clarke Auditorium

**11:00 Debate- Treatment dilemmas in patients with CMC joint OA**

**Chair:** Mr Nicholas Downing

**Panel:** Professor Tim Davis, Professor Neil Jones, Mr Dougie Russell, Dr Karsten Kroener

---

# Regional Anaesthesia in hand surgery

**Chair:** Mr Andrew Bebbington

**12:00 How I do it - avoiding complications**

Dr S Ford

**12:10 Therapeutic applications**

Dr C Egeler

**12:20 WALANT**

Ms I Langdon

**12:30 Clinical impact on hand surgery provision**

Dr T White

**12:40 Questions and Discussion**

**12:50 Update - GIRFT**

Mr Jonathan Hobby

**13:00** Lunch, Exhibitions & Poster Presentations (Great Hall Galleries)

---

## Parallel Session

Great Hall 043

**11:00 Guest Lecture- Strengthening in hand therapy**

Mr Darren Roberts

**13:00** Lunch, Exhibitions & Poster Presentations (Great Hall Galleries)

---

## Symposium

### Getting game ready: what my sport demands of the hand

Sir Stanley Clarke Auditorium

**Chair:** Mr M Hayton

**14:00 Introduction**

Mr M Hayton

**14:10 Climbing**

Mr P Houghhoughi

**14:25 Tennis: A five stage model to return to competition**

Mr R Hill

**14:40 Boxing**

Mr I Gatt

**14:55 Gymnastics**

Mr J Bucke

**15:10 Golf**

Mr D Jones

**15:25 Extreme Sports**

Mr D Roberts

**10:30 Refreshments & Exhibitions (Great Hall Galleries)**

---

## Guest Lectures

Sir Stanley Clarke Auditorium

**16:10 On the shoulders of giants- advances in flexor tendon repair and healing**

**Chair:** Mr D Boyce

**Speaker:** Mr R Savage

**16:50 The Viking hand**

**Chair:** Mr C Little

**Speaker:** Dr K Kroener

**17:10 BSSH Business Meeting**

**18:00 Close**

# Friday 26 April

08:00 Registration & Refreshments (Great Hall Galleries)

## Free Papers

Sir Stanley Clarke Auditorium

Chairs: Ms D Kennedy, Mr I McNab

**08:30 Acute management of thermal hand burns in adults: a review of the literature over the last ten years**

Miss D Kazzazi (Presenter), Mr D Dargan, Ms D Limnatitou, Ms Y Stubbington, Mr D Ralston (Senior) (Sheffield)

**08:37 Botulinum toxin A in the treatment of Raynaud's phenomenon secondary to systemic sclerosis- results of an open cohort study**

Miss M Griffin (Presenter), Miss A Allan, Miss K Dhaliwal, Mr K Howell, Professor C Denton, Professor P Butler (Senior) (London)

**08:44 A cohort study of 209 patients with three-ligament tenodesis for chronic scapho-lunate interosseous ligament injury**

Miss J Blackburn<sup>1</sup>(Presenter), Mr M van der Oest<sup>2</sup>, Mr R Poelstra<sup>2</sup>, Dr R Selles<sup>2</sup>, Dr N Chen<sup>1</sup>, Dr R Feitz<sup>3</sup>(Senior) (1Boston, USA, 2Rotterdam, Netherlands, 3Amsterdam, The Netherlands)

**08:51 The long-term results of silastic proximal interphalangeal joint arthroplasty for severe osteoarthritis of the index finger**

Mrs L Ingham (Presenter), Mr T Richards, Mr D Russell, Mr D Newington (Senior) (Swansea)

- 08:59 The small finger abduction test to evaluate the FCU tendon**  
Mr E D Smock (Presenter), Dr J Banda, Dr S Thirkannad (Senior)  
(Louisville, USA)
- 09:06 Trends in patient reported outcomes following primary flexor tendon repair**  
Dr J Totty (Presenter), Mr K Wilson, Mrs D Gilchrist, Mr R Pinder  
(Senior) (Kingston upon Hull)
- 09:13 Percutaneous corrective osteotomy for malunited metacarpal and phalangeal fractures**  
Mr C Jenkins (Presenter), Mr A Smith, Mr M Howard,  
Professor G Giddins (Senior) (Bath)
- 09:20 A review of a conservative management treatment pathway of hyperextension injuries of the PIPJ**  
Mrs R Capp (Presenter) (Senior) (Cardiff)
- 09:27 Teno-arthrolysis is more effective than splinting in the management of the stiff proximal interphalangeal joint- a systematic review**  
Dr P Sorooshian<sup>1</sup> (Presenter), Ms C Stewart<sup>1</sup>, Mr T Smith<sup>2</sup>,  
Ms C Hing<sup>1</sup>, Ms S Cerovac<sup>1</sup>, London (Senior) (<sup>1</sup>London, <sup>2</sup>Oxford)
- 09:34 Zone II flexor tendon repairs – a change in practice**  
Ms I Davies (Presenter) (Senior) (Swansea)
- 09:41 The use of ultrasound in diagnosing stener lesions of the thumb**  
Miss K Shah (Presenter), Dr Z Qamhawi, Dr G Kiernan,  
Dr C Azzopardi (Senior) (Oxford)

- 09:48 The adoption of an early rehabilitation pathway for fractured distal radius treated with open reduction internal fixation is beneficial for the patient and service. A Pilot**  
Miss S Thomson<sup>1</sup> (Presenter) (Senior), Mr A Bebbington<sup>1</sup>, Mr P Hak<sup>2</sup>, Miss V Evans<sup>1</sup>, Ms L Ingham<sup>1</sup> (<sup>1</sup>Swansea, <sup>2</sup>Newport)
- 09:55 Clinical and cost implications of utilising immediate magnetic resonance imaging in the management of patients with suspected scaphoid fracture and negative radiographs**  
Mr S Gidwani (Presenter) (Senior), Mr T Rua, Ms B Malhotra, Dr S Vijayanathan, Dr L Hunter, Professor J Peacock, Dr J Shearer, Professor V Goh, Professor P McCrone (London)
- 10:02 Treatment of scaphoid non-union using a novel technique of free coracoid vascularised bone graft- one year review of results**  
Miss E Duggan (Presenter), Miss E Rothenfluh, Miss A Nascimento, Professor H Giele (Senior) (Oxford)
- 10:09 Prospective investigation of the relationship between dorsal tilt and carpal malalignment in acute distal radius fractures**  
Miss R Dias (Presenter), Mr N Johnson, Professor J Dias (Senior) (Leicester)
- 10:16 Assessment of outcome following partial wrist denervation for inflammatory arthritis**  
Miss T Peltz (Presenter), Mr L Yapp, Mr F Elherik, Mr S Breusch (Senior) (Edinburgh)
- 10:23 Distal radius fractures: is rotation an important factor in fixation?**  
Mr A Smith (Presenter), Mr J Filer, Professor G Giddins (Senior) (Bath)

**10:30** Refreshments & Exhibitions (Great Hall Galleries)

---

## Parallel Session

Great Hall 043

**08:30 DISC PI Meeting**

Professor J Dias

**10:30** Refreshments & Exhibitions (Great Hall Galleries)

Sir Stanley Clarke Auditorium

**11:00 Trauma App Update**

Mrs S Tucker

**11:08 Winner of best free paper from trainee session**

**11:15 Advances in imaging of the hand and wrist- practical demonstration**

**Chair** - Mrs S Tucker

**Speaker** - Professor Rhodri Evans (Speaker)

---

## Douglas Lamb Lecture

**12:00 Back to the future: the distal radius fracture story**

**Chair:** Mr David Newington

**Speaker:** Professor Joe Dias

**13:00** Lunch, Exhibitions & Poster Presentations (Great Hall Galleries & Foyer)

---

## Guest Lecture

### 12:45 The history of hand surgery in Wales

**Chair:** Mr D Newington

**Speaker:** Mr D Shewring

---

## Parallel Session

Great Hall 043

### 11:00 Panel Discussion- How can hand societies maximise the benefits of their overseas work?

**Chair:** Mr M Waldram

**Panel:** Professor N Jones, Mr S Hodgson, Ms Z Clift

### 11:50 Welcome to the UK Hand Registry

**Panel:** Mr R Poulter, Ms C Fowler, Mr M Horwitz

---

## Guest Lecture

### 12:10 Manual Muscle testing in upper brachial plexus injury

Ms C Miller

### 12:30 BAHT census results

### 12:50 BAHT awards

**13:00** Lunch, Exhibitions & Poster Presentations (Great Hall Galleries)

---

## SOBI Sponsored Symposium

Great Hall 043 - **13:00** (see page 57)

---

## Guest Lectures

Sir Stanley Clarke Auditorium

**14:00 Hand burns- optimising outcomes**

**Chair:** Mr H Dafydd

**Speakers:** Mr T Potokar, Ms J Evans

**15:00 Major hand trauma in children- emergency treatment and secondary reconstruction**

**Chair:** Miss G Bourke

**Speaker:** Professor N Jones

**15:30 Refreshments & Exhibitions (Great Hall Galleries)**

---

## Guest Lectures

**How I do it**

Sir Stanley Clarke Auditorium

**Chair:** Mr D Warwick

**16:00 Flexor tendon rehabilitation**

Ms A Roe (Presenter)

**16:20 Wrist replacement**

Dr K Kroener

**16:40 From TUPPER to NPP interposition arthroplasty**

Mr J Oni

**17:00 Close**

# Posters

## By Number

- 1      The use of augmented reality in hand and plastic surgery: a systematic review** -13:00 - 13:10 - Thursday 25 April  
Mr Y Al Omran<sup>1</sup> (Presenter), Miss T M Borg<sup>2</sup>, Miss C Sohrabi<sup>2</sup>, Mr A Abdall-Razak<sup>2</sup>, Miss H Nadama<sup>3</sup>, Mr A Ghanem<sup>2</sup> (Senior) (<sup>1</sup>Stoke-on-Trent, <sup>2</sup>London, <sup>3</sup>Nottingham)
- 2      An argument for early microsurgical exposure amongst trainees? A randomised controlled educational trial of different surgical modalities** - 13:10 - 13:20 - Thursday 25 April  
Mr Y Al Omran<sup>1</sup> (Presenter), Mr V Quan<sup>2</sup>, Mr M Kostosiak<sup>2</sup>, Mr O Musbahi<sup>3</sup>, Mr A Ghanem<sup>2</sup>, Mr S Myers<sup>2</sup> (Senior) (<sup>1</sup>Stoke-on-Trent, <sup>2</sup>London, <sup>3</sup>Oxford)
- 3      Online patient information on hand transplantation: how reliable is it for facilitating shared decision making?**  
13:20 - 13:30 - Thursday 25 April  
Mr S Ali<sup>1</sup> (Presenter), Dr M Quinn<sup>2</sup>, Dr I Kyriazidis<sup>2</sup>, Mr S Norton<sup>1</sup> (Senior) (<sup>1</sup>Norwich, <sup>2</sup>Bristol)
- 4      Using the Cast Index (CIx) as a predictor of displacement of paediatric forearm fractures after manipulation under anaesthesia** - 13:20 - 13:30 - Thursday 25 April  
Mr J Allen (Presenter) (Senior), Mr Z Saeed, Mr S Woods (Leeds)
- 5      Flexor tendon repair in a three-surgeon centre: what are the trends in injury mechanism and repair technique over the last five years?** - 13:20 - 13:30 - Thursday 25 April  
Miss M Beattie (Presenter), Miss N Fine, Mr R Poulter (Senior) (Truro)

- 6 Hemi-hamate arthroplasty for middle phalanx volar lip and pilon fractures- a single centre experience**  
13:50 - 14:00 - Thursday 25 April  
Miss R Bennett (Presenter), Mr D Dargan, Mr P Storey (Senior) (Sheffield)
- 7 “Getting it right first time”: a management protocol for acute and subacute fractures of the scaphoid**  
13:00 - 13:10 - Thursday 25 April  
Mr O Berber<sup>1</sup> (Presenter), Mr J Stanton<sup>2</sup>, Mr C Heras-Palou<sup>3</sup>, Mr S Gidwani<sup>4</sup> (Senior) (<sup>1</sup>Chelmsford, <sup>2</sup>Kent, <sup>3</sup>Derby, <sup>4</sup>London)
- 8 Management of trigger finger disease according to BEST guidelines - 13:10 - 13:20 - Thursday 25 April**  
Miss M Griffin (Presenter), Mr E GeroKopoulos, Mr J Sinha (Senior) (London)
- 9 Closing the loop: are we managing adult trigger fingers in accordance with BEST guidance?**  
13:30 - 13:40 - Thursday 25th April  
Dr T Howe (Presenter), Dr K Peters (Senior), Miss K Forbes (Frimley)
- 10 Posterior interosseous nerve palsy secondary to displaced silastic radial head spacer - case report**  
13:40 - 13:50 - Thursday 25 April  
Miss H Jones (Presenter), Mr D Clark (Senior), Miss R Kampa, Mr T Volar (Worthing)
- 11 The use of the RegJoint implant in CMC joint arthritis: results with a minimum follow-up of two years**  
13:50 - 14:00 - Thursday 25 April  
Ms A M Kennedy<sup>1</sup> (Presenter), Ms J Barker<sup>2</sup>, Mr G Packer<sup>2</sup> (Senior) (<sup>1</sup>Chelmsford, <sup>2</sup>Southend)

- 12 Clinical and radiological results of total joint arthroplasties with MOOVIS® implant in the treatment of trapeziometacarpal osteoarthritis** - 13:00 - 13:10 - Thursday 25 April  
Dr A Martins (Presenter), Dr S Charbonnel (Senior) (Clermont-Ferrand, France)
- 13 A comparison of new referral to surgical intervention rates following the introduction of a Single Point of Referral pathway**  
13:10 - 13:20 - Thursday 25 April  
Mr W Matthews (Presenter), Mr M Wood (Senior) (Bury St Edmunds)
- 14 The novel deltopectoral flap for revascularisation of the brachial plexus** - 13:20 - 13:30 - Thursday 25 April  
Mr A Moosa (Presenter), Ms R Dolan, Mr H Giele (Senior) (Oxford)
- 15 An audit of time to surgery for distal radius fractures requiring surgery at two district general hospitals near Sheffield - is compliance with the NICE, BOA and BSSH guidelines feasible?** - 13:30 - 13:40 - Thursday 25 April  
Dr H O'Brien<sup>1</sup> (Presenter) (Senior), Mr J Wright<sup>2</sup>, Mr A Azha<sup>2</sup>, Mr A Odumala<sup>3</sup>,  
Dr L Majkowski<sup>3</sup> (<sup>1</sup>Rotherham, <sup>2</sup>Chesterfield, <sup>3</sup>Barnsley)
- 16 The use of web-based programmes and applications for adults in hand therapy in the United Kingdom**  
13:40 - 13:50 - Thursday 25 April  
Ms S Padmanabhan (Presenter) (Senior) (Southampton and Salisbury)
- 17 Efficacy of superficial heat therapy as an adjunct to exercises in rehabilitation of patients with distal end radius fractures**  
13:40 - 13:50 - Thursday 25 April  
Ms T Patwardhan<sup>1</sup> (Presenter), Mrs B Mhatre<sup>2</sup> (Senior) (<sup>1</sup>Derby, <sup>2</sup>Mumbai, India)

- 18 Factors predisposing to osteomyelitis of the hand: a one-year retrospective review** - 13:00 - 13:10 - Friday 26 April  
Miss S Poyntz (Presenter), Mr D Dargan, Miss JCaddick (Senior) (Sheffield)
- 19 A retrospective review of the compliance with therapy following distal biceps tendon reattachment surgery and the impact that has on the outcome** - 13:10 - 13:20 - Friday 26 April  
Mrs J Randall (Presenter) (Senior), Mr N Gape, Mr A Logan (Cardiff)
- 20 Role of the ligaments in restraining translation of the first carpometacarpal joint in the primary and secondary axes**  
13:20 - 13:30 - Friday 26 April  
Mr W M Radzi Rusli (Presenter), Mr E Mirza, Dr S Tolerton, Dr S Yong,  
Dr R Johnson, Dr M Horwitz, Dr A Kedgley (Senior) (London)
- 21 Case report: ulnar nerve injury during contraceptive implant insertion** - 13:00 - 13:10 - Friday 26 April  
Miss A Sharaf (Presenter), Mr D Mather (Senior) (Wakefield)
- 22 How well do you know your power tools?**  
13:10 - 13:20 - Friday 26 April  
Miss A Sharaf (Presenter), Miss S Jivan (Senior) (Wakefield)
- 23 Case Report: acute calcific peri-arthritis of metacarpophalangeal joint presented with acute pain and swelling**  
13:20 - 13:30 - Friday 26 April  
Miss A Sharaf (Presenter), Miss S Jivan (Senior) (Wakefield)
- 24 Paediatric hypermobile small joints of the hand- a difficult problem to manage** - 13:30 - 13:40 - Friday 26 April  
Miss A Sharaf (Presenter), Miss E George, Mr S Southern (Senior) (Wakefield)

- 25 Isolated unilateral pterygium of the hand: case report of a complex congenital abnormality**  
13:30 - 13:40 - Friday 26 April  
Miss C Sin-Hidge (Presenter), Mr R Slade, Mr I Josty (Senior) (Swansea)
- 26 A two-year evaluation of an occupational therapy-led injection clinic** - 13:40 - 13:50 - Friday 26 April  
Mrs L Small (Presenter), Mrs H Petherick, Mr N Gape (Senior) (Cardiff)
- 27 Patient-reported functional outcomes after fasciectomy for recurrent Dupuytren's disease**  
13:50 - 14:00 - Friday 26 April  
Mr P Stirling<sup>1</sup> (Presenter), Mr N Ng<sup>2</sup>, Mr A Duckworth<sup>2</sup>, Mr N Clement<sup>2</sup>,  
Mr T Yeoman<sup>2</sup>, Miss J McEachan<sup>1</sup> (Senior) (<sup>1</sup>Dunfermline, <sup>2</sup>Edinburgh)
- 28 Hand and forearm flaps: maximising utility of cadaveric specimens** - 13:40 - 13:50 - Friday 26th April  
Mr Mehul Thakkar (Presenter), Mr James Henderson (Senior) (Bristol)
- 29 A case series highlighting a new technique for stabilising a subluxing ulna nerve identified during cubital tunnel release**  
13:50 - 14:00 - Friday 26 April  
Mr T Tickunas (Presenter), Mr H Dafydd, Mr D Russell, Mr David Newington (Senior) (Swansea)
- 30 Adverse outcomes of pulley venting during flexor tendon repair - a systematic review** - 13:00 - 13:10 - Friday 26 April  
Dr J Totty (Presenter), Mr A Allouni, Mr R Pinder (Senior) (Kingston upon Hull)

- 31 Outcomes following revision cubital tunnel decompression with an adjunctive porcine submucosal extracellular matrix nerve wrap** - 13:10 - 13:20 - Friday 26 April  
Mr O Uhiara (Presenter), Mr P Jordan, Mr T Chaudhry, Mr D Power (Senior) (Birmingham)
- 32 The role of early MRI in the diagnosis of scaphoid and other wrist injuries in the presence of normal radiographs**  
13:20 - 13:30 - Friday 26 April  
Mr O Uhiara (Presenter), Mr N Kain, Mr P Jordan, Mr V Dewan, Mr R Mallina, Mr M Brewster (Senior) (Birmingham)
- 33 Hand salvage following near-fatal mucormycosis infection: case report of novel use of pool cleaner biocidal agent and irrigating V.A.C.®** - 13:30 - 13:40 - Friday 26 April  
Mr J Warbrick-Smith (Presenter), Mr H Dafydd (Senior) (Swansea)

# Poster Presentation Times

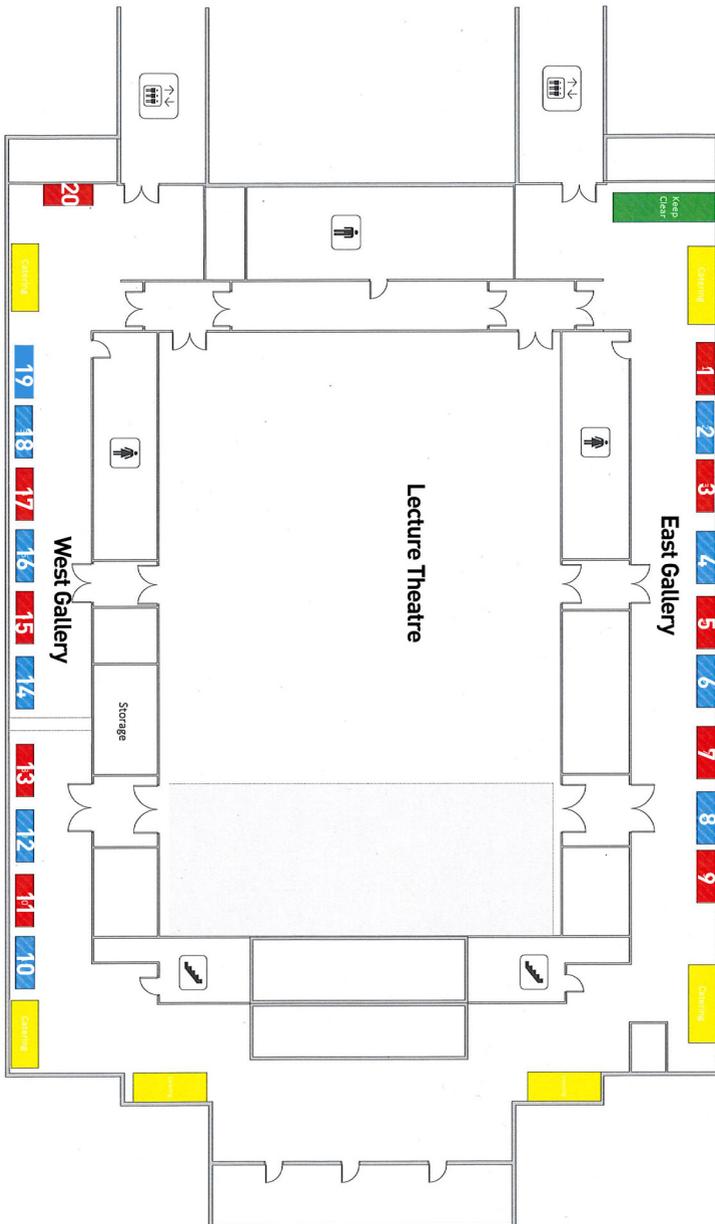
Thursday 25 April

Time	Screen 1	Screen 2	Screen 3
13:00	1	7	12
13:10	2	8	13
13:20	3	14	4
13:30	5	9	15
13:40	17	10	16
13:50	6	11	

Friday 26 April

Time	Screen 1	Screen 2	Screen 3
13:00	18	21	30
13:10	19	22	31
13:20	20	23	32
13:30	25	24	33
13:40	26	28	
13:50	27	29	

# Exhibitor Floorplan



# Exhibitors

Alphabetical



# By Stand

<b>1</b>	Athrodax
<b>2</b>	Vertec
<b>3</b>	Leda Orthopaedics
<b>4</b>	R & D Surgical
<b>5</b>	Joint Operations
<b>6</b>	General Medical
<b>7</b>	Acumed
<b>8</b>	Allard Support UK
<b>9</b>	Enable Therapy Services
<b>10</b>	Lavender Medical
<b>11</b>	Sovereign Medical
<b>12</b>	Physiquipe
<b>13</b>	Medartis
<b>14</b>	Surgical Holdings
<b>15</b>	Integra
<b>16</b>	Osteotec
<b>17</b>	SOBI
<b>18</b>	Mercian Surgical Ltd
<b>19</b>	Mediracer
<b>20</b>	UK National Hand Registry
<b>Foyer</b>	Sage Publishing

# Exhibitor Information



Acumed is a global leader in developing innovative orthopaedic and medical solutions to improve patient care. Acumed has more than two decades of experience in the orthopaedic industry, staying true to the Acumed mission of aiding the afflicted through the ingenuity of our minds, the labour of our hands and the compassion of our hearts. Founded in 1988, Acumed is headquartered in Hillsboro, Oregon, with international offices and a global distribution network. The company delivers industry leading medical implants alongside an extensive medical professional education programme dedicated to improving patient outcome in surgery. Acumed has an extensive range of trauma fracture solutions for hand & wrist surgery, lead by Acutrak 2 headless compression screw, the Hand Fracture System and Aculoc 2, the complete distal radius fracture solution. These fracture solutions are coupled with an international and UK based educational programme, training all levels of medical professional in a highly tailored fashion. For more information please visit [www.acumed.net](http://www.acumed.net) or download our free educational app available via iTunes.

Phone: 01264 774450 / Email: [customerservices@acumed.uk.com](mailto:customerservices@acumed.uk.com) / Website: [www.acumed.net](http://www.acumed.net)  
Stand: 7



Allard Support UK Ltd is a subsidiary company of Camp Scandinavia offering the distribution of Orthotic products from their range to the United Kingdom and Ireland. Allard UK also distributes the X-Lite range of low temperature thermoplastic material products to these same markets. Our aim is to provide technical support, superior products and service excellence to you, ensuring a positive difference to the lives of your patients, giving them Support For Better Life!. Because our team understands the importance of efficient lead times on order processing and manufacturing we are committed to making what seems impossible, possible when you need us to. We are continuously working with our partners and using feedback from you to improve on our product range and develop new innovative products for your patients.

Phone: 00353 42 9328177 / Email: [info@allarduk.co.uk](mailto:info@allarduk.co.uk) / Website: [www.allarduk.co.uk/](http://www.allarduk.co.uk/)  
Stand: 8



With over 40 year's involvement in orthopaedics, our long & successful pedigree is unusual in this constantly changing market. We present:-

- 'Magnezix': metal implants that turn into bone
- 'In2bones': single use & re-useable instrument sets & implants
- 'Zipline' sutures: fast & non-invasive (less pain, less infection)
- Innovative 'Boa' rehabilitation supports

We look forward to meeting you.

Phone: 0154 544 440 / Email: [sales@athrodax.co.uk](mailto:sales@athrodax.co.uk) / Website: [www.athrodax.co.uk/](http://www.athrodax.co.uk/)

Stand: 1



Enable Therapy Services is a leading provider of Rehabilitation and Vocational Case management providing quality assured assessments, reports and case management services to individuals who have experienced moderate to severe personal injuries, to solicitors, insurers and case management companies. We offer a tailored approach to assessment and treatment delivered by an exceptional nationwide network of 120 HCPC registered Occupational Therapists, including some of the country's leading clinicians with specialist skills in Hand Therapy, Complex Orthopaedics, Amputations and Acquired Brain and Spinal Injury. Enable Therapy Services provide a 'whole-person approach' to psychological and physical health, enabling individuals to achieve their full potential by encouraging the use of rehabilitation and early intervention. With excellent relationship management, ETS promotes successful partnerships to achieve the best outcomes. Contact us to find out more about our services or to discuss a referral:

Phone: 0845 555 2526 / 0113 273 3638 / Email: [info@enabletherapyservices.co.uk](mailto:info@enabletherapyservices.co.uk)

Website: [www.enabletherapyservices.co.uk](http://www.enabletherapyservices.co.uk)

Stand: 9



Integra Life Sciences, a world leader in medical technology, is dedicated to limiting uncertainty for surgeons. By using innovative materials, such as wear resistant PyroCarbon, for MCP, PIP, CMC joint and radial head replacement, and state of the art designs such as the Freedom wrist, developed from the Uni 2, Integra offers the orthopaedic extremity surgeon a wide range of solutions to upper limb problems. Please visit us during the meeting and learn more about our exciting products and to enquire about the next upcoming surgical training course.

Phone: 01264 312 725

Email: [csuk.ortho@integralife.com](mailto:csuk.ortho@integralife.com)

Website: [www.integralife.eu](http://www.integralife.eu)

Stand: 15



generalmedical

General Medical will be exhibiting the Mectron Piezosurgery Flex ultrasonic bone cutting unit. Ultrasonic bone surgery was invented and developed by Professor Tomaso Vercellotti and other experts over more than fifteen years and has become the method of choice in a wide range of surgical procedures involving osteotomies. Fine surgical inserts offer micrometric cuts with maximum surgical precision and intra-operative sensitivity. The selective cutting mode ensures minimal damage to soft tissues and great benefits in terms of postoperative pain and oedema, bone healing and union is greatly enhanced. Cavitation effect produces a blood free surgical site and enhances operative visibility. Visit the General Medical exhibit and try for yourself.

Phone: 01380 734 990

Email: [jane@generalmedical.co.uk](mailto:jane@generalmedical.co.uk)

Website: [www.generalmedical.co.uk](http://www.generalmedical.co.uk)

Stand: 6



Joint Operations a UK distributor with a mission statement to offer world leading options to UK clinicians in specialist joint preservation technologies across the main joints in the body. Working with our partners we offer proven solutions and niche products that within the surgical and non surgical areas. We have one of the widest ranges of Allograft options in the UK which includes Axogen's unique peripherals nerve allograft which revolutionises nerve repair

Phone: 01793 575 050

Email: [service@jointoperations.co.uk](mailto:service@jointoperations.co.uk)

Website: [jointoperations.co.uk](http://jointoperations.co.uk)

Stand: 5



Lavender Medical specialise in supplying innovative osteosynthesis products to the orthopaedic community with a particular emphasis on extremities market. The company represents a number of leading research-focused manufacturers from Europe and the rest of the world to bring the latest technology and techniques available in the field of fracture fixation to the United Kingdom. Lavender Medical has a full range of innovative hand fusion devices for PIPJ, MCP and Carpal Fusions.

Phone: 03456769733

Email: [info@lavendermedical.com](mailto:info@lavendermedical.com)

Website: [www.lavendermedical.com](http://www.lavendermedical.com)

Stand: 10



THE BUILDING BLOCKS OF ORTHOPAEDICS

Phone: 01480 457 222

Email: dawn@ledaortho.com

Website:

Stand: 3

medartis®

PRECISION IN FIXATION

Phone: 01924 472 000

Email: mail.widdowson@medartis.com

Website: www.medartis.com

Stand: 13



Phone: 0771 743 8526

Email: andrew.larwood@mediracer.com

Website: www.mediracer.com

Stand: 19

# **MERCIAN**

Surgical Instruments of Excellence

Mercian are celebrating 50 years this year as the UK's leading supplier of quality Hand Surgery Instruments including a comprehensive programme of micro surgery Instruments. Quality, precision, specialization and service are the cornerstones of our company philosophy. Mercian Hand Surgery Instruments are the preferred choice of Surgeons and used in leading centres throughout the UK. We will be showing at the meeting;

- The original Acland Micro Vessel Clamps
- Our Digiband finger tourniquets
- Our Hand Surgery Instrument Set
- S&T Micro Sutures
- A complete range of S&T Micro Surgery Instrumentation We will also be showing our popular Hand Surgery Instrument set.

Phone:0844 879 1133

Email:info@merciansurgical.com

Website:www.merciansurgical.co.uk

Stand:18



Phone: 01202 487 885

Email: jackie.toms@osteotec.co.uk

Website:

Stand: 16

# PHYSIQUIPE

The BTE PrimusRS is widely used to offer a customised, objective, evidence based rehabilitation service. It is also being used to aid decision making and outcome measures on surgery. Using the BTE Primus RS you can objectively test and functionally rehabilitate in a simple, controlled, evidence based format. You can customise your testing and treatment to replicate different real-life scenarios to support the patient's journey back to activities of daily living (ADLs). One hospital generates over £7,000 per month using the BTE PrimusRS. We also have solutions for scar and oedema management.

Phone: 0161 713 0409

Email: [info@physiquipe.com](mailto:info@physiquipe.com)

Website: [www.physiquipe.com](http://www.physiquipe.com)

Stand: 12



Phone: 02920 026422

Email: [sales@randdsurgical.com](mailto:sales@randdsurgical.com)

Website: [www.randdsurgical.com/index.html](http://www.randdsurgical.com/index.html)

Stand: 4



Phone: 0207 324 8608

Email: [jess.wilson@sagepub.co.uk](mailto:jess.wilson@sagepub.co.uk)

Stand: Foyer



Sobi is an international rare disease company dedicated to providing access to innovative treatments that make a significant difference for people with rare diseases. We have two business areas: Haemophilia and Specialty Care. Our research and product portfolio is primarily focused on haemophilia, inflammation, and genetic and metabolic diseases.

The United Kingdom and Republic of Ireland team is based in Cambridge and have been rated as the best company in Haemophilia in the UK through an annual independent survey in 2016, 2017 and 2018 (1st, 1st & 2nd), a centre of excellence for well-being in 2018 and one of the UK's great places to work in 2017 and 2018.

Phone: 01223 895 898

Email: [mail.uk@sobi.com](mailto:mail.uk@sobi.com)

Stand: 17



Phone: 01279 816 167

Website: [www.sovereignmedical.co.uk](http://www.sovereignmedical.co.uk)

Stand: 11



Phone: 01702 602 050

Email: [danielcoole@surgicalholdings.co.uk](mailto:danielcoole@surgicalholdings.co.uk)

Website: [www.surgicalholdings.co.uk](http://www.surgicalholdings.co.uk)

Stand: 14

# UK National Hand Registry

BSSH has developed a web-based hand surgery audit tool and employs a full-time Database Administrator to undertake most of the data collection and entry.

The audit tool will allow surgeons to audit their outcomes with minimal effort and compare their own results with the aggregated results from all BSSH members. Surgeons are encouraged to use their outcome data to inform their own appraisal and continuing professional development. This resource is available, free of charge, to all BSSH Full and Associate members.

Phone: 0207 831 5162

Email: Sharon.ross@bssh.ac.uk

Website: www.bssh.ac.uk

Stand: 20

# Vertec

Vertec Scientific is a leading distributor of world class imaging, including the UK's leading x-ray mini C-arm intraoperative system, the Hologic Fluoroscanner InSight FD Flex. Designed from the outset for the surgeon, InSight's flat detector system features superb, distortion-free, image quality via a 75 micron array and 2k x 1.5k resolution, ideal for small anatomy. To facilitate ease of use, InSight has easy positioning and distortion-free imaging with automatic motion and metal detection supported by touch screen operation. Importantly, no radiographer is necessary, since Vertec include comprehensive IR(ME)R training for surgeons along with full applications training for all staff as standard.

Phone: 01189 702 100

Email: sales@vertec.co.uk

Website: www.vertec.co.uk

Stand: 2

# Information for Delegates

## **Venue**

Swansea University, Bay Campus  
Fabian Way, Cymlyn Burrows, Swansea, SA1 8EN

## **Conference Rooms**

Main conference room- the Sir Stanley Clarke Hall  
Parallel sessions- GH 043  
Trainee day- GH 014  
Exhibitions and refreshments- Great Hall Galleries  
Poster area- Foyer

## **Registration and Information Desk**

The registration and information desk in the Foyer will be open at the following times:

Wednesday- 11:30-18:00  
Thursday 08:00-17:00  
Friday 08:00-14:00

## **Cloakroom**

A cloakroom is available in room GH018

## **Breast Feeding**

We have provided a private space for breast feeding in room GH022

## **Trade Exhibition**

The trade exhibition will be available to view throughout the conference in the Great Hall Galleries which are located along the outside of the main conference hall, the Sir Stanley Clarke Theatre.

## **Lunch and Refreshments**

Catering points can be found in the Great Hall Galleries

## **Bus service**

We will be running a bus service from a number of local hotels to and from the Bay Campus (for the conference) and Brangwyn Hall (for the society dinner). If you'd like to use these services, please be at the front of the relevant hotel at the below time.

### **Thursday 25 April**

(Coaches will be departing from the following)

The Marriott- 08:00

Morgans Hotel- 08:10

Village Hotel- 08:30

Returning to all three hotels, departing Swansea University Bay Campus, 17:30

We will also be providing the following coaches from four local hotels to take delegates to the Society Dinner at Brangwyn Hall

Towers- 19:00

Village Hotel- 19:10

Morgans- 19:15

The Marriott- 19:15

(coaches depart Brangwyn Hall for the return journey at 00:15)

### **Friday 26 April**

Village Hotel- 08:00

Morgans- 08:00

The Marriott- 08:10

Coaches will depart from Swansea University Bay Campus, taking delegates to Swansea Railway Station at 17:00 and 17:15

If you are staying at these additional hotels, they are a short walk from the following:

The Dragon Inn- Morgans Hotel (0.5 miles)

Swansea Central Travelodge- Morgans Hotel (0.3 miles)

Premier Inn City Centre- Morgans Hotel (0.1 miles)

Ibis- Village Hotel (0.6 miles)

Premier Inn Waterfront- Village Hotel (0.3 miles)

### **Taping of Sessions**

Any videoing, photography and sound recording of the conference sessions is strictly forbidden, without prior written permission from the organising committee.

### **Conference App**

Download the conference app via your device's app store – search for BSSH. The app provides the full programme, abstracts and speaker biographies in an easily accessible format that, once downloaded, can be used without a connection to the internet.

### **Wi-Fi**

Connect to the network 'SwanseaUni-Visitors SSID'

Once you are connected, you should be prompted to sign in- follow the log in instructions. If you are not prompted, open a web browser and type in the URL <https://socialwifi.swansea.ac.uk>

### **Poster Viewing**

Poster viewing stations are available in the Great Hall Galleries

### **Future Meetings**

BSSH/IHSS Autumn Scientific Meeting, 31 October-1 November, Dublin, Ireland

### **CPD Points**

The following CPD points have been awarded for this meeting:

Wednesday- 4.5

Thursday- 7

Friday- 6.5

## Photographer

We will be taking photographs during the event. If you would not like to be included in these, please contact the registration desk.

Certificates with confirmation of CPD points will be sent to all delegates in the week after the event by email.

## Registration

Online registration is available throughout the conference- go to <http://bssh.meeting.org.uk/registration>

## Registration rates are:

Thursday 25 April

BSSH Full member/consultant associate	£50
BSSH Associate/companion/honorary member	£50
Hand therapist/medical student/nurse	£25
Consultant hand surgeon (non-member)	£50
Trainee hand surgeon (non-member)	£50

25 & 26 April (Main Scientific Meeting)

	1 day	2 days
BSSH Full member/consultant Associate	£160	£320
BSSH Associate/companion/honorary member/hand therapist	£90	£180
Medical student/nurse	£25	£50
Consultant hand surgeon (non-member)	£210	£420
Trainee hand surgeon (non-member)	£125	£250

Tickets for social events are not available to those registering while the meeting is in progress

### **Social and Networking**

Wednesday 24 April- Drinks Reception

Attendees of the trainee day are invited to join Council for drinks in the Great Hall Bar from 18:00-19:00

Thursday 25 April- Society Dinner

The Society Dinner will be held on Thursday 25 April at Brangwyn Hall.

### **Bus service**

We will be providing coaches from four local hotels to take delegates to the Society Dinner, departing at the following times from the front of the hotels:

Towers- 19:00

Village Hotel- 19:10

Morgans- 19:15

The Marriott- 19:15

(Coaches depart Brangwyn Hall for the return journey at 00:15)

Address: Brangwyn Hall, Guildhall, Swansea, SA1 4PE

Dress code: Lounge suits

### **Schedule:**

19:30- Drinks reception

20:15- Dinner

22:30- Speeches and dancing

00:15- Carriages

If you registered in advance and are a BSSH or BAHT member and attending both days of the main scientific meeting, a ticket for the dinner is included in your registration fee. Additional tickets may be purchased, depending on availability, at £75 per ticket – please visit the registration desk for further information







"Swansea is still the best place"

# Dylan Thomas

SWANSEA | ABERTAWE

A stylized, colorful portrait of Dylan Thomas, showing his face in a vibrant, multi-colored palette. The portrait is positioned on the right side of the banner.

BSSH Spring Scientific Meeting April 2019

# SOBI SYMPOSIUM

TREATING DUPUYREN'S CONTRACTURE - REAL WORLD EXPERIENCE

**Friday 26th April 2019, 13:00**

**Great Hall 043, Swansea University Bay Campus**

CHAIR:

Professor David Warwick  
Hand Surgeon, University Hospital Southampton

SPEAKERS:

**Our experience of treating Dupuytren's with Xiapex**

Mr Mark Brewster  
Consultant Hand Surgeon, Royal Orthopaedic Hospital, Birmingham

**The Xiapex experience in South Wales**

Mr Dean Boyce  
Consultant Plastic and Hand Surgeon, Morriston Hospital, Swansea

Lunch will be available at the symposium  
Prompt start at 13:00

This symposium has been sponsored by



A number of you will know of me but for the benefit of those who don't, I would like to tell you a bit about myself. I qualified in Birmingham and joined the Royal Navy gaining invaluable experience during the Falklands conflict. On leaving the Navy, I completed specialty training in Plastic and Reconstructive Surgery and have been a Consultant at the Nottingham University Hospitals since 1994.

Over the last 9 years I have led the development of PRASIS, a specialty-specific mutual indemnity scheme for plastic surgeons, which is now the largest provider of indemnity for plastic surgeons undertaking private practice in the UK. Working alongside colleagues, I played a major role in the development of the Code of Practice, something I firmly believe has been an important part in making PRASIS the success it has become.

As Founding Chair of the JCST Training Interface Group in Reconstructive Cosmetic Surgery, I led the development of Interface Fellowships in Reconstructive Cosmetic Surgery. Following this, I spent 6 years as Educational Adviser for all of the JCST Training Interface Groups, with additional responsibilities in Hand, Head and Neck, Breast and Cleft Lip and Palate Surgery. In 2017 I was awarded a Lifetime Achievement Award by Health Education England (HEE) for excellence in Postgraduate Medical Education. It has been a privilege to work with like-minded colleagues in other specialties and contribute to significant developments in postgraduate training. I was particularly honoured by the recognition of my role in improving relationships and developing effective collaboration between our different specialties.

I have extensive experience both as an examiner and as an assessor of examiners for the Intercollegiate Specialty Examination in Plastic Surgery and as the external examiner for the University of Manchester MSc course on Ageing skin and Aesthetic Medicine.

I am a member of a Nuffield Council on Bioethics Working Party dealing with Cosmetic Surgery which published a report **Cosmetic procedures: Ethical Issues** in June 2017 and was also an expert adviser to the GMC in developing **Good Practice in Cosmetic Surgery**.

I am the current President of BAPRAS, a Council member of the BAAPS and a member of BSSH. I am also working with the FSSA to improve practice across all UK surgical specialties.

Building on these experiences, I have spent the last 2 years establishing and developing INDIGO in collaboration with trusted expert insurance professionals as an indemnity scheme to assist surgeons and clinicians in all specialties. This scheme is underwritten by Lloyds of London, an A rated insurance market providing equivalent cover to the Medical Defence Organisations and more but on a non discretionary contractual basis. My aim is to foster the development of best practice and to offer membership of a supportive clinical community while also providing the opportunity to obtain comprehensive indemnity cover at a competitive cost. Indigo will support its members and the medical profession as a whole by working with individuals and specialty associations to cultivate professional values and specialty-specific skills.

Whether you are in Private practice, NHS only or are a trainee, please consider joining our community by contacting Peter Spencer on 07971 214781 or another member of our team on 0333 241 3025.

Alternatively please register your interest at [www.indigoindemnity.com](http://www.indigoindemnity.com)



**Mark Henley**  
MB, ChB, FRCS (Ed), FRCS (Plast)



# More than just Indemnity...

INDIGO offers the following benefits:

- ✓ Designed in partnership with surgeons
- ✓ Supports individual professional development
- ✓ Covers educational and assessment activities
- ✓ Long term insurer commitment
- ✓ Cover after death, disablement and retirement
- ✓ Broad policy coverage
- ✓ Cyber liability cover
- ✓ Public relations support in the event of adverse publicity
- ✓ Cover for NHS Trust and employment issues
- ✓ Cover for GMC and regulatory matters

To find out how INDIGO can help you, please call

**Peter Spencer on 07971 214781**

or one of the team on 0333 241 3025

or register your interest at [www.indigoindemnity.com](http://www.indigoindemnity.com)



# BSSH

The British Society for  
Surgery of the Hand



The British  
Association  
of Hand  
Therapists